

Frankfort "On Pointe" Dance Program

Founders Community Center
Dance Studio
140 Oak Street
(815) 469-9400
www.frankfortparks.org



Winter/Spring 2022

Pre Dance: This class introduces a structured environment while allowing children to recognize their own individuality and body mobility.

Dance Fusion: Concentration is on vocabulary, alignment and proper execution of movement and memorization and independence through sequential tasking. Dance genres covered in each session are ballet, jazz, tap, and creative movement.

Beginner Ballet: This class is an excellent background for all dance and sport activities. Strength, flexibility and coordination are complimented with the grace and poise while ballet class offers.

Ballet 1: More advanced stretching and strengthening exercises are given, barre work is introduced with a greater emphasis on vocabulary and French terminology.

Ballet 2 and 3: This is more advanced stretching and strengthening exercises, barre work is continued with a greater emphasis on vocabulary, musicality, balance and coordination, as well as French terminology.

Pointe: Is performed using hard-toed and stiff-shanked pointe shoes. Dancing on pointe requires strength and skill, so prior permission from instructor is required before students begin taking pointe classes. Must be enrolled in Ballet III in order to be in Pointe.

Tap: This dance emphasizes the flow of movement by teaching the dancer to find rhythms and beats not only in music but in their own bodies.

Jazz: Emphasis is on the importance of energy, rhythmical accuracy, and style. Each level of jazz is a continuation of the previous level and increases in difficulty.

Girls Hip Hop Class: Emphasis on popping, locking, and other hip-hop movements that are utilized in only Hip-Hop dance.

*Registration will Open to the Public
on December 6*

"iDANCE"

The recital information will be given at a later date.

*****Please note: an additional costume fee and recital fee will be incurred for all students.**

Instructors: "Ms. Marissa" Smith & "Ms. Bella" Roesing

Location: Founders Community Center Dance Studio

Fee: 30-minute class - \$120/NR \$125

45-minute class - \$150/NR \$155

60-minute class - \$165/NR \$170

Session II: 16 - week session

Day/Dates: Monday/January 10 - May 9

(No Class March 28 & 1 Snow Day)

Tuesday/January 11 - May 10

(No Class March 29 & 1 Snow Day)

Wednesday/January 12 - May 11

(No Class March 30 & 1 Snow Day)

Saturday/January 15 - May 7

(No Class March 26)

PLEASE NOTE:

Priority registration given to students enrolled in Session I (Fall session). Registration open to the public on December 6 for residents and December 13 for non-residents. Some classes may be FULL.

Days	Class	Age	Time	Cost	Min/Max
Monday	Dance Fusion	5 - 7 years	4:30 - 5:30 pm	\$165/\$170	5/12
Monday	Ballet 1	8 - 10 years	5:30 - 6:00 pm	\$120/\$125	5/12
Monday	Jazz 1	8 - 10 years	6:00 - 6:30 pm	\$120/\$125	5/12
Monday	Tap 1	8 - 10 years	6:30 - 7:00 pm	\$120/\$125	5/12
Tuesday	Pre Dance	3 - 4 years	4:00 - 4:30 am	\$120/\$125	5/12
Tuesday	Beginner Ballet	5 - 7 years	4:30 - 5:00 pm	\$120/\$125	5/12
Tuesday	Ballet 2	10 - 12 years	5:00 - 5:45 pm	\$150/\$155	5/12
Tuesday	Jazz 2	10 - 12 years	5:45 - 6:30 pm	\$150/\$155	5/12
Tuesday	Tap 2	10 - 12 years	6:30 - 7:00 pm	\$120/\$125	5/12
Wednesday	Ballet 3	13 - 18 years	4:30 - 5:15 pm	\$150/\$155	5/12
Wednesday	Pointe	13 - 18 years	5:15 - 5:45 pm	\$120/\$125	5/12
Wednesday	Jazz 3	13 - 18 years	5:45 - 6:30 pm	\$150/\$155	5/12
Wednesday	Tap 3	13 - 18 years	6:30 - 7:00 pm	\$120/\$125	5/12
Saturday	Girls Hip-Hop	13 - 18 years	9:15 - 10:00 am	\$150/\$155	5/12

