



Park Pulse



News from the Frankfort Park District

December 2023

For questions call the Park District office at 815-469-9400 or visit www.frankfortparks.org

Youth Programs:

All programs are held at Founders Community Center, 140 Oak Street unless otherwise specified.

JR. CHEF'S HOLIDAY COOKIE MAKING/DECORATING

Students will have a variety of cookies to make and decorate for the upcoming holiday season! There will be plenty of icing and sprinkles to make your cookies shine! Please note any food allergies at the time of registration.

Instructor: Lesley Shworles

Day/Date: Thursday/December 7

Time: 4:30-6:30 pm

Age: 8 - 13 years

Fee: \$50/NR \$55



CANDY CANE LANE

Looking for a holiday craft to do with your friends during the holidays? Come to Candy Cane Lane! The kids will enjoy spending the night out while parents can do some shopping. It will be fun to be with your friends (or make new friends) while creating a candy cane ornament to hang on your tree. We will listen to holiday music and enjoy eating a light snack. Please note any food allergies at the time of registration. Drop off program only.

Instructor: Sharon Koczor

Day/Date: Thursday/December 7

Time: 6:30 - 8:30 pm

Age: 3 - 9 years

Fee: \$28/NR \$33



ELF MOVIE NEW!

Calling all cotton-headed ninny muggings! Come play Elf for the evening by bringing your Christmas presents to be wrapped. (5 per participant) We will enjoy Santa's cookies and play a few games all while watching the movie ELF.

Instructor: Gina Barrett

Day/Date: Friday/December 8

Time: 6:00-800 pm

Age: 5-10 years

Fee: \$30/NR \$35



A TALE OF 2 CHRISTMAS TREES NEW!

Paint and decorate a pinecone to create a tiny Christmas tree. Then decorate an ice cream cone to create a tasty Christmas tree treat!

Instructor: Kim Bennett

Day/Date: Wednesday/December 13

Time: 6:00 - 7:00 pm

Age: 6 - 12 years

Fee: \$20/NR \$25



GRINCH-MAS

You're a mean one Mr. Grinch! Come celebrate the holiday with all the who's in Whoville and the Grinch. Participants will play Grinch games, have a Grinch feast & make a Grinch craft.

Instructor: Gina Barrett

Day/Date: Monday/December 11

Time: 7:00 - 8:30 pm

Age: 5 - 12 years

Fee: \$25/NR \$30



SANTA'S LITTLE HELPER

Here's your chance to be a little elf! As your parents are out shopping for that one last gift, you can be "Santa's Little Helper"! Each child will be making a gift for that special someone and wrapping it up to surprise them. What a surprise it will be on Christmas to give someone a gift handmade and wrapped by you! A light snack and drink will be provided too. To end the night, a Christmas movie will be enjoyed. Please note any food allergies at the time of registration. Drop off program only.

Instructor: Sharon Koczor

Day/Date: Thursday/December 14

Time: 6:30 - 9:00 pm

Age: 3 - 9 years

Fee: \$30/NR \$35



CHESS SCHOLARS WINTER BREAK CAMP

Develop your child's intellect through the royal game of chess! This half-day camp is perfect for beginners as well as experienced players. Each day will consist of a fun interactive teaching period, followed by guided practice time, allowing the students to play against one another while being coached by an experienced instructor. This camp session will conclude with a non-elimination tournament.

Instructor: Chess Scholars

Day: Tuesday - Friday

Date: December 26 - 29

Time: 9:00 am - 12:00 pm

Grade: K - 8th Grade

Fee: \$165/NR \$170



BUILD YOUR ROBLOX ADVENTURE NEW!

Know a kid who's a fan of playing Roblox? Then they will love this Roblox-inspired building camp! We have a LEGO block-based building adventure ahead of us, not to mention motorized models of things like cars and animals that really move! We'll build all kinds of amazing LEGO creations based on their favorite games! Whether they're into racing cars, building cities, making pizza or adopting pets, kids will have plenty to learn, build and play with!

Instructor: Bricks 4 Kidz

Day: Wednesday & Thursday

Date: December 27 & 28

Time: 1:00 - 3:30 pm

Age: 6 - 12 years

Fee: \$103/NR \$108



SALTY SNOWFLAKES PAINTING NEW!

Experiment with a saltwater "painting" technique to create sparkly snowflake art on heavy paper. All supplies included.

Instructor: Kim Bennett

Day/Date: Wednesday/January 10

Time: 6:00 - 7:00 pm

Age: 6 - 12 years

Fee: \$20/NR \$25



For up-to-date information on upcoming programs & events.

Like us on Facebook





WINTER/SRING 2024 Brochure

Resident Registration begins January 3, 2024

Available to download @ www.frankfortparks.org or
Pick-up a copy after December 28
@ Founders Community Center 140 Oak Street

Come join the fun!

RESIDENT REGISTRATION - JANUARY 3 - NON-RESIDENT - JANUARY 10

Preschool Registration



2024-2025 REGISTRATION begins February 5, 2024

Wee Works - 2.5 years, Play School - 3 years, Prep School - 4 years, and Stepping Stones - 4 years

Registration can only be done **IN PERSON** at the Founders Community Center at 140 Oak Street.

A copy of the child's birth certificate is required at the time of registration for new participants.

Upcoming Events.....



PAWS WITH CLAUS

SATURDAY • DECEMBER 9 • 1:15 - 1:45 PM

FOUNDERS COMMUNITY CENTER • 140 OAK STREET • \$2 PER PET FAMILY

Bring your friendly family pet and your camera for a holiday photo opportunity with Santa Claus. All pets **MUST** be on a leash. Please bring a pet item to be donated to Cache Creek Animal Rescue. **No registration required.**

Cache Creek



Lives Saved Friends made!

Athletic Programs:

SHOOTING CAMP

Join us for this 2-day camp where players will improve and work on their shooting skills. We will work on shooting off the dribble, coming off screens, and spot up shooting.

Instructor: Dave Esterkamp & Ranch Training Staff

Location: The Ranch
7703 West Steger Road, Frankfort

Day: Wednesday - Thursday

Date: December 27 - 28

Time: 9:00 - 11:00 am

Age: 6 - 14 years

Fee: \$55/NR \$60



BASKETBALL SKILLS CLINIC

This clinic is for players who want to get ready for the basketball season by doing more intensive drills. We will focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing the fundamentals. Workouts will be directed more for the individual player to get as much work in as they can.

Instructor: Dave Esterkamp & Ranch Training Staff

Location: The Ranch Sports Club
7703 W Steger Road, Frankfort

Day: Tuesday - Thursday

Date: January 2 - 4

Time: 9:00 - 11:30 am

Age: 8 - 14 years

Fee: \$105/NR \$110



VICTORY MMA CLASSES **NEW!**

Our classes will provide a safe environment where students can learn the most effective styles of martial arts while developing valuable life skills. This is done through our structured curriculum. In each class students train techniques in Boxing, Kickboxing, Wrestling, and Jujitsu. At the end of each class is the "Mat Chat", where we discuss topics like: Focus, Confidence, Discipline, Bully Awareness, etc. The goal is for students to learn the moves taught for that session and be able to apply the mat chat in their life. Check out our promo video and website to learn more about our kids' classes. We look forward to helping your child get the edge in life... See you on the mats!

Instructor: MMA Instructor

Location: Founders Community Center

Day: Friday

Session III: January 12 - February 16
(No Class February 2)

Age/Time: 5 - 11 years/4:30 - 5:15 pm

Age/Time: 12 years & older/5:30 - 6:45 pm

Fee: \$75/NR \$80



MLK DAY BASKETBALL DAY CAMP

All the high intensity drills used in the Elite Basketball Training Program built into a one-day camp. Participants will be taught the keys to achieving their personal goals as well as focusing on the different skills of the game, such as footwork, speed and agility. Lunch is included in the fee. Please list any food allergies at the time of registration.

Instructor: Dave Esterkamp & Ranch Training Staff

Location: Chelsea Intermediate School

Day: Monday

Date: January 15

Time: 9:00 am - 3:00 pm

Age: 6 - 14 years

Fee: \$90/NR \$95





FRANKFORT BASEBALL

SPRING REGISTRATION is NOW OPEN!

The 2024 Registration is now open for the In-House Spring / Summer Season.

- Leagues open for ages 4 through 18
- Register between November 15th- December 31st for an early bird discount and to guarantee a roster spot. Teams fill up fast.
- Payment is due at the time of registration.
- Registration end date is February 15th. Teams will be formed in early March.
- Season start date is early April for practices and late April for games. Some of the older age levels will be playing in the Lincoln-Way Area League with surrounding towns.
- The season ends in late June.

Please logon to: www.frankfortbaseball.com to register online and receive season updates!

We look forward to providing a fun, exciting and competitive season for all FBB Families for the 2024 season! If you have any questions or concerns, please email: frankfortbaseballpresident@gmail.com



2024
SPRING
season

PHOTOFY

Registration Open December 1

EARLY BIRD DISCOUNT DEC 1-31
LEAGUE AGES 4 - 16
PRACTICES BEGIN MID-MARCH
GAME PLAY APRIL - JUNE

🏆 Empowering Through Softball 🏆
Igniting Joy, Sportsmanship, Pride in Self, and Community Spirit!

Register online @ frankfortgirlssoftball.com

#photofymyday