

Park Pulse

News from the Frankfort Park District

October 2024

For questions call the Park District office at 815-469-9400 or visit www.frankfortparks.org

Youth Programs:

All programs are held at Founders Community Center, 140 Oak Street unless otherwise specified.

YOUR OWN HALLOWEEN COOKIES

Calling little bakers! Come enjoy an evening out with your friends baking Halloween cookies. You'll be using some yummy sugar cookie mix along with a variety of Halloween cookie cutters. You will decorate your cookies and take some home to share. Each baker will of course sample some of their cookies too. A Halloween story will be read while they bake in the oven. Please note any food allergies at the time of registration. Drop-off program only.

Instructor: Sharon Koczor

Day/Date: Friday/October 4

Day/Date: Thursday/October 17

Time: 6:30 - 8:45 pm

Age: 3 - 9 years

Fee: \$34/NR \$39/per date



MUSIC PLAY N' PAINTS

This pop-up class utilizes thematic stories, music, and crafts to encourage the development of your mini-musician's fine motor, gross-motor, & pre-literacy skills. Singing, shaking, and making a new Take-Home craft during each session! Child and adult to participate together. Check us out on Instagram @missphallons_neighborhood.

Instructor: Miss Phallon

Day: Saturday

Session II: October 5/Counting on Candy:

Music Making & Cake Pop Baking

Session III: October 19/Once Upon a Time: Costume Party

Session IV: November 2/Barbie, Ken, & Music Play: Fashion

Designer's Day

Time: 10:00 - 11:00 am

Age: 2 - 4 years

Fee: \$24/NR \$29 per session



COMIC BOOK PROGRAM NEW!

Explore the many different angles and tools of not only comic but self expression. Each week we will explore a different aspect of comics from paneling to character, to plot, as well as learn about the different aspects of inspiration and expressing ourselves. By the end, we will have created many of our own comics, as well as see how to generate our own. Everyone will receive stickers, bookmarks, and a variety of other materials to further their comic creations.

Instructor: Do Art Productions

Day: Friday

Date: October 18 - November 1

Time: 5:00 - 6:00 pm

Age: 6 - 14 years

Fee: \$100/NR \$105



I'M A BIG KID NOW

This class is a great introduction for this age before they start school. They will interact with their peers during free play while learning to share and take turns. They will use watercolor paints, markers, and crayons to create little masterpieces. Your little one will experience many new things while having fun.

Instructor: Sharon Koczor

Day: Tuesday & Thursday

Session II: October 22 - December 5
(No Class November 26 & 28)

Time: 9:00 - 10:30 am

Age: 2.5 - 3 years

Fee: \$195/NR \$200



EDIBLE DOUGH - MAKE YOUR OWN CANDIES NEW!

Learn how to make edible "play dough" and then shape it and decorate it to make your own yummy holiday treats. Please note any food allergies at the time of registration.

Instructor: Kim Bennett

Day/Date: Wednesday/ October 23

Theme: Halloween

Time: 6:00 - 7:00 pm

Age: 6 - 12 years

Fee: \$26/NR \$31



SAFE AT HOME

This class is for the child who stays by himself/herself occasionally, cares for siblings, babysits, or is just ready to accept responsibility. Topics covered include safety in the home, use of keys, what to do in case of an emergency, strangers, and house rules.

Instructor: Donna Giove

Day/Date: Monday/October 28

Time: 4:30 - 6:00 pm

Age: 6 - 10 years

Fee: \$40/NR \$45



FIRST AID FOR KIDS

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons, and much more! Many hands-on activities will be provided for additional reinforcement. Upon completion of the class, a Red Cross certificate will be received.

Instructor: Donna Giove

Day/Date: Monday/October 28

Time: 6:30 - 8:00 pm

Age: 6 - 10 years

Fee: \$40/NR \$45



CHILLIN LIKE A VILLAIN

Come for a spellbinding evening dressed like your favorite villain. (Star Wars, Harry Potter, Marvel, DC, Disney) The possibilities are endless. Participants will enjoy pizza, crafts and dance the night away for a wicked time.

Instructor: Gina Barrett

Day/Date: Tuesday/October 29

Time: 6:00 - 7:30 pm

Age: 5 - 12 years

Fee: \$34/NR \$39



GLOW IN THE DARK HOLIDAY PAINTING NEW!

Use brushes, sponges, and even your own handprints and fluorescent paint to create a colorful holiday scene on canvas. All materials will be supplied. Please dress for a mess!

Instructor: Kim Bennett

Day/Date: Wednesday/October 30

Theme: Halloween - Spiders, Witches & Ghosts

Time: 6:00 - 7:00 pm

Age: 5 - 12 years

Fee: \$26/NR \$31



¡DÍA DE LOS MUERTOS! - DAY OF THE DEAD NEW!

Join us for a fun and educational look at el Día de los Muertos! We'll be creating a craft inspired by the holiday and also picking up some new Spanish words along the way.

Instructor: Language in Action, Inc.

Day/Date: Friday/November 1

Time: 4:30 - 5:30 pm

Age: 4 - 10 years old

Fee: \$24/NR \$29



Upcoming Events.....

THRILLER @ FOUNDERS CENTER

Friday • October 11

Founders Community Center, 140 Oak Street



Session I: 4:30 - 6:00 pm

Session II: 6:30 - 8:00 pm

\$15/child (Register by October 6)

\$20/child (Register after October 6 - based on availability)

Join us for a family-friendly Halloween event at the Founders Center. There will be a DJ dance party, balloon artist,

inflatables, spooky games, a hayride, a thriller dance contest, kid crafts, a small pumpkin patch, and more. Don't forget to wear your Halloween costume! If you register after the deadline, the fee will increase, so don't delay! Registration Deadline: October 6 or until filled.

Sponsored by:



HOWL-A-WOOF

Saturday • October 12 @ 10:00 am

Gate will open at 9:50 am

Bark Park at Commissioners Park • FREE



Trick or Treat!!! Bring your dog all dressed up for this costume competition, bone yard hunt, and trick-or-treating event. Dogs will have the opportunity to "Trick or Treat" with the vendors at the Bark Park

so remember to bring a bag to collect all their goodies. Dogs will also have a chance to enter the costume contest to be judged on - Best Overall, Funniest, and Scariest. All friendly dogs are welcome at this FREE, on-leash event. An adult must accompany dog owners under the age of 12. While you are enjoying this event, please remember to pick up a membership packet for the Bark Park.



Sponsored by:

Athletic Programs:

FLAG FOOTBALL

Give your child the perfect introduction to America's favorite game with Skyhawks Flag Football Fueled by USA Football. Participants learn fundamentals like passing, receiving, kicking, and flag-pulling in a fun, positive environment.

Instructor: Skyhawks Staff

Location: Grand Prairie North Entrance (Door #10)

Day: Thursday

Date: October 24 - November 21 (No Class October 31)

Age/Time: 4 - 6 years/5:00 pm - 5:50 pm

Age/Time: 7 - 12 years/6:00 - 7:00 pm

Fee: \$86/NR \$91



BADMINTON

Badminton is not just a PE unit on the monthly lesson plan, it has also been a recognized Olympic Sport since 1992. Join instructor Steve Evenhouse as he teaches all the basics of the sport. The session will end with a friendly tournament among the group. Come learn, play, and compete. Come join the fun!

Instructor: Steve Evenhouse

Location: Grand Prairie North Entrance (Door #10)

Day: Wednesday

Date: November 6 - December 4 (No Class November 27)

Time: 6:00 - 7:00 pm

Age: 6 - 13 years

Fee: \$66/NR \$71



YOUTH BASKETBALL LEAGUES

December 3 - March 8 (Games will begin January 18)

Co-Ed, Boys & Girls Leagues • 1st - 8th Grades

REGISTRATION DEADLINE: NOVEMBER 7th (BASED ON AVAILABILITY)

A late fee of \$15 will be added if registered after the registration deadline of November 7th

Our Youth Basketball League is created for boys and girls entering 1st-8th grades. This League is designed for participants to learn and utilize the fundamental skills of basketball in game situations. Each team will be led by a volunteer coach, who will provide instruction on basic basketball fundamentals while creating a fun and positive teaching environment. In addition to the focus on basketball skills development, our program offers children the opportunity to interact with both peers and coaches, learn good sportsmanship, and how to work as part of a team. **Please bring a basketball to each practice. Each player will receive a jersey.**

PLEASE NOTE: Player requests (aside from siblings) will NOT be honored, in our efforts to keep teams random.

Grades 1st-2nd and 3rd-4th will have no scorekeeping or playoffs. Grades 5th-6th and 7th-8th will keep score and will have playoffs.

All grade levels will prioritize player/skill development over winning games in this league.

REGISTRATION DEADLINE: November 7th (Based on availability). A \$15 late fee will be charged if registered after November 7th.

Grade	Location	Practice Day	Practice Times (estimated)	Game Day*	Dates	Fee
1 st - 2 nd Co-Ed	Grand Prairie	Thursday	1 st - 2 nd Co-Ed (between 5 - 7 pm)	Saturday	December 5 - March 8	\$145/\$150
3 rd - 4 th Co-Ed	Grand Prairie	Tuesday	3 rd - 4 th Co-Ed (between 5 - 7 pm)	Saturday	December 3 - March 8	\$145/\$150
5 th - 6 th Boys	Chelsea Intermediate	Tuesday	5 th - 6 th Boys (between 6 - 8 pm)	Saturday	December 3 - March 15	\$155/\$160
5 th - 6 th Girls	Chelsea Intermediate	Tuesday	5 th - 6 th Girls (between 6 - 8 pm)	Saturday	December 3 - March 15	\$155/\$160
7 th - 8 th Boys	Chelsea Intermediate	Thursday	7 th - 8 th Boys (between 6 - 8 pm)	Saturday	December 5 - March 15	\$155/\$160
7 th - 8 th Girls	Chelsea Intermediate	Thursday	7 th - 8 th Girls (between 6 - 8 pm)	Saturday	December 5 - March 15	\$155/\$160

Games will begin on Saturday, January 18.

Game locations will vary and will be noted on the schedule that will be available after the first practice.

Team rosters, practice, and game schedules along with rules for the league will be available to the Head Coach and will be distributed at the Coach's Meeting on Monday, November 18 at 6:30 pm at the Founders Community Center

Volunteer Coaches

Volunteer parent coaches are required to ensure the successful operation of this program. If interested in volunteering, please fill out the volunteer coach registration online at www.teamsideline.com/sites/frankfort/home.

There will be a coaches meeting on Monday, November 18th at the Founders Community Center at 6:30 pm.

