



Welcome to the Frankfort Park District Flag Football League partnered with Roma Sports Club. We want every participant in the league to have the best experience possible, so we have compiled a list of FAQ's to help answer any of the questions you may have. If you have any additional questions please contact us!

## Flag Football League FAQ's

- **I would like to coach. What do I do?**
  - To sign up as a volunteer coach, please register on TeamSideline at: <https://www.teamsideline.com/Frankfort>
  - All coaches must attend the coaches meeting. Please check the FPD website for meeting date and time or call the Park District office at 815-469-9400.
  
- **Where are games and practices held?**
  - All games and practices will be held at Roma Sports Club which is located ½ mile east of Center Rd off Laraway Rd.
  - The address is 9115 Roma Ct. Frankfort IL, 60423
  
- **When will I know about my son and /or daughter's team?**
  - Team site announcements will be sent via email after the coaches meeting and/or once all volunteer coaches are in place. If we do not have enough volunteer coaches, that could delay the start of the league.
  - Please be sure that you provide your most current email as most information will be sent through our TeamSideline App.
  
- **When will I find out practice and games schedules**
  - Practice schedules will be published on TeamSideline one week prior to the first scheduled practice.
  - Game schedules will be released two weeks prior the first scheduled game.
  
- **What does my child need to bring/wear to practices and games?**
  - Please be sure to only wear gym shoes or rubber cleats to all practices and games.
  - Mouth guards are also encouraged for all participants.
  - Water bottles
  - An approved list of accessories (i.e. receiver gloves) will be provided to each team coach.
  
- **If my child decides not to participate will I get my money back?**
  - Participants may withdraw at any time however, refunds will only be issued if the withdraw request is made before team rosters are released or if a doctor note is provided proving the participant is physically unable to participate
  
- **Team Sideline**
  - The Frankfort Park District will be using the TeamSideline App to communicate with parents and coaches.
  - Please see the attached sheet for more information on TeamSideline App and how to create an account.



Parents,

Frankfort Park District uses TeamSideline to manage the Flag Football League. This means each Frankfort Park District Flag Football League Team has its own TeamSideline Team Site – and each Team Site will include the coach’s information and roster of players. Dates, times and locations for practices and games are also added as soon as they are available to be published.

- **Team Sideline Contact**
  - Please be sure to add [no-reply@teamsideline.com](mailto:no-reply@teamsideline.com) to your approved senders list on your email to avoid communication issues
  - Upon registration with the Frankfort Park District Flag Football League you may also create your Team Sideline account.
  - Complete access to your league information will not be released to your account until closer to the start date of the league when information is ready to be published.
  
- **How to Create an Account:**
  - Go to [www.teamsideline.com/frankfort](http://www.teamsideline.com/frankfort)
  - Click the **Sign In** button in the top right hand corner.
  - Once in the Sign In Page you will click “**create new account**”
  - Use the email you provided at registration and create your TeamSideline password, to sign in to the Frankfort Park District site.
  - If you are unsure of the email you provided please contact the Frankfort Park District. If the wrong email is used you will not gain access to your team’s Team Site.
  - Please remember that you will not have access to all of your child’s information until it has been published by the Frankfort Park District Recreation Supervisor.
  
- **Why TeamSideline**
  - Once in TeamSideline you can do things like click the Communication tab to communicate with your team, or click the Family & Friends tab to invite other family members and friends to get information about your team, such as game dates, times and locations.
  - TeamSideline is easy to use and helps make the season fun for all. You’ll never need to ask when or where a game is again.
  
- **Publish Dates (dates that information will be published to your team sites)**
  - Team Rosters: one week before the first practice.
  - Practice Schedules: One week before the first practice.
  - Game Schedules: One week before the first game. Please note that games start on the second week of the league.
  - Picture Day: TBA

**For questions please contact Beth Nagel  
at (815) 469-9400 or email [bnagel@frankfortparks.org](mailto:bnagel@frankfortparks.org)**