Fall 2026 Frankfort Park District

Park Pulse

News from the Frankfort Park District **November 2026**

For questions call the Park District office at 815-469-9400 or visit www.frankfortparks.org

Youth Programs:

All programs are held at Founders Community Center, 140 Oak Street unless otherwise specified.

MISS ANGIE'S MIGHTY MUSIC MAKERS

Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement, and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different music styles. This class is designed for the child and adult to participate together.

Instructor: Angie Pope
Session II: November 9 - December 21 (No Class November 23)
Time: 9:15 - 10:00 am
Age: 3 - 5 years (with adult)
Fee: $91/NR $96

SNAPOLOGY CREATURE CREATIONS ROBOTICS *NEW!*

Learn pseudo coding in this fun creature robotics class! Build and design your own bugs and creatures. We use tablets, motors and batteries to make your robot move! Have a blast creating robotic games each week while learning about robotics and their functions in the real world. Students will learn about gear ratio, sensors, programming and pulleys as they create!



Instructor: Snapology
Day: Monday
Date: November 9 - December 7 (No Class November 23)
Time: 5:30 - 6:30 pm
Age: 7 - 14 years
Fee: $97/NR $102

THANKS TO GRANDPARENTS

This holiday season, let's celebrate the special bond we share with our grandparents! Join us for an evening dedicated to showing your grandparents just how much they mean to you. Together, you'll create a one-of-a-kind craft that will be cherished for years to come. Enjoy a story and share a light snack as you make memories that will last a lifetime. Please note any food allergies at the time of registration.



Instructor: Sharon Koczor
Day: Thursday
Date: November 12
Time: 7:00 - 8:15 pm
Age: 3 - 9 years (with grandparent)
Fee: $32/NR $37

For up-to-date information on upcoming programs & events.

Like us on Facebook

Frankfort Community Health Fair

Come out for a day full of health tips, informational booths, screenings, workshops, and a blood drive – plus raffle prizes, free refreshments, and fun for all ages!

Saturday, November 14
9 am to 12 pm

Founders Community Center
140 Oak St. | Frankfort

Presentation Topics Include:
- Cancer - Joehar Hamdan, DO
- Obesity Management & Weight Loss Medications - Maryann Kelly, MD & Julie Richardson, FNP
- Lung Nodules - Roselle Almeida, MD

Sponsored by: Riverside Healthcare, Frankfort Park District

GLOW IN THE DARK HOLIDAY PAINTING

Use brushes, sponges, and even your own handprints and fluorescent paint to create a colorful holiday scene on canvas. All materials will be supplied. Please dress for a mess!



Instructor: Kim Bennett
Day/ Date: Wednesday/ November 18
Theme: Christmas/Winter - Trees, Wreaths & Snowflakes
Time: 6:00 - 7:00 pm
Age: 5 - 13 years
Fee: $26/NR $31

CRITTER CLASS: REPTILES, AMPHIBIANS, BUGS AND MORE!

This one-day class is an introduction to some of the world's most misunderstood creatures: Reptiles, Amphibians, and Bugs. We will teach the importance of these creatures to the environment, their natural history, and how to take care of them as pets. This class will feature live animals. No open-toed shoes, please! All children in the class must be registered.



Instructor: Crosstown Exotics
Day/Date: Thursday/November 19
Time: 6:00 - 7:00 pm
Age: 5 - 12 years
Fee: $32/NR $37

BEGINNING POTTERY FOR KIDS

Learn several basic pottery techniques to create your own works of art. You are free to bring your own stamps, molds, and cookie cutters if you have something cool you'd like to use. We will be providing themed equipment. Week 1, you'll make your pieces and leave them with us to dry. Week 2, you'll decorate your pieces and take them home with you. We'll be using Crayola brand air-dry clay and non-toxic paint/ markers.



Instructor: Kim Bennett
Day: Wednesday
Date/Theme: December 9 & 16 Christmas & Winter
Time: 6:00 - 7:00 pm
Age: 6 - 12 years
Fee: $34/NR $39

Upcoming Events . . .

33rd Annual Holiday Craft & Vendor Show

Saturday • November 7 • 9:00 am - 3:00 pm
Founders Community Center - 140 Oak St. • FREE

Get into the holiday spirit at our annual Holiday Craft Show! Browse a wide variety of unique handmade items, specialty gifts, seasonal décor, jewelry, apparel, home goods, gourmet treats, and much more from talented crafters and vendors. Whether you're searching for the perfect holiday gift or something special for yourself, you're sure to find plenty of festive treasures. For additional information or booth availability, please contact the Frankfort Park District at 815-469-9400 or visit our website www.frankfortparks.org to download an application.



Santa Photos & Workshop

Saturday • December 5 • Founders Community Center
Registration Deadline: December 3 or until filled
All Ages • $13/NR $18 per child • SESSION I: 11:00 - 11:45 am / SESSION II: 12:00 - 12:45 pm

Santa is making a special appearance at the Founders Community Center this holiday season. There will be crafts, holiday-themed games, cookie decorating, and a chance to visit with Santa. There are two time slots available; please specify the time you would like at the time of registration. Don't forget your camera!

Athletic Programs:

VICTORY MMA CLASSES

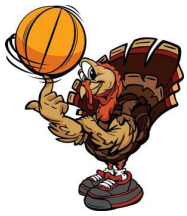
Our classes will provide a safe environment where students can learn the most effective styles of martial arts while developing valuable life skills. This is done through our structured curriculum. In each class, students train techniques in Boxing, Kickboxing, Wrestling, and Jujitsu. At the end of each class is the "Mat Chat", where we discuss topics like Focus, Confidence, Discipline, Bully Awareness, etc. The goal is for students to learn the moves taught for that session and be able to apply the mat chat in their life. We look forward to helping your child get the edge in life.

Instructor: MMA Instructor
Location: Founders Center
Day: Friday
Session II: November 20 - December 18 (No Class November 27)
Age/Time: 5 - 8 years/4:30 - 5:15 pm
Age/Time: 9 years & older/5:30 - 6:15 pm
Session II: $65/NR $70 (4-weeks)

HOLIDAY TURKEY SHOOT

Get into the holiday spirit with a fun family-friendly free throw challenge! Teams will be made up of one adult and one child, with teams competing in divisions based on the child's age. Parents are welcome to team up with more than one child! Each team member will get 10 free throws, and the team with the most made baskets in each age division will take home the win! Give back this holiday season! Please bring one or more non-perishable food items to help support the Frankfort Food Pantry. Pre-registration is required.

Instructor: Frankfort Park District Staff
Location: Founders Community Center
Day: Monday
Date: November 23
Time: 12:30 - 1:30 pm
Age: 6 - 14 years
Fee: FREE



SHOOTING CAMP

Join us for this 2-day camp where players will improve and work on their shooting skills. We will work on shooting off the dribble, coming off screens, and spot-up shooting. Please bring a basketball and water bottle.

Instructor: Dave Esterkamp & Staff
Location: Founders Center
Day: Monday - Tuesday
Date: December 21 - 22
Time: 9:00 - 11:00 am
Age: 6 - 14 years
Fee: $81/NR $86



BASKETBALL SKILLS CLINIC

This clinic is for players who want to get ready for the basketball season by doing more intensive drills. We will focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing the fundamentals. Workouts will be directed more for the individual player to get as much work in as they can. Please bring a basketball and water bottle.

Instructor: Dave Esterkamp & Staff
Location: Founders Center
Day: Tuesday - Wednesday
Date: December 29 - 30
Time: 9:00 - 11:00 am
Age: 8 - 14 years
Fee: $81/NR $86

