

Frankfort Community Health Fair

Come out for a day full of health tips, activities, and resources — plus raffle prizes, free refreshments, and fun for all ages!



Friday, November 14
9 am to 1 pm

Founders Community Center
140 Oak St. | Frankfort

FREE Health Screenings and Activities

- Blood Pressure Checks
- Vision Screenings (Lions Club)
- Back Assessments
- Cooking Demos
- Fitness Sessions & More

Expert Presentations

- Pelvic Health
- Preventative Health
- Sleep Hygiene

Informational Booths

- Riverside Healthcare Specialties including cardiology, cancer, primary care, PT, & more
- Frankfort Police Department
- American Cancer Society
- Frankfort Township, Frankfort Public Library, & others

Blood Drive

Hosted by the American Red Cross During the Fair

Donate at this event to get a \$10 e-gift card and a chance to win \$5,000

- Walk-ins welcome
- All blood types needed
- Bring photo ID & eat beforehand

Scan the QR Code

To reserve your time slot



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