



Park Pulse



News from the Frankfort Park District

March 2022

This monthly letter highlights upcoming events, programs, and the latest news from the Frankfort Park District. If you have any questions or to register for a program, call the Park District office at 815-469-9400 or visit www.frankfortparks.org

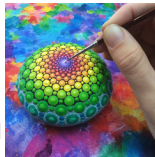
Youth Programs:

All programs are held at Founders Community Center, 140 Oak Street, unless otherwise specified.

MANDALA ROCK PAINTING

Learn how to design and paint your own mandala project. All supplies will be included - you just have to bring your creativity. You'll have 2 large (3.5-5") rocks to paint.

Instructor: Kim Bennett
Day/Date: Wednesday/March 9
Time: 6:00 - 7:00 pm
Age: 8 - 14 years
Fee: \$25/NR \$30
\$20/NR \$25/Additional child



LITTLE LEPRECHAUN

Dress in green as we will be searching for a pot of gold that the Leprechaun lost. There will be lots of Leprechaun games to play as well. A yummy holiday treat will be served to all the little Leprechauns. Please list any food allergies at the time of registration. A drop off program.

Instructor: Sharon Koczor
Day/Date: Friday/March 11
Time: 6:30 - 8:30 pm
Age: 3 - 9 years
Fee: \$25/NR \$30



SAFE AT HOME

This class is for the child who stays by himself/herself occasionally, cares for siblings, & babysits. Topics covered include: safety in the home, use of keys, what to do in case of an emergency, strangers, and house rules.

Instructor: Donna Giove
Day/Date: Monday/March 14
Time: 4:30 - 6:00 pm
Age: 6 - 10 years
Fee: \$35/NR \$40



CUPCAKE DELIGHT

Measure & mix all of the ingredients. The most enjoyable part will be frosting and decorating your cupcake, & eating it. What a delicious delight! Please list any allergies at the time of registration. A drop off program.

Instructor: Sharon Koczor
Day/Date: Friday/March 18
Time: 6:30 - 8:30 pm
Age: 3 - 9 years
Fee: \$25/NR \$30



MUSICSTART

Learn to read music and play tunes! Brought to you by AES and the Music Path Company, this amazing program teaches young students the beginning of music! Using specialized, proprietary MusicStart keyboards, students learn to play familiar tunes in a group setting by color, letter and note matching while using problem-solving strategies.

Instructor: Afterschool Enrichment Solutions
Day: Monday
Date: March 21 - May 2 (No Class March 28)
Time: 4:30 - 5:30 pm
Grade: K - 4th
Fee: \$138/NR \$143



CARS, CARS, CARS!

If you like to play with cars, then this party is for you. The whole night is all about cars! There will be all sorts of cars and vehicles to play with among friends. Using your imagination and creativity, you will design your own vehicle using food. The Disney-PIXAR Movie "Cars" will be fun to watch, while you relax and enjoy eating the edible vehicle that you created. Please list any allergies at the time of registration. This is a drop off program.

Instructor: Sharon Koczor
Day/Date: Friday/March 25
Time: 6:30 - 8:30 pm
Age: 3 - 9 years
Fee: \$25/NR \$29



CHESS SCHOLARS SPRING BREAK CAMP

Develop your child's intellect through the royal game of Chess! This half-day camp is perfect for beginners as well as experienced players. Each day of camp will consist of a fun interactive teaching period, followed by guided practice time, allowing students to play against one another while being coached by an experienced instructor. The camp session will conclude with a non-elimination tournament.

Instructor: Chess Scholar's Staff
Day: Monday - Friday
Date: March 28 - April 1
Time: 9:00 am - 12:00 pm
Grade: K - 8th
Fee: \$200/NR \$205



BUILDING IS AWESOME! SPRING BREAK CAMP NEW!

Do you think building is awesome? How about building with Emmet and Lucy? Then you won't want to miss the Bricks 4 Kidz Building Is Awesome Camp! Join Emmet, Lucy, Unicorn Kitty and Benny on a journey to stop Bad Cop and Lord Business from super-gluing the world. Campers will put their engineering skills to work as they build motorized models, 3D figure models and mosaics. They'll love these awesome models based on the The Lego Movie and its sequel. Whether you take an imaginary ride on Metal Beard's ship or Emmet's double-decker couch, be sure to get on over to Bricks 4 Kidz where building is awesome!

Instructor: Bricks 4 Kidz
Day: Tuesday - Thursday
Date: March 29 - 31
Time: 1:00 - 3:30 pm
Age: 6 - 12 years
Fee: \$150/NR \$155



STAGE STARS

It's time to raise the curtain on our Stage Stars class! Our drama program introduces students to the craft of stage acting. During this exciting class, students will learn theatrical skills, improv basics and participate in interactive drama games. This is an opportunity for students to have fun, express themselves and interact with others within the context of theatre arts.

Instructor: Afterschool Enrichment Solutions
Day: Tuesday
Date: April 5 - May 10
Time: 4:30 - 5:30 pm
Grade: K - 3rd
Fee: \$120/NR \$125



Winter 2022 Frankfort Park District



Upcoming Events . . .

23RD SPRING CRAFT & VENDOR SHOW

Saturday • March 5 • 9:00 am - 3:00 pm • FREE Admission
 Founders Community Center • 140 Oak Street



(Route 45 South to Nebraska Street, East onto Nebraska Street, South onto Oak Street - Downtown Frankfort area)

Vendors Include: Tastefully Simple, Avon, Nothing Bundt Cakes, Origami Owl, Paparazzi Jewelry, Sentsy, Usborne Books, Pampered Chef & much more!

Craft Items Include: Doll Clothes, Kitchen Items, Spring Decorations, Blankets, Hair Accessories, Homemade Candles, Wooden Flags & Much More!

Spring on the Green

Sunday • March 20 • 12:00 -2:00 pm • Breidert Green

Why wait until summer to enjoy some outdoor games & DJ music! Come enjoy an afternoon with your family & friends. Enjoy DJ music, kid friendly games, balloon artist and much more! Also, stay warm by the bonfire with hot chocolate and cookies.

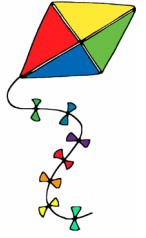
ANNUAL FAMILY FUN FLY

Tuesday • March 29 • 11:00 am - 12:00 pm

All Ages • FREE

Fort Frankfort at Commissioners Park

Grab your kites and join us as we celebrate "Flying for Kids Month", a statewide kite fly to promote park districts, recreation agencies and the Park District Youth License Plate. Bring your own kite or borrow one from the Park District to fly. This event is FREE and open to the public!



Athletic Programs:

KARATE KIDS

This class introduces young children to the martial arts. Participants will learn and develop basic karate skills, techniques and principles. Through a variety of fun activities, children will improve motor skills, physical fitness, and gain confidence. Just added is a "Just Kick It" program designed for kids to work on various techniques and skills added from the handout each session. There is a \$25 fee for testing, which includes belt and certificate.

Instructor: Sensei David Smith 5th Degree Black Belt

Location: Founders Community Center

Day: Thursday

Session II: March 10 - April 21

(No Class March 31)
 6:00 - 6:30 pm

Age: 4 - 7 years

Fee: \$50/NR \$55

Discounts: ½ off additional family members



JUNIOR SPIKERS VOLLEYBALL

This program will assist 1st-2nd grade boys and girls in developing coordination and motor skills while learning the great lifetime sport of volleyball. The experienced instructors at Ultimate Volleyball will teach fundamental skills in a positive athletic environment. Teamwork, sportsmanship and FUN will be emphasized. Participants will use a special "no sting" light-weight volleyball along with lowered nets.

Instructor: Ultimate Volleyball

Location: Grand Prairie School North Entrance (Door #10)

Day: Tuesday

Date: April 5 - May 10

Time: 6:00 - 6:45 pm

Age: 1st - 2nd Grade

Fee: \$60/NR \$65



CO-ED INSTRUCTIONAL VOLLEYBALL

The experienced instructors at Ultimate Volleyball will teach fundamental volleyball skills, while emphasizing teamwork and sportsmanship. Instruction will be given at beginning, intermediate and advanced levels. Players will be divided by grade and/or ability. All participants will learn new skills, practice old skills and play volleyball games during every class session.

Instructor: Ultimate Volleyball

Location: Grand Prairie School North Entrance (Door #10)

Day: Tuesday

Date: April 5 - May 10

Age/Time: 3rd - 5th Grade/6:45 - 7:30 pm

Age/Time: 6th - 8th Grade/7:30 - 8:15 pm

Fee: \$60/NR \$65



FIRE STARTERS SPRING OUTDOOR SOCCER LEAGUE

Please be sure to take a League Welcome Letter at your time of registration.

The Fire Starters Staff will conduct an instructional soccer program focusing on the basic skills for the beginning and novice youth players, ages 4 through 6th grade. This program will consist of a training session (weekday) and games on Saturdays. The training curriculum will be age appropriately designed to create a fun and exciting environment for maximum participation for each player. Training sessions will be conducted by Fire Starters staff coaches. As always, volunteer parent coaches will be needed to ensure the successful operation of this program. All players are required to wear Shin Guards and shorts to all games and practices. League jersey is included in the price and will be distributed prior to the first game. Don't forget to bring a soccer ball to all training sessions.

Registration Deadline: March 15 or until filled

A \$10 late fee will be added if registered after March 16

Volunteer Coaches Meeting:

March 22 at 6:30 pm

at the Founders Community Center.



Instructor: Fire Starters Staff

Location: Commissioners Park Soccer Fields

Dates: April 5 - May 28

Age: 4 years - Kindergarten

Session I: Tuesday/5:00 - 6:00 pm

Saturday/9:00 am - 2:00 pm

Session II: Thursday/5:00 - 6:00 pm

Saturday/9:00 am - 2:00 pm*

Age: 1st-3rd grade

Session III: Tuesday/6:00 - 7:00 pm

Saturday/9:00 am - 2:00 pm

Session IV: Thursday/6:00-7:00 pm

Saturday/9:00 am - 2:00 pm*

Age: 4th - 6th grade

Session V: Thursday/6:00 - 7:00 pm

Saturday/9:00 am - 2:00 pm*

Fee: \$115/NR \$120

(\$5 off for additional siblings)



*Your child will play 1 game scheduled anytime between 9 am - 2 pm. Game schedules will be released on or before the first practice.

For up-to-date information on upcoming programs & events.

