

Park Pulse

News from the Frankfort Park District

January 2025

For questions call the Park District office at 815-469-9400 or visit www.frankfortparks.org

Youth Programs:

All programs are held at Founders Community Center, 140 Oak Street unless otherwise specified.

MISS ANGIE'S MIGHTY MUSIC MAKERS

Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement, and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different music styles. This class is designed for child and adult participation.

Instructor: Angie Pope Day: Monday

Session I: January 13 - February 17 Time: 9:15 - 10:00 am

Time: 9:15 - 10:00 am **Age:** 3 - 5 years (with parent)

Fee: \$86/NR \$91

GLOW IN THE DARK HOLIDAY PAINTING NEW!

Use brushes, sponges, and even your own handprints and fluorescent paint to create a colorful holiday scene on canvas. All materials will be supplied. Please dress for a mess!

Instructor: Kim Bennett
Day/Date: Saturday/January 18

Theme: Valentine's Day
Hearts, Hearts & More Hearts

Time: 10:00 - 11:00 am

Age: 5 - 12 years

Age: 5 - 12 years **Fee:** \$26/NR \$31

TOT TIME

Are you ready to meet new people and spend some playtime with your little one in a non-structured environment? This is the class for you! We will explore large and fine motor activities through play (lots of toys), circle time (we sing songs and do finger plays), and special time (different each week, examples are playing with the parachute, musical instruments, crafts, etc.). So, take some time & have fun with us!

Instructor: Chris Johnson

Day: Tuesday

Session I: January 21 - February 11

Time: 10:30 - 11:15 am

Age: Walking - 3 years (with parent)

Fee: \$49/NR \$54

For up-to-date information on upcoming programs & events.





BEAD JEWELRY WORKSHOP NEW!

At the Do Art necklace and bracelet workshop, we will explore the creativity of jewelry and fashion, choosing from a variety of beads to create our own fashionable wear to take home! It is an easy walk through, where everyone will have their own bracelet and necklace to make, choosing between colors, animals, sparkles and the variety of creative choices that represent who we are. Let's create what we wear! All materials are supplied.

Instructor: Do Art Productions Day/Date: Tuesday /January 21

Time: 5:00 - 6:00 pm Age: 6 - 14 years Fee: \$54/NR \$59





COMIC BOOK WORKSHOP

At the Do Art Comic Book workshop, we will be diving into the exciting worlds of comics and creativity! In an interactive and high-energy class, we will cover the topics of eyes and stories and draw endlessly including on a giant whiteboard. There will be music, juggling and plenty of other magic surprises to make an engaging and entertaining experience. Everyone will go home with stickers, bookmarks, and their own little comic to create

at home and further their pursuits! Instructor: Do Art Productions

Day/Date: Wednesday/January 22

Time: 5:00 - 6:00 pm Age: 6 - 14 years Fee: \$54/NR \$59



EDIBLE DOUGH - MAKE YOUR OWN CANDIES NEW!

Learn how to make edible "play dough" and then shape it and decorate it to make your own yummy holiday treats. Please note any food allergies at the time of registration.

Instructor: Kim Bennett

Day/Date: Wednesday/January 22

Theme: Valentine's Day
Time: 6:00 - 7:00 pm
Age: 6 - 12 years
Fee: \$26/NR \$31

LET'S CODE IT - TYNKER

In this exciting coding class from Afterschool Enrichment Solutions, take a deep dive into computer programming with the web-based platform Tynker! Note: Students must bring their own devices to class (tablet, laptop, Chromebook).

Instructor: Afterschool Enrichment Solutions

Day: Thursday

Fee:

Date: January 23 - February 27

\$170/NR \$175

Time: 4:30 - 5:30 pm **Grade:** 2 - 8 years





Upcoming Events . . .



Fairy Tale Ball

Friday • January 31 @ 6:00 - 8:00 pm (based on availability) Saturday • February 1 @ 6:00 - 8:00 pm (based on availability) Founders Community Center Gym, 140 Oak Street

All Ages • \$16/NR \$21 per person

Reaistration Deadline: January 27 or until filled

We cordially invite you to join us for an enchanting evening at our Fairy Tale Ball. Dads, come and dance the night away with your little one, creating cherished memories that will last a lifetime. We will be providing light refreshments for your enjoyment, accompanied by the delightful entertainment of a live DJ. To capture the beauty of your evening together, a professional photographer will be available to take formal pictures for an additional fee. We kindly request that you register early, as this event tends to fill up quickly. Please note that pre-registration is required, and no tickets will be available for purchase at the door.

FRANKFORT

Preschool Registration



2025-2026 REGISTRATION begins February 3, 2024 Wee Works - 2.5 years, Play School - 3 years, Prep School - 4 years, and Stepping Stones - 4 years Registration can only be done IN PERSON at the Founders Community Center at 140 Oak Street.

A copy of the child's birth certificate is required at the time of registration for new participants.



Winter/Spring 2025 **Brochure**

Resident Registration January 2, 2024 Non-Resident Registration January 9, 2024

Available to download @ www.frankfortparks.org

or

Pick-up a copy after December 28 @ Founders Community Center 140 Oak Street

FIRE STARTERS

Athletic Programs:

VICTORY MMA CLASSES

Our classes will provide a safe environment where students can learn the most effective styles of martial arts while developing valuable life skills. This is done through our structured curriculum. In each class students train techniques in Boxing, Kickboxing, Wrestling, and Jujitsu. At the end of each class is the "Mat Chat", where we discuss topics like Focus, Confidence, Discipline, Bully Awareness, etc. The goal is for students to learn the moves taught for that session and be able to apply the mat chat in their life. We look forward to helping your child get the edge in life.

Instructor: MMA Instructor **Founders Center** Location:

Day: Friday

Session III: January 17 - February 21

(No Class January 31)

5 - 11 years/4:30 - 5:15 pm Age/Time: Age/Time: 12 years & older/5:30 - 6:15 pm

\$81/NR \$86 Fee:



FOUR STAR LACROSSE WINTER CAMP NEW!

Come and check out why lacrosse is the fastest-growing sport in America!! Join Four Star Lacrosse for a fun and informative camp based on development and fun for athletes of all abilities. Learn from the best coaches in the business and become a part of the premier club in Illinois.

Instructor: Four Star Lacrosse Staff

Chelsea Intermediate School (Door #2) Location:

Day: Wednesday

Date: January 22 - March 5

(No Class February 26)

Age/Time: K - 4th grade/5:00 - 6:00 pm Age/Time: 5th-8th grade/6:00 - 7:00 pm Fee:

\$109/NR \$114



FIRE STARTERS SPRING OUTDOOR SOCCER LEAGUE

Please be sure to download a League Welcome Letter at time of registration.

The Fire Starters Staff will conduct an instructional outdoor soccer program focusing on the basic skills for the beginning and novice players ages 4 years through 6th grade. Each player will receive a jersey to wear for games. All players are required to wear shin guards and bring a soccer ball and water to all training sessions

Registration Deadline: February 24 or until filled - A \$15 late fee will be added if registered after February 24. No refunds after registration deadline.

Volunteer Coaches Meeting: March 18 at 6:30 pm at the Founders Community Center.

Instructor: Fire Starters Staff

Location: Commissioners Park Soccer Fields

Dates: April 8 - May 17

Please note: All Makeup games will take place during the week,

either on Tuesday or Thursday unless noted.

4 years - Kindergarten

Session I: Tuesday/5:00 - 5:45 pm

Saturday/9:00 am - 12:00 pm* 😚 **50CCER** 🚷

Session II: Thursday/5:00 - 5:45 pm Saturday/9:00 am - 12:00 pm*

1st - 3rd grade

Session III: Tuesday/6:00 - 7:00 pm

Saturday/9:00 am - 12:00 pm*

Session IV: Thursday/6:00-7:00 pm

Saturday/9:00 am - 12:00 pm*

4th - 6th grade

Session V: Thursday/6:00 - 7:00 pm Saturday/9:00 am - 12:00 pm*

\$119/NR \$124 (\$5 off for additional siblings) Fee:

*Your child will play 1 game scheduled anytime between 9 am - 12 pm on Saturdays.