

Frankfort "On Pointe" Dance Program

Founders Community Center
Dance Studio
140 Oak Street
(815) 469-9400
www.frankfortparks.org



Please request an information sheet regarding dance attire and shoe purchase at time of registration.

Fall 2021

The On-Pointe Dance program is a progressive program open to boys and girls ages 3 and older. Students will be divided according to experience level in the following classes.

Pre Dance: This class introduces a structured environment while allowing children to recognize their own individuality and body mobility.

Dance Fusion: Concentration is on vocabulary, alignment and proper execution of movement and memorization and independence through sequential tasking. Dance genres covered in each session are ballet, jazz, tap, and creative movement.

Beginner Ballet: This class is an excellent background for all dance and sport activities. Strength, flexibility and coordination are complimented with the grace and poise which ballet class offers.

Ballet 1: More advanced stretching and strengthening exercises are given, barre work is introduced with a greater emphasis on vocabulary and French terminology.

Ballet 2 and 3: This is more advanced stretching and strengthening exercises, barre work is continued with a greater emphasis on vocabulary, musicality, balance and coordination, as well as French terminology.

Pointe: This is performed using hard-toed and stiff-shanked pointe shoes. Dancing on pointe requires strength and skill, so prior permission from instructor is required before students begin taking pointe classes. Must be enrolled in Ballet 3 in order to be in Pointe.

Tap: This dance emphasizes the flow of movement by teaching the dancer to find rhythms and beats not only in music but in their own bodies.

Jazz: Emphasis is on the importance of energy, rhythmical accuracy, and style. Each level of jazz is a continuation of the previous level and increases in difficulty.

Girls Hip Hop Class: Emphasis on popping, locking, and other hip-hop movements that are utilized in only Hip-Hop dance. Must be 13 and older for this class.

Dance Troupe: In order to enroll in this class you must also be in Jazz 1, 2, or 3 and Ballet 1, 2, or 3 for the Dance Troupe program. We have three different age levels for competition. Petite, Junior, and Senior groups. Age decides what group you are in. Troupe does local dance competitions during the year (a final number has not been decided on). This class also has a strict attendance policy and you must attend all classes. If you miss 2 or more classes you will be dropped from the Dance Troupe. **Attendance is a MUST.**

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Instructor: Ms. Marissa Smith & Ms. Bella Roesing
Location: Founders Community Center Dance Studio
Fee: 30-minute class - \$84/NR \$89
45-minute class - \$109/NR \$114
60-minute class - \$124/NR \$129

Session I: Mondays/September 20 - December 6
(No Class October 11 & November 22)
Tuesday/ September 21 - November 30
(No Class November 23)
Wednesday/ September 22 - December 1
(No Class November 24)
Saturdays/September 25 - December 4
(No Class November 27)

Session II: Dates TBA. Registration for Session II will begin December 6 (Residents) & December 13 (Non-Residents)*
*Students enrolled in Session I will have priority registration for Session II.

Days	Class	Age	Time	Cost	Min/Max
Monday	Dance Fusion	5 - 7 years	4:30 - 5:30 pm	\$124/\$129	5/12
Monday	Ballet 1	8 - 10 years	5:30 - 6:00 pm	\$84/\$89	5/12
Monday	Jazz 1	8 - 10 years	6:00 - 6:30 pm	\$84/\$89	5/12
Monday	Tap 1	8 - 10 years	6:30 - 7:00 pm	\$84/\$89	5/12
Tuesday	Pre Dance	3 - 4 years	4:00 - 4:30 pm	\$84/\$89	5/12
Tuesday	Beginner Ballet	5 - 7 years	4:30 - 5:00 pm	\$84/\$89	5/12
Tuesday	Ballet 2	10 - 12 years	5:00 - 5:45 pm	\$109/\$114	5/12
Tuesday	Jazz 2	10 - 12 years	5:45 - 6:30 pm	\$109/\$114	5/12
Tuesday	Tap 2	10 - 12 years	6:30 - 7:00 pm	\$84/\$89	5/12
Wednesday	Ballet 3	13 - 18 years	4:30 - 5:15 pm	\$84/\$89	5/12
Wednesday	Pointe	13 - 18 years	5:15 - 5:45 pm	\$109/\$114	5/12
Wednesday	Jazz 3	13 - 18 years	5:45 - 6:30 pm	\$84/\$89	5/12
Wednesday	Tap 3	13 - 18 years	6:30 - 7:00 pm	\$109/\$114	5/12
Saturday	Girls Hip Hop	13 - 18 years	9:15 - 10:30 am	\$109/\$114	5/12
Saturday	Dance Troupe**	Invite Only	10:00 am - 12:30 pm*	\$124/\$129	15/30

** To be part of the Dance Troupe you must be registered for both Ballet 1 and Jazz 1, Ballet 2 and Jazz 2, or Ballet 3 and Jazz 3 classes.

* Dance Troupe will be divided into two class times of 75 minutes each. Instructor will group students and class times will be sent out.