



# FRANKFORT

Park District

140 OAK STREET | FRANKFORT  
815-469-9400

[www.frankfortparks.org](http://www.frankfortparks.org)

Come join  
the fun!

## SUMMER 2021

Check out all the fantastic  
programs offered this Summer!  
Brochure available online  
to view & download.



RESIDENT REGISTRATION - MAY 10 • NON-RESIDENT - MAY 17

# Contents

*The Frankfort Park District is committed to providing responsive, friendly, courteous and excellent service to our customers.*

Office Hours	2
Executive Directors Message	3
COVID Info & Updates	4
Special Events	5-6
Splash Park	7
Park Perks	8-9
Preschool/Prairie Care	10
Summer Day Camp	11
Youth Camps	12-13
Athletic Camps	14-16
Youth Programs	17-22
On Pointe Dance	23
Teen Programs	24
Youth Athletics	25-28
Fire Starters Soccer League	29
Adult Athletics	30-31
Adult Fitness	32-34
Adult Programs	35-37
Senior Programs	38
Travel Programs	39-40
Adopt-A-Flower Bed	40
Community Events	41
Registration Form	42
Registration Information	43
Bark Park	43
District Map & Directory	44
Rental Information	45
Charitable Giving Options	46
LWSRA/Community Organizations	47
Short Run On A Long Day	49
Town Center Bank	50

## Founders Community Center

140 Oak Street | Frankfort, IL 60423

Phone: 815-469-9400

Fax: 815-469-9275



SCAN FOR DIRECT  
ACCESS TO OUR  
WEBSITE!

### Office Hours:

Monday - Friday | 9:00 am-4:00 pm

Please visit our website for updates.



## Board of Commissioners

Board meetings are held at 6:30 pm the 2nd Tuesday of each month at the Founders Community Center, 140 Oak St. The public is always welcome.



**Tom Barz**  
President

tbarz@frankfortparks.org



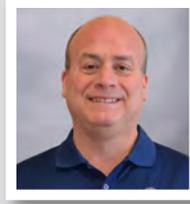
**Matt Schedin**  
Vice President

mschedin@frankfortparks.org



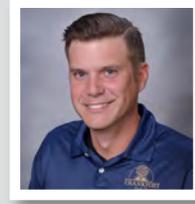
**Tom Ruvoli**  
Treasurer

truvoli@frankfortparks.org



**Mark Ponton**  
Secretary

mponton@frankfortparks.org



**Patrick Bickett**

pbickett@frankfortparks.org

## Administrative Staff

**Gina Hassett - Executive Director**  
ghassett@frankfortparks.org

**Stacy Proper - Superintendent of Recreation**  
sproper@frankfortparks.org

**Edward Newton - Superintendent of Buildings & Grounds**  
enewton@frankfortparks.org

**Kristen Morrison - Recreation Supervisor  
Early Childhood & Before and After School Care**  
kmorrison@frankfortparks.org

**Maurice Sullivan - Recreation Supervisor**  
msullivan@frankfortparks.org

**Cali DeBella - Recreation Supervisor**  
cdebella@frankfortparks.org

**Lisa Slattery - Business Manager**  
lslattery@frankfortparks.org

**Deborah Gorchos - Public Relations Coordinator**  
dgorchos@frankfortparks.org

## Office Assistants

**Lisa Carney, Susan Reidy**

## Maintenance Staff

**Andrew Farkas, Robert Turk, Bill Urso, Dave Gow, Chuck Doctor,  
Mark Fletcher & Oscar Hammerberg**



## Message from the Executive Director . . .

Dear Frankfort Park District Residents,

The District is pleased to be able to expand recreational programs and return to special event offerings that were in place prior to the pandemic. It has been a long year and the staff is excited to connect with the community. The District continues to monitor and apply the State of Illinois Covid mitigation guidelines, as the State enters the "Bridge" phase of the Covid mitigation, programming will continue to be expanded. Providing a safe environment for participants continues to be the priority for the Park District.

As part of the Consolidated Election held in April, the Park District has newly elected Commissioners that will be sworn in May. Commissioner Matt Schedin and Patrick (PJ) Bickett didn't seek re-election to Board. The District is thankful for the time and input that both Commissioner Schedin and Bickett gave to the Residents of Frankfort, they will be missed.

In the April election, the Park District heard from voters on the Non-Binding Borg Warner referendum. Thank you to those who called to ask questions, provided feedback via email and social media and those who went to the polls to vote. The staff and Board of Commissioners will be evaluating the next steps in the referendum process which will include connecting with the residents on the issue. The District will continue to update the District's referendum page of the website.

This spring, the Park District Board adopted the 2021-26 updated Comprehensive Master Plan. The plan provides the District with a guide for the future. Working towards the plan, the District will be replacing two playgrounds this summer, Brookmeadow and Sandalwood Park. Installation will take place in early summer. The District will also be making asphalt improvements at parking lots and pathways in the parks. In addition, the District is planning to make improvements to the Splash Pad at the end of the 2020 season which will include replacement of the surface of the splash pad, upgrades to the water features and enhancements to the water quality. The District is working to maintain the assets for future generations.

*It is exciting to be planning to bring the community together!*

Gina Hassett, Executive Director



**STAY SAFE TOGETHER**  
Frankfort Park District

**Let's stay safe  
together, Frankfort!**

Please visit our website  
[www.frankfortparks.org](http://www.frankfortparks.org)  
for updates.



## COVID-19 INFORMATION AND UPDATES

**The programs and events listed in this brochure are subject to change. Please visit our website for the most up-to-date program information.**

We encourage everyone to register online for easy access 24 hours/day, 7-days/week. If you do not have an online account, please visit our website and click on the "Register Online" icon and from there click on "Create Account". Once you have entered your information, it will be sent to the Park District for approval. This process could take up to 24 hours. For those with an account that have trouble logging in, please contact our office at 815-469-9400. If you are unable to use register online, you can mail, fax or drop off your registration form in our drop box located outside of the main entrance of the Founders Community Center. Registration may also be done in person during regular business hours.

### COVID-19 Information and Updates

The Frankfort Park District is looking forward to the Summer season and offering our services in a safe manner, while following the recommendations from the Governor's office, Centers for Disease Control (CDC), and the Illinois Department of Public Health (IDPH). As we prepared this brochure, restrictions caused by the COVID-19 pandemic affected program and event planning. Decisions were made using the best information available at the time. To limit attendance, you will see that some special events now require pre-registration and/or have multiple time slots. Class enrollment limits have been reduced to stay within limitations in effect at the time this brochure was published. The Park District will continue to make changes to programs and events as new guidelines are put in place to ensure the health and safety of our participants and staff. **Please check our website for additional updates as guidelines may change.**

### Self-Assessment COVID-19 Symptom Questionnaire

COVID-19 affects different people in different ways. Infected people have had a wide range of symptoms reported – from mild symptoms to severe illness. Before attending a Park District program or event, please take our Self-Assessment COVID-19 Symptom Questionnaire available on our website.

### GUIDELINES PUT IN PLACE:

**Face Coverings:** Face coverings must be worn by everyone (ages 2 & older) entering a Park District or school facility and must cover your nose and mouth. Face coverings must be worn indoors and outdoors, at all times if a social distance of 6 feet cannot be maintained. Face coverings must be worn during athletic programs/league play. Face coverings must also be worn when participating in any programs held outdoors as well.

**Reducing Program Sizes:** Participation numbers have been reduced to meet with the guidelines set in place. Participants will follow social distancing guidelines remaining 6-feet apart.

**Practicing Good Hygiene:** More frequent hand washing requirements have been implemented within programs, such as at the beginning and ending of programs, as well as the availability of hand sanitizer for all participants. Also, depending upon program activity types, additional handwashing breaks will be included.

**Staggering of Program Start Times & Building Access:** To avoid large gatherings during program check-in and check-out times, we are staggering program start times. Participants will receive an email with the door number they are to enter when arriving for a program. This will help with traffic control if one program is ending in one part of the building while another is beginning, and participants are not entering and exiting out of the main entrance. Participants should arrive no earlier than 5 minutes before a program begins. Parents should arrive to pick up their child no earlier than 5 minutes before the program ends. If you arrive earlier, please remain in your car until it is time to enter the building.

**Increased Cleaning and Sanitizing:** New standards have been implemented to ensure the regular cleaning and sanitizing of equipment and facilities after each program.

**Supplies:** Participants should bring their own water bottle and hand sanitizer to class.

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)



### DRIVE IN MOVIES

Join us for a drive-in movie this summer! There will be limited spaces available, so you must pre-register. All cars will be able to hear the movie through an FM radio station, to be announced at the movie previews.

**Please note:** No Pets or alcoholic beverages are allowed.

Location: Hickory Creek Middle School  
Day/Date: Tuesday

June 8 - "Moana" (PG)  
July 13 - "Trolls World Tour" (PG)  
August 10 - "Inside Out" (PG)

Rain Date: One week after the original show date  
Time: 8:15 pm (Gates open at 7:30 pm)  
Fee: \$10/Vehicle

\*Drive-in Movies are co-sponsored by the Frankfort Park District and the Village of Frankfort.



### UNPLUG AT THE PARTIES IN THE PARK

Join the Frankfort Park District each month this summer as you unplug from electronics and have outdoor fun at the Parties in the Park. There will be outdoor games, activities including a DJ Dance Party and much more fun! Face coverings must be worn.

### SCHOOLS OUT FOR SUMMER!

Location: Roy and Dorothy Janssen Park \*  
Day/Date: Monday, June 14  
Time: 6:00 - 7:30 pm



### PARTY IN THE USA!

Location: Lakeview Estates South Park \*  
Day/Date: Monday, July 12  
Time: 6:00 - 7:30 pm

Sponsored by:



### SUMMER MELT DOWN!

Location: Sandalwood Park \*  
Day/Date: Monday, August 9  
Time: 1:30 - 3:00 pm

Fee: FREE Family Fun

\* Park locations are subject to change - Please visit our website for updates.



# 4TH OF JULY Celebration

**Sunday, July 4**  
Main Park  
200 S. Locust Street

Park will open @ 8:00 pm  
Fireworks will begin at  
Approx. 9:15 pm

Masks are required.

Groups must social distance at  
least 6 feet from others.

Please visit our  
website  
for updates on  
COVID guidelines.





### SENIOR PICNIC - STARS & STRIPES

Put on your red, white and blue and keep the patriotic celebration going! Join your friends for an afternoon filled with food, desserts, raffles, bingo and fun!!! In addition, we will have our Senior Country Line Dance instructor onsite to teach you some dance moves.

**Registration Deadline: July 23**

Location: Founders Community Center  
 Day: Wednesday  
 Date: July 28  
 Time: 12:00 - 2:00 pm  
 Age: 55 years & older  
 Fee: \$5  
 Min/Max: 35/50

Sponsored by:



The Frankfort Park District continues to follow guidelines from CDC, IDPH, Restore Illinois and local health officials to develop procedures to ensure we can provide a fun & safe recreational experience. For updates on current guidelines, please visit our website @ <https://www.frankfortparks.org/covid-guidelines/>

### FRANKFORT COMMUNITY GARAGE SALE

Each registered participant's address will be included on a list of all participating homes. This list will be available at the park office, website and Facebook the week of the sale. The park district will advertise the sale in local newspapers, on-line sites and A-frame signs throughout the community. Each participating home will receive a packet including a garage sale sign, balloons, map of Frankfort subdivisions and garage sale selling tips. These packets will be available for pick-up at the Founders Community Center at time of registration.

**Registration Deadline: July 29**

Location: Frankfort Park District Community  
 Day: Saturday  
 Date: August 7  
 Time: 9:00 am - 3:00 pm  
 Age: All  
 Fee: \$10 per home

### FAMILY FALL CAMPFIRE

Start the fall season out with your family and friends. Enjoy a cool fall evening around a campfire in Commissioners Park. Roast marshmallows, drink hot chocolate, play field games, enjoy a hayride and listen to ghost stories.

**Registration Deadline: September 14**

Location: Commissioners Park  
 Day/Date: Friday, September 17  
 Age: Families  
 Time: 6:30 - 8:00 pm  
 Fee: FREE (pre-registration required)  
 Min/Max: 25/50



### FAMILY CAMPOUT

Start the fall season out with your family and friends. Enjoy a cool fall evening around a campfire in Commissioners Park. Roast marshmallows, drink hot chocolate, play field games, enjoy a hayride and listen to ghost stories. For those interested in the campout, bring your tent and sleeping bags to camp overnight at Commissioners Park. Families will enjoy an outdoor movie with popcorn and a continental breakfast in the morning. Family fun for all! Please note: electricity is available to blow up air mattresses.

**Registration Deadline: September 14**

Location: Commissioners Park  
 Day/Date: Friday, September 17  
 Age: Families  
 Time: 6:30 pm (Friday) - 9:00 am (Saturday)  
 Fee: \$40 per campsite (up to 6 people)  
 Min/Max: 15/30 campsites



Sponsored by:



# BACK TO SCHOOL ANNUAL BASH

### ANNUAL BACK TO SCHOOL BASH

School has started and what a way to celebrate...Join the Frankfort Park District for the annual Back to School Bash. The evening will consist of field and carnival games, music, craft area, touch-a-truck, concessions, plus playtime at Fort Frankfort and in the Splash Park. We ask that all kids bring a school supply to donate to a worthy cause. These school supplies will be given to children in need.

Location: Commissioners Park  
 Day/Date: Friday, August 13  
 Time: 6:00 - 8:00 pm  
 Age: All  
 Fee: FREE (bring a school supply to be donated)  
 • Rain Location: Founders Community Center Gym

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)



**LOCATED AT...  
COMMISSIONERS PARK – 22108 S. 80TH AVE.**

## **OPENING DAY - SATURDAY, MAY 29**

Join us opening weekend and receive free admission to the Splash Park!

### **HOURS OF OPERATION:**

**Monday – Friday 10:00 am - 4:00 pm**  
**Saturday – Sunday 10:00 am - 3:00 pm**

*Admission is charged on a first-come, first-served basis at the splash park entry gate. Limit of 50 patrons per session, in accordance to splash park safety codes.*

**\$2.00/Resident • \$4.00/Non-Resident**  
**Children 1 & under are FREE**

*Children under the age of 12 require a parent and/or guardian present. Parents and/or guardians over 21 years of age will not be charged admission.*

*WEATHER CONDITIONS - The Frankfort Park District reserves the right to open the splash park only when conditions are favorable. The Splash Park will close if the temperature falls below 70 degrees. In addition, the splash park will be closed if there is threatening weather and/or lightning.*

### **The Splash Park will be CLOSED on the following dates:**

Maintenance: June 14, July 12 & August 9  
Holidays: May 31 & July 4

## **SPLASH PARK PARTY RENTALS**

**\$175 RENTAL FEE FOR RESIDENTS**  
**\$225 RENTAL FEE FOR NON-RESIDENTS**

Available **MONDAY - FRIDAY** from 4:30-6:30 pm  
**SATURDAY - SUNDAY** from 3:30-5:30 pm

This fee includes:

2-hour session for up to 50 guests  
Splash Park Pavilion rental time of 2.5 hours.

**FOR MORE INFORMATION, PLEASE CALL 815-469-9400**

# Join us for a *splashing* good time!



**Upcoming  
Summer 2021 Events**

**Splash Park Opening Day**  
May 29

**Drive In Movies**  
"Moana" (PG)  
June 8

**Party In The Park**  
**Schools out for Summer!**  
Janssen Park  
June 14

**4th of July Fireworks**  
July 4

**Party In The Park**  
**Party in the USA!**  
Lakeview South Park  
July 12

**Drive In Movies**  
"Trolls World Tour" (PG)  
July 13

**Senior Picnic**  
July 28

**Frankfort Community**  
**Garage Sale**  
August 7

**Party In The Park**  
**Summer Melt Down!**  
Sandalwood Park  
August 9

**Drive In Movies**  
"Inside Out" (PG)  
August 10

**Annual Back to School**  
**Bash**  
August 13

**Family Fall Campfire**  
September 17

**Family Campout**  
September 17

# Park Perks

**Customer Service Statement: The Frankfort Park District is committed to providing responsive, friendly, courteous and excellent service to our customers.**

## P A R K   D I S T R I C T   N E W S



### **Borg Warner Referendum Results**

The Frankfort Park District had a Non-Binding referendum on the April Consolidated election regarding the purchase of property. This year, Borg Warner announced they are closing the Frankfort plant at the end of 2021. The Board and staff saw this as a unique opportunity to evaluate the property for possible improvements that would allow for increased recreation programs and facilities designed to enrich the lives of Frankfort residents.

The Park District had a non-binding referendum question on the ballot to gauge resident's support of the Park District purchasing and renovating the property that would result in a tax increase. The election results indicated that 56% residents supported the Park District looking further at the acquisition and opportunity of the Borg Warner site. *The non-binding advisory question did not affect property taxes for residents.*

The Park District is moving forward with the next steps that will include engaging the community, developing an architectural design and cost and an operating budget for the proposed facility. As the District moves forward through the process, decisions will be evaluated on when the question would go before the residents for an approval of the purchase of the property via a Binding referendum. The Park District would need to pass a binding referendum to issue bonds to purchase and renovate the property. The earliest the questions would be posed would be in March of 2022. If the community supported a binding referendum, it would be approximately two years from the vote before the space would be occupied.

The acquisition of the site will allow the Park District to consolidate aging facilities that need significant capital investment while providing a recreation campus for indoor and outdoor activities. Consideration of amenities for the Borg Warner plant include but are not limited to swimming, turf fields, sports, preschool, fitness and more. Information on the non-binding referendum can be found on the District's website at <https://www.frankfortparks.org/frankfort-park-district-referendum-overview/>

To impact property taxes, the District would need to have a binding referendum which, if successful, would provide funds to purchase and renovate the property. The next opportunity that could be done would be in 2022, impacting the 2023 property taxes.

**Welcome New Board Members**

The Frankfort Park District Board of Commissioners and Staff would like you to join us in welcoming our newly elected board members, Elmer Gentry and Mike McCarey, and re-elected Commissioners Tom Ruvoli and Mark Ponton.

On April 6 the Frankfort Park District had elections for open Commissioner positions on the ballot. There were 4 Commissioners seats that were up in the election. Five candidates ran for the four open commissioner positions. Two incumbents, Tom Ruvoli and Mark Ponton were re-elected. There will be 2 new Commissioners, Elmer Gentry and Mike McCarey.

Ruvoli is a senior portfolio manager and has served on the park district board since 2015. In his Patch questionnaire, he wrote that the most pressing issue facing the district is recovering from the recent pandemic. "To accomplish this goal, I support and will continue to work as a member of the Frankfort Park District to become more innovative in offering programs and services that are unique," he wrote.

Ponton was appointed to the board in 2020, and he has worked in IT project management for financial and food service companies. He has also served on boards at St. Anthony Preschool, St. Mary Mokena school board and athletic board.

Mike McCarey has been a Frankfort Falcons board director for five years serving as Vice President for the last two. "A year and a half ago I felt I could better serve Frankfort Baseball as a director on their board also, so I was brought on as a director as well as continuing coaching." He has worked closely with the Park District in his volunteer positions. "I can help bring fresh ideas and an operational knowledge to the board of commissioners" said Mike.

Elmer Gentry has volunteered countless hours to Frankfort Girls Softball, including serving as President for many years. He'll be a great asset to our Park District Board.

Tuesday's, April 6th election results are unofficial until certified by the county on April 27. Provisional Ballots cast on Election Day and all late Vote By Mail Ballots postmarked by Election Day will be counted at Provisional Count on April 20, according to the county clerk's office.

**Frankfort On Pointe - Dance Troupe competed at the Rainbow Dance Competition**

The weekend of March 12-14, 2021 the Frankfort On Pointe - Dance Troupe competed at the Rainbow Dance Competition in Joliet. Each dance, Hold On, Surrender, and Me Too, received Platinum Awards for their performances. Me Too placed 10th Overall for Top Starz of Tomorrow Small Group. Surrender received a Rising Starz Judges Choice Award for being "Light and Lovely". We are incredibly proud of all of their hard work. Amazing job girls!

Visit the website at [www.facebook.com/frankfortonpointedanceprogram](http://www.facebook.com/frankfortonpointedanceprogram) for information on our Dance Program.



Photos: Frankfort On Pointe - Dance Troupe



We would like to extend our sincere gratitude to all the families that have participated in the Frankfort Park District programs and events during these unprecedented times! We appreciate your support, your understanding and your flexibility that you have shown us this past year! The Park District Board and staff continue to evaluate and monitor the guidelines set by the State, so we can safely provide recreational opportunities for all ages. We look forward to seeing more families safely enjoying our parks and programs in the upcoming months.

We welcome your feedback on how we can provide a safe recreational experience for you and your family. Please take a moment to complete this survey: <https://www.surveymonkey.com/r/HHV79W7>. Your feedback is appreciated!

**VOLUNTEER OPPORTUNITIES**

Do you need Community Service hours for school? Or do you just enjoy helping others? The Frankfort Park District is always looking for volunteers to help with various Special Events and other programs.

**INTERESTED IN VOLUNTEERING?**

Contact Cali DeBella our Special Events Coordinator at 815-469-9400 or email her at [cdebella@frankfortparks.org](mailto:cdebella@frankfortparks.org).

**SPONSORSHIP OPPORTUNITIES**

The Frankfort Park District is looking to build partnerships with local businesses, foundations or individuals interested in supporting the District's events and programs through sponsorship opportunities. Becoming a sponsor is an excellent way to show your support for the community while increasing your visibility throughout the Frankfort area. Please contact Cali DeBella, Recreation Supervisor [cdebella@frankfortparks.org](mailto:cdebella@frankfortparks.org) or call 815-469-9400 for more information.

**REGISTRATION**

All preschool programs run from September 2021 to May 2022. Registration began on Monday, February 8 for in-district residents and February 15 for non-residents. Registration takes place at the Founders Community Center at 140 Oak Street, Frankfort and can only be done IN PERSON. **A copy of the child's birth certificate is required at the time of registration for new participants.** Consult website for current office hours.

A \$50 non-refundable registration fee is due at the time of registration. **\*If your tuition is paid in full between May 1st and July 15th, 2021, you will receive a 10% discount for the entire year. For Non-residents, the discount will be taken off the resident rate. AUTO - PAYMENT will be mandatory for the monthly payment option (see form in preschool packet). Auto-payment forms MUST be turned in by July 15, 2021. Please have all paperwork turned in by July 15 to confirm your registration commitment.** Call the Park District at 815-469-9400 if you have any questions or would like to visit our programs while they are in session.

**ME TWO 2 YEARS**

This program will provide young children with the experience of socializing with their peers and practice separating from parents. The children will enjoy age appropriate arts & crafts, music, stories, games and snack time. The child must be 2 years by September 1, 2021. Being toilet trained is NOT mandatory. A physical is required.

Day: Tuesday & Thursday

Time: 9:00 - 11:00 am OR 12:00 - 2:00 pm

Tuition: \$1,035/NR \$1,170\*

9 monthly auto-payments of \$115/NR \$130 per month

**WEE WORKS 2.5 YEARS**

This twice weekly program is perfect for young children anxious to meet friends. The class will be filled with play time, arts & crafts, stories, music and snack time. The child must be 2.5 years old by September 1, 2021. Being toilet trained is NOT mandatory. A physical is required.

Day: Wednesday & Friday

Times: 9:00 - 11:00 am OR 12:00 - 2:00 pm

Tuition: \$1,035/NR \$1,170\*

9 monthly auto-payments of \$115/NR \$130 per month

**PLAY SCHOOL 3 YEARS**

This program will provide time for young children to learn how to interact with their peers. Fun activities help the children learn to share and follow directions. Colors, numbers, and the alphabet are introduced. The child must be 3 years old by September 1, 2021 and MUST be toilet trained. A physical is required.

Days: Tuesday & Thursday

Times: 8:45 - 11:15 am OR 12:15 - 2:45 pm

Tuition: \$1,215/NR \$1,350\*

9 monthly auto-payments of \$135/NR \$150 per month

**PRAIRIE CARE: Before & After School Care**

This partnership between the Park District and Frankfort School District 157-C provides before and after school care for 157-C students in grades K-5. The program is located at Grand Prairie School and is available as early as 6:30 AM until the start of school and again after school until 6:30 PM. Prairie Care is also available on early dismissal days and district holidays. **For more information, please call (815) 469-9400 or (815) 464-5579 or view forms on our website. [www.frankfortparks.org](http://www.frankfortparks.org)**

**Kindergarten-5th Grade**

Before School Care

\$12 Daily

After School Care

\$17 Daily

**PREP SCHOOL 4 YEARS**

This Kindergarten preparation program is for children who will be 4 years old by September 1, 2021 and MUST be toilet trained. The curriculum includes age appropriate activities for language arts, math, science, motor skills, and socialization. Field trips are also taken. A physical is required.

Days: Monday, Wednesday, & Friday

Times: 8:45 - 11:15 am OR 12:15 - 2:45 pm

Tuition: \$1,395/NR \$1,530\*

9 monthly auto-payments of \$155/NR \$170 per month

**STEPPING STONES (KINDER-BRIDGE) 4 YEARS**

This class is for children who will be 4 years old by September 1, 2021 and MUST be toilet trained. This 5- day program will focus on school readiness skills of language arts, math, science, and fine motor skills. Emphasis is also placed on improving social skills. Field trips are taken and a physical is required.

Days: Monday through Friday

Times: 9:00 - 11:30 am OR 12:30 - 3:00 pm

Tuition: \$1,800/NR \$1,935\*

9 monthly auto-payments of \$200/NR \$215 per month

**\*If your tuition is paid in full between May 1st and July 15th, 2021, you will receive a 10% discount for the entire year. For Non-residents, the discount will be taken off the resident rate.**

**Start of School**

Preschool classes for the fall will begin the week of September 6th (after Labor Day) and run through May 2022. Orientation days are scheduled on Tuesday & Wednesday, September 7th & 8th. You will be sent an email with your child's class orientation date and time.

**Please note:** This is not a regular school day. Please plan on staying with your child on this day. Your children will stay all by themselves at the next scheduled class session.

**Parent Meeting**

Tuesday, August 3 @ Grand Prairie School



**ONLINE  
REGISTRATION  
AVAILABLE**

## FRANKFORT ADVENTURES SUMMER DAY CAMP

Frankfort Adventures Day Camp is back for another awesome summer. This day camp program is designed for children **entering 1st – 6th grade, in the Fall of 2021**. Our camp will provide plenty of outdoor activities, water days, arts & crafts, and walking field trips. We will also have special in house entertainment once a week. Bring a lunch and water bottle each day. Registration can be done online or in person at the Founders Community Center. A Day Camp Packet will need to be completed and turned in to the Frankfort Park District at the time of registration or at least one week prior to your child starting camp. The packet can be found on our website at [www.frankfortparks.org](http://www.frankfortparks.org) or a packet can be picked up at the Park District office. **A copy of your child's birth certificate must be presented at the time of registration or when you submit your Day Camp packet.**

**Campers may register for the entire camp or on a per session basis. Save 10% if you register for all 4 Sessions.**

**Location:** Grand Prairie Elementary School, 10480 Nebraska, Frankfort

### Camp Schedule\*

Session 1 – June 14 - 25

**Registration Deadline: June 10**

Session 2 – June 28 - July 9 (No Camp July 5)

**Registration Deadline: June 24**

Session 3 – July 12 - 23

**Registration Deadline: July 8**

Session 4 – July 26 - August 6

**Registration Deadline: July 22**

### Day Camp – 9:00 am - 4:00 pm

\$350/NR \$400 per 2 week session

\$315/NR \$365 (session 2)

**\* If you would like to register for camp one week at a time, the fee will be \$200/NR \$225.**

### Before Camp 7:00 - 9:00 am

\$60

\$54 (session 2)

### After Camp 4:00 - 6:00 pm

\$60

\$54 (session 2)



## FRANKFORT ADVENTURES SUMMER HALF DAY CAMP

This half-day day camp program is designed for children **entering 1st – 6th grade, in the Fall of 2021**. This camp will provide outdoor activities, games, water activities, art & crafts, walking excursions. Bring a lunch and water bottle each day. A Day Camp Packet will need to be completed and turned in to the Frankfort Park District at the time of registration or at least one week prior to your child starting camp. The packet can be found on our website at [www.frankfortparks.org](http://www.frankfortparks.org) or a packet can be picked up at the Park District office. **A copy of your child's birth certificate must be presented at the time of registration or when you submit your Day Camp packet.**

**Location:** Susan Puent Building, 400 W. Nebraska, Frankfort

### Camp Schedule\*

Session 1 – June 14 - 25

**Registration Deadline: June 10**

Session 2 – June 28 - July 9 (No Camp July 5)

**Registration Deadline: June 24**

Session 3 – July 12 - 23

**Registration Deadline: July 8**

Session 4 – July 26 - August 6

**Registration Deadline: July 22**

### Half Day Camp – 9:00 am - 1:00 pm

\$200/NR \$225 per 2 week session

\$180/\$205 (session 2)

**\* One week option is not available for Half Day Camp.**

**THE DAY CAMP INFORMATION IS SUBJECT TO CHANGE. PLEASE VISIT OUR WEBSITE AT [WWW.FRANKFORTPARKS.ORG](http://WWW.FRANKFORTPARKS.ORG) FOR UPDATED INFORMATION.**



## “ME TWO” CAMP

Calling all Terrible Twos! Come join the fun this summer at your very own camp just for two year olds. We will create age appropriate crafts, finger paint, have water play, sing songs, read books, and much more. Please note: Children do not have to be potty trained.

**Instructors:** Sharon Koczor & Paulette MacDonald

Location:	Puent Building
Day:	Monday - Friday
Session I:	June 21 - 25/You Are My Sunshine
Session II:	June 28 - July 2/Fireworks
Time:	9:00 - 11:00 am
Age:	2 years
Fee:	\$69/NR \$74
Min/Max:	8/12



## TINY TOT SUMMER CAMP

Come join us for this fun filled camp that's just enough excitement for your child. Each session has its own special theme like Tropical Adventures or Dynamite Dinosaurs. Your child will enjoy crafts, music, stories, and outdoor water play all related to each theme. You're welcome to sign up for more than one session. Please note: Children must be potty trained and able to separate from parents.

**Instructors:** Darla Santoro (Sessions 1 - 3)

**Dana Eaheart & Darla Santoro (Sessions 4 - 6)**

Location:	Puent Building
Day:	Monday-Friday
Session I:	June 14 - 18/Tropical Adventures
Session II:	June 21 - 25/Creepy Crawlers
Session III:	June 28 - July 2/Fourth of July
Session IV:	July 12 - 16/Dynamite Dinosaurs
Session V:	July 19 - 23/Summer Fun
Session VI:	July 26 -30/Who's at the Zoo
Time:	9:00 - 11:30 am
Age:	3 - 5 years
Fee:	\$77/NR \$82
Min/Max:	8/15



## YOUTH SPANISH CAMP



Get your passport ready and take off with us as we start our summer vacation! Children will make their own “passport” and have them “stamped” in each Spanish-speaking country that we explore! Students will discover the unique culture in each country while also learning some Spanish words and songs! Come join the fun and adventure!

**Instructor:** Language in Action

Location:	Founders Community Center
Day:	Tuesday - Thursday
Date:	June 15 - 17
Time:	9:00 - 11:00 am
Age:	4 - 10 years
Fee:	\$43/NR \$48
Min/Max:	6/12

## CHESS SCHOLARS CAMP

Develop your child's intellect through the royal game of Chess! This half-day camp is perfect for beginners as well as experienced players. Each day of camp will consist of a fun interactive teaching period, followed by guided practice time, allowing the students to play against one another while being coached by an experienced instructor. The camp session will conclude with a non-elimination tournament.

**Instructor:** Chess Scholars

Location:	Founders Community Center
Day:	Monday-Friday
Date:	June 21 - 25
Time:	9:00 am - 12:00 pm
Age:	6 - 14 years
Fee:	\$200/NR \$205
Min/Max:	6/12



The Frankfort Park District continues to follow guidelines from CDC, IDPH, Restore Illinois and local health officials to develop procedures to ensure we can provide a fun & safe recreational experience. For updates on current guidelines, please visit our website @ <https://www.frankfortparks.org/covid-guidelines/>

new

**LEGO DESPICABLE MINIONS CAMP**

Who doesn't love those little yellow guys? Come and build with us as we adventure through their madcap world - all made out of LEGO! Kids will use fascinating and challenging LEGO components to create dynamic minion-inspired inventions, machines and more!

**Instructor:** Bricks 4 Kidz

**Location:** Founders Community Center  
**Day:** Tuesday - Thursday  
**Date:** July 6 - 8  
**Time:** 1:00 - 3:30 pm  
**Age:** 6 - 12 years  
**Fee:** \$150/NR \$155  
**Min/Max:** 4/16

**STAGE STARS CAMP**

Does your child have a "dramatic side"? You might have a budding Stage Star in your family! Our drama class introduces students to the craft of stage acting. During this exciting class, students will learn theatrical skills, improv basics and participate in interactive drama games. This is an opportunity for students to have fun, express themselves and interact with others within the context of theatre arts.

**Instructor:** Afterschool Enrichment Solutions

**Location:** Founders Community Center  
**Day:** Monday - Friday  
**Date:** July 12 - 16  
**Time:** 1:00 - 2:30 pm  
**Age:** 6-12 years  
**Fee:** \$130/NR \$135  
**Min/Max:** 6/12



**DATES ARE SUBJECT TO CHANGE**  
**Please visit our website for updates.**  
[www.frankfortparks.org](http://www.frankfortparks.org)

new

**LEGO SUPERHERO ACADEMY CAMP**

Join Bricks 4 Kidz for a Superhero adventure with LEGO bricks. Campers will recognize a family of incredible heroes, hero guardians in space, teen heroes and of course their favorite classic heroes. Explore all the caped crusaders and discover their superpowers. Build a fantasy world and protect it from enemies with custom contraptions made with LEGO bricks.

**Instructor:** Bricks 4 Kidz

**Location:** Founders Community Center  
**Day:** Tuesday - Thursday  
**Date:** July 20 - 22  
**Time:** 1:00 - 3:30 pm  
**Age:** 6 - 12 years  
**Fee:** \$150/NR \$155  
**Min/Max:** 4/16



new

**LEGO MINING & CRAFTING CAMP**

Experience the world of Minecraft with LEGO bricks in this fun camp. Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft game.

**Instructor:** Bricks 4 Kidz

**Location:** Founders Community Center  
**Day:** Tuesday - Thursday  
**Date:** August 3 - 5  
**Time:** 1:00 - 3:30 pm  
**Age:** 6 - 12 years  
**Fee:** \$150/NR \$155  
**Min/Max:** 4/16



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# Youth Athletic Camps



## CHICAGO WHITE SOX BASEBALL CAMP

Learn from the pros this summer at a White Sox Summer Camp! Professional coaches from the White Sox organization have helped build programs designed for kids ages 5-12 at every ability level. All campers will work on throwing, hitting, fielding, and base-running, but more importantly, they will be taught how to love the game of baseball. Instructors will supervise campers based off age and experience, and cater each experience to meet your child's needs. On top of the four (4) days of camp, each camper will receive a White Sox t-shirt and hat and other white sox goodies.

**\*Rain out date Friday, June 18**

**\*registration only available at [whitesox.com/play](http://whitesox.com/play)**

Location: Main Park Field  
 Day: Monday - Thursday  
 Date: June 14 - 17  
 Time: 8:30 - 11:30 am  
 Age: 5 - 12 years  
 Fee: \$149  
 Min/Max: 8/30



## TENNIS CAMP

Children will be introduced to the sport by various drills that will work on hand-eye coordination. They will be instructed on the proper grips, various stroke techniques (forehand, backhand, overhead, volley and serve) along with the areas of the court and scoring methods. Middle school participants will work at sharpening their skills and learn to use different strokes in matches. All participants must bring their own tennis racquet and are encouraged to bring a water bottle. Tennis balls will be supplied for class.

**Instructor: Lincoln-Way Area Tennis Association**

Location: Lincoln-Way East High School Tennis Courts  
 Day: Monday - Thursday (Friday make-up for rain)  
 Session I: June 14 - 17  
 Sessions II: June 28 - July 1  
 Session III: July 19 - 22  
 Session IV: August 9 - 12  
 Age /Time: 5 - 10 years/5:00 - 6:00pm  
 Fee: \$49/NR \$54  
 Age /Time: 11 - 17 years/6:00 - 7:30pm  
 Fee: \$68/NR \$73  
 Min/Max: 8/20



## SUMMER HORSE CAMP

Come join the Nova Quarter Horses for 4 fun filled days (Monday through Thursday) of riding and horsemanship skills. Riders will learn how to groom, bridle and saddle horses. Every day will also include riding lessons. On the last day of camp, Nova Quarter will have a student horse show for the students to demonstrate what they have learned for their families and friends.

**\*Camp participants should bring a brown bag lunch and water bottle daily, except Wednesday.**

Location: Nova Quarter Horses, Inc  
 10129 W. 187th Street, Mokena, IL 60448  
 (708) 479-3696  
 Day: Monday - Thursday  
 Session I: June 21 - June 24  
 Session II: June 28 - July 1  
 Session III: July 12 - July 15  
 Session IV: July 26 - July 29  
 Time: 9:00 am - 3:00 pm  
 Age: 7 - 18 years  
 Fee: \$340 per student/per session



Register online at [www.frankfortparks.org](http://www.frankfortparks.org)



### FLAG FOOTBALL CAMP

Flag Football is the perfect introduction to "America's Game." Participants learn skills on both sides of the football - including the core components of passing, catching, de-flagging and defense - all presented in a safe, fun and positive environment. Participants should bring appropriate clothing, a snack, water bottle, running shoes and sunscreen.

**\*Rain out day Friday of camp week**

*Instructor: Skyhawks Staff*

Location:	Commissioners Park
Day:	Monday - Thursday
Session I:	June 14 - June 17*
Session II:	July 12 - 15*
Time:	9:00 am - 12:00 pm
Age:	6 - 12 years
Fee:	\$119/NR \$124
Min/Max:	12/28

### BEGINNING GOLF CAMP

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes and sunscreen.

**\*Rain out day Friday of camp week**

*Instructor: Skyhawks Staff*

Location:	Commissioners Park
Day:	Monday - Thursday
Session I:	June 21 - 24*
Session II:	August 2 - 5 *
Time:	9:00 am - 12:00 pm
Age:	6 - 12 years
Fee:	\$119/NR \$124
Min/Max:	10/28

### TRACK & FIELD CAMP

The fundamentals of body positioning, stride, proper stretching and cool-down techniques are taught. Track and field events may include javelin, discus, shot put, long jump, triple jump and various running and relay events (activities may vary by area). Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

**\*Rain out day Friday of camp week**

*Instructor: Skyhawks Staff*

Location:	Commissioners Park
Days:	Monday - Thursday
Session I:	June 21 - June 24*
Session II:	July 26 - July 29*
Time:	9:00 am - 12:00 pm
Age:	6 - 12 years
Fee:	\$119/NR \$124
Min/Max:	10/28



### MULTI-SPORT CAMP

Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork. Participants should bring appropriate clothing, a snack, water bottle, running shoes, a baseball glove and sunscreen.

**\*Rain out day Friday of camp week**

*Instructor: Skyhawks Staff*

Location:	Commissioners Park
Day:	Monday - Thursday
Session I:	June 28 - July 1*
Session II:	August 2 - August 5*
Time:	9:00 am - 12:00 pm
Age:	8 - 12 years
Fee:	\$119/NR \$124
Min/Max:	10/24

### PARK DISTRICT YOUTH LICENSE PLATE

Get Licensed to Support Illinois Youth! The sale and subsequent renewals of each plate generate \$25 for the PowerPlay! Beyond School Grant Program, which funds youth programs in park and recreation agencies throughout Illinois. The goal of the PowerPlay! program is to increase the number of opportunities designed to show youth the lifelong



benefits of fitness, health and nutrition. For more information contact the Illinois Association of Park Districts at 217-523-4554 or [iapd@ILparks.org](mailto:iapd@ILparks.org).

The Frankfort Park District has been a recipient of this grant ten times, including the upcoming 2021-22 school year!



### OUTDOOR BASKETBALL CAMP

This fun outdoor camp is for anyone wanting to improve their skills and have fun competing in the summer. Coach Dave will work on the basics of ball handling, shooting, post play and 1 on 1 move. Other 3 on 3 competitions, free throw shooting contests and much more will be taught. Camp will be held at the Main Park outdoor basketball courts.

\*Rain out date Friday, July 16

**Instructor: Dave Esterkamp**

Location:	Main Park (Outdoor Basketball Courts)
Day:	Monday - Thursday
Date:	July 12 - 15*
Session I:	9:00 - 10:30 am
Session II:	10:45 am - 12:15 pm
Age:	7 - 13 years
Fee:	\$60/NR \$65
Min/Max:	8/20

### FIRE STARTERS SUMMER SOCCER CAMP

The FIRE STARTERS Staff will conduct an instructional summer camp for players aged 4 through 14 years. Each day will have a fundamental theme with a soccer skill set and fun small sided games will be played at the end of each training session. Shin guards, soccer ball and water bottle are required for each camp day.

\*Rain out date Friday, July 23

**Instructor: Fire Starters Staff**

Location:	Commissioners Park
Day:	Monday - Thursday
Date:	July 19 - 22*
Age:	4 - 14 years
Time:	9:00 - 10:30 am
Fee:	\$100/NR \$105
Min/Max:	10/100



### ARCHERY 101 CAMP

Is your young archer interested in becoming the next Robin Hood or Katniss? This is the camp for them! Students will learn safety, proper technique, form, and shooting etiquette. There will be a lot of shooting games and fun with a constant emphasis on safety and respect. Camp will conclude with a tournament to crown new champion archers. Staff at Bow Doc Archery are USA Certified Coaches. All levels of shooters are welcome from total beginners to experienced archers. BowDoc Archery will supply all of the equipment that will be used for this camp

**Instructor: BowDoc Archery Certified Coaches**

Location:	Bow Doc Archery 18815 Wolf Road, Unit 4 Mokena, IL 60448
Day:	Monday - Thursday
Date:	July 26 - 29
Time:	9:30 - 11:00 am
Age:	8 - 17 years
Fee:	\$105/NR \$110
Min/Max:	8/20



### ULTIMATE VOLLEYBALL CAMP

The Ultimate Volleyball coaching staff will help players improve their skills and prepare for the grade school try-outs. Instruction, training and game play will be offered in this camp designed to teach and review fundamental volleyball skills. There will be instruction given at the beginner as well as the advanced levels. Sharpen your skills and get the winning edge!

**Instructor: Ultimate Volleyball Staff**

Location:	Founders Community Center
Day:	Monday - Friday
Date:	August 2 - 6
Age/Time:	3rd - 5th Grade/9:00 - 11:00 am
Age/Time:	6th - 8th Grade/11:30 am - 1:30 pm
Fee:	\$85/NR \$90
Min/Max:	10/25



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## MIGHTY MUSIC MAKERS

Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different music styles. This class is designed for the child and adult to participate.

**Instructor: Angie Pope**

Location: Founders Community Center  
Day: Monday  
Dates: June 14 - July 26  
(No Class July 5)  
Time: 9:00 - 9:45 am  
Age: 3 - 5 years (with parent)  
Fee: \$70/NR \$75  
Min/Max: 7/15

## ROCKIN TOTS

Participate with your toddler in singing, chanting, moving, dancing, listening and playing simple percussion instruments. Activities will bridge the natural connection between music and movement; improve listening abilities, and increase exposure and appreciation to different types of music. This class is designed for a child and adult to participate together.

**Instructor: Angie Pope**

Location: Founders Community Center  
Day: Monday  
Dates: June 14 - July 26  
(No Class July 5)  
Time: 10:00 - 10:45 am OR 11:00 - 11:45 am  
Age: 1 - 2 years (with parent)  
Fee: \$70/NR \$75  
Min/Max: 7/15



## RAINBOW KIDS

Your toddler will love learning about colors and shapes, in this busy hands-on class. Multi-sensory activities, glue, tape, crayons, and paint will spark creativity, improve motor skills, and create an environment for social interaction. Parent may stay if child has trouble with separation.

**Instructor: Chris Johnson**

Location: Founders Community Center  
Day: Tuesday  
Session I: June 15 - 29  
Session II: July 13 - 27  
Time: 11:00 - 11:45 am  
Age: 3 - 5 years  
Fee: \$25/NR \$30  
Min/Max: 7/10

## WIGGLES & GIGGLES

Preschoolers will wiggle and giggle their way through this fun filled class while stretching their muscles and marching to music. Age appropriate activities will vary each week using balls, balloons and bubbles! Finger plays, rhymes and rhythm movements, hoops and parachutes are also included.

**Instructor: Chris Johnson**

Location: Founders Community Center  
Day: Thursday  
Session I: June 17 - July 1  
Session II: July 15 - 29  
Time: 9:30 - 10:15 am  
Age: 2 - 3 years (with parent)  
Fee: \$25/NR \$30  
Min/Max: 8/15

## I'M A BIG KID NOW

Does your child think they are a BIG KID? They will love this one week class. This class is a great introduction for this age, before they start school in the fall. They will interact with their peers during free play, while learning to share and take turns. They will use watercolor paints, markers and crayons to create little masterpieces. Your little one will experience many new things while having fun. Sign up for both sessions to get double the experience.

**Instructor: Sharon Koczor**

Location: Founders Community Center  
Day: Monday - Friday  
Session I: July 26 - 30  
Session II: August 2 - 6  
Time: 9:00 - 10:30 am  
Age: 2 1/2 - 3 years  
Fee: \$75/NR \$80  
Min/Max: 4/10

## ALL BY MYSELF

This class is to help the child practice separation from their parent/caregivers while engaging them in one of their first classroom experiences. Socializing, learning to share, playing, coloring, and listening to stories will all be part of the program. The instructor will guide these children through fun activities that will help develop their independence. A great jump start on preschool preparation. If a child has trouble with separation, the parent may stay with the child to wean them into the program.

**Instructor: Sharon Koczor**

Location: Founders Community Center  
Day: Tuesday & Thursday  
Session I: August 10 - 26  
Time: 9:00 - 9:45 am  
Age: 2 - 3 years  
Fee: \$60/NR \$65  
Min/Max: 4/10



The Frankfort Park District continues to follow guidelines from CDC, IDPH, Restore Illinois and local health officials to develop procedures to ensure we can provide a fun & safe recreational experience. For updates on current guidelines, please visit our website @ <https://www.frankfortparks.org/covid-guidelines/>

**LET'S GET READY FOR PRESCHOOL**

It's time to get ready and prepare for the new school year. These classes will help your child get a head start before the school year begins. We will review the alphabet, numbers, colors and shapes. Each day we will focus on a different skill. This will be a great opportunity for your child to develop social skills as well.

**Instructor:** Sharon Koczor

**Location:** Founders Community Center  
**Day:** Tuesday & Thursday  
**Date:** August 10 - 26  
**Time:** 10:00 - 11:00 am  
**Age:** 3 - 5 years  
**Fee:** \$65/NR \$70  
**Min/Max:** 4/15

**PRETTY LITTLE PRINCESS**

Calling all little princesses! Put on your beautiful gown, throw on your crown and join all these other little princesses in town. Every little girl wants to be a princess and today is the day to feel like one. We will make a fun craft to bring to The Ball. They will have a wonderful time dancing the night away.

**Instructor:** Sharon Koczor

**Location:** Susan Puent Building  
**Day:** Friday  
**Date:** May 21  
**Time:** 6:30 - 8:30 pm  
**Age:** 3 - 9 years  
**Fee:** \$25/NR \$30  
**Min/Max:** 4/15

**UNICORN PARTY**

Are you looking to have a happy go lucky fun time? Tonight is the night to fantasize about UNICORNS! Put on your unicorn attire and come shine. There will be plenty of sweetness and sprinkles as you decorate your own unicorn horn. This will be a yummy edible craft. Come sparkle and shine the night away! Please list any allergies at the time of registration.

**Instructor:** Sharon Koczor

**Location:** Susan Puent Building  
**Day:** Friday  
**Date:** June 4  
**Time:** 6:30 - 8:30 pm  
**Ages:** 3 - 9 years  
**Fee:** \$25/NR \$30  
**Min/Max:** 5/15

**BEGINNING POTTERY FOR KIDS - FATHER'S DAY**

Learn several basic pottery techniques to create your own works of art. We'll have project ideas for you or you can design your own pieces of art/jewelry. You are free to bring your own stamps, molds and cookie cutters if you have something cool you'd like to use. In week 1, you'll make your pieces and leave them with us to dry. In week 2, you'll decorate your pieces and take them home with you. We'll be using Crayola brand air dry clay and non-toxic paint/markers.

**Instructor:** Kim Bennett

**Location:** Founders Community Center  
**Day:** Wednesday  
**Date:** June 9 & 16  
**Time:** 6:00 - 7:00 pm  
**Age:** 5 - 10 years  
**Fee:** \$30/NR \$35  
**Min/Max:** \$20/NR \$25/ Additional child  
 6/12

**CUPCAKE DELIGHT**

Calling all bakers! What do most people like to eat? It's cupcakes of course! Each child will participate in a few easy steps by measuring and mixing all of the ingredients. The hardest part will be waiting for it to bake in the oven. The most enjoyable part will be frosting and decorating your own cupcake, and of course eating it. What a delicious delight! Please list any allergies at the time of registration

**Instructor:** Sharon Koczor

**Location:** Founders Community Center  
**Day:** Thursday  
**Date:** June 10  
**Time:** 6:30 - 8:30 pm  
**Age:** 3 - 9 years  
**Fee:** \$25/NR \$30  
**Min/Max:** 4/15

**FIESTA TIME - MAKE YOUR OWN MINI PINATA**

Looking for something fun and educational for your child to do this summer? In this one-day class children will decorate their very own mini piñata while singing songs in Spanish, learning Spanish words and discovering the Mexican culture. All materials are included.

**Instructor:** Language in Action

**Location:** Founders Community Center  
**Day:** Friday  
**Date:** June 11  
**Time:** 9:30 - 11:00 am  
**Age:** 4 - 10 years  
**Fee:** \$22/NR \$27  
**Min/Max:** 6/12

**VIRTUAL PROGRAMS**

Look for this symbols



Virtual Only Program

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)

new

**PARLATE ITALIANO? ITALIAN FOR KIDS**

Join us right from your living room as we explore new cultures and learn the Italian language via the interactive Zoom platform! Zoom login information will be emailed to participants before the first class.

**Instructor:** *Language in Action, Inc.*

Location: Zoom Platform  
 Day: Wednesday  
 Session I: June 16 - July 7  
 Session II: July 14 - August 4  
 Time: 6:15 - 7:00 pm  
 Age: 7 - 11 years  
 Fee: \$52/NR \$57  
 Min/Max: 6/12

new

**LET'S GET CREATIVE!  
CREATIVE WRITING FOR KIDS**

Let the creative juices flow! In this fun and interactive class, kids will use their own natural talent of creativity and imagination to learn how to effectively develop and write their own stories. Each session covers different activities and topics. Zoom login information will be emailed to participants before each session.

**Instructor:** *Language in Action*

Location: Zoom Platform  
 Day: Wednesday  
 Session I: June 16 - July 7  
 Session II: July 14 - August 4  
 Time: 10:30 - 11:30 am  
 Age: 7 - 12 years  
 Fee: \$52/NR \$57  
 Min/Max: 6/15

**IGNITE CHEERLEADING**

Our cheer classes are a great way to introduce your athlete to the sport of cheerleading. Athletes will learn level appropriate skills including but not limited to cheers, dance, jumps and motions. Our summer session will consist of 8 weeks and will end with an in-house virtual competition between all of our locations. In our 55-minute classes held once a week, coaches follow a detailed lesson plan to ensure that each student is learning while having fun. During the last class of the session, students will showcase everything they learned. The Ignite In-House Recreational Competition is OPITIONAL. If your athlete chooses to compete, there is a \$35 competition fee and a \$65 uniform fee. In order to participate, you need to also register with Ignite at [ignitecheerleading.com](http://ignitecheerleading.com). You will then receive a waiver and parent handbook which explains in detail payment for uniforms and practice expectations.

**Instructor:** *Ignite Cheerleading Staff*

Location: Founders Community Center  
 Day: Wednesday  
 Date: June 16 - August 4  
 Heat Division: 4 - 6 years/6:00 - 6:55 pm  
 Flame Division: 7 - 9 years/7:00 - 7:55 pm  
 Ignite Division: 10 - 14 years/8:00 - 8:55 pm  
 Fee: \$96/NR \$101  
 Min/Max: 10/30

new

**LET'S BUILD IT - OZOBOTS: UNPLUGGED!**

Ozobots Unplugged - A new coding class from Afterschool Enrichment Solutions brings screen-free coding! The amazing Ozobot rolls, spins, zig-zags, and dances, all at your command. Draw a line and the Ozobot follows it! Fill your line with different colors in specific sequences and the Ozobot springs into action! No computers are required - simply use paper, markers and a pint-sized but powerful robot to gain skills in logic, storytelling, sequencing, and problem-solving.

**Instructor:** *Afterschool Enrichment Solutions*

Location: Founders Community Center  
 Day: Thursday  
 Date: June 17 - July 22  
 Time: 4:30 - 5:30 pm  
 Age: 6 - 12 years  
 Fee: \$129/NR \$134  
 Min/Max: 6/12



new

**KIDS CUPCAKE WARS**

Jr. Chefs will enjoy this hands-on camp devoted to cupcakes. Begin making a variety of sizes and flavors of cupcakes and frostings and finish using toppings to add a decorative flair. The final day of this series will allow our Jr. Chefs to test out their newly acquired skills in a friendly competition that will be judged by local cupcake lovers.

**Instructor:** *Lesley Shworles*

Location: Founders Community Center  
 Day: Monday - Wednesday  
 Date: June 21 - 23  
 Time: 11:00 am - 1:00 pm  
 Age: 8 - 13 years  
 Fee: \$90/NR \$95  
 Min/Max: 6/12

**PARLEZ-VOUS FRANCAIS? FRENCH FOR KIDS**

Join us right from your living room as we explore new cultures and learn the French language via the interactive Zoom platform! Zoom login information will be emailed to participants before the first class.

**Instructor:** *Language in Action, Inc.*

Location: Zoom Platform  
 Day: Monday  
 Session I: June 21 - July 12  
 Session II: July 19 - August 9  
 Time: 6:15 - 7:00 pm  
 Age: 7 - 11 years  
 Fee: \$52/NR \$57  
 Min/Max: 6/12

**I SPEAK SPANISH!**

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new and exciting material!

**Instructor:** *Language in Action*

Location: Founders Community Center  
 Day: Tuesday  
 Session I: June 22 - July 13  
 Session II: July 20 - August 10  
 Time: 9:00 - 9:45 am  
 Age: 3 - 6 years  
 Fee: \$52/NR \$57  
 Min/Max: 6/12



### VAMONOS SPANISH CLUB FOR KIDS

Learning a second language can open a world of possibilities for your child. In this class, students will learn Spanish conversation and some Spanish grammar, reading and writing skills through interactive, engaging and fun activities and games. Each session covers new and exciting materials!

**Instructor: Language in Action**

Location:	Founders Community Center
Day:	Tuesday
Session I:	June 22 - July 13
Session II:	July 20 - August 10
Time:	10:00 - 10:45 am
Age:	6 - 11 years
Fee:	\$52/NR \$57
Min/Max:	6/12



### LEGO CRANIUM CONTRAPTIONS

Build and explore crazy contraptions that really work your brain. Students use LEGO Bricks, axles, pulleys, gears and motors to create fun and interactive models. Compete with friends in a rousing game of Battle Tops or Foosball. Put your hand-eye coordination to the test with the Ping Pong Potter model. Experiment with the Mini Fig Mover to see how this model will send your mini fig for a ride. All this and more are waiting to be discovered as students learn and play with Cranium Contraptions!

**Instructor: Bricks 4 Kidz**

Location:	Founders Community Center
Day:	Tuesday
Date:	June 22 - July 27
Time:	4:00 - 5:00 pm
Age:	6 - 12 years
Fee:	\$103/NR \$108
Min/Max:	4/16

### HAWAIIAN PARTY

Aloha! Let's go Hawaiian! Come dressed in any Hawaiian attire you may have. Everyone will participate in making some Hawaiian Salad. They will all enjoy tasting this yummy snack made with marshmallows! Trying to hula hoop and doing the "Hula Dance" will be a lot of fun too. Enjoying a warm night in Hawaii will be a great place to be on a summer night. Please list any allergies at the time of registration.

**Instructor: Sharon Koczor**

Location:	Susan Puent Building
Day:	Thursday
Date:	June 24
Time:	6:30 - 8:30 pm
Age:	3 - 9 years
Fee:	\$25/NR \$30
Min/Max:	4/15



### MANDALA ROCK PAINTING

Learn how to design and paint your own mandala project. All supplies will be included - you just have to bring your creativity. You'll have 2 large (3.5-5") rocks to paint. (Paint will be acrylics, washable but still a little messy.)

**Instructor: Kim Bennett**

Location:	Founders Community Center
Day:	Wednesday
Date:	June 30
Time:	6:30 - 7:30 pm
Age:	8 - 14 years
Fee:	\$25/NR \$30
	\$20/NR \$25/Additional child
Min/Max:	4/12

### MAGIC CLASS

Children will have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. New tricks are always taught each session!

**Instructor: Magic Team of Gary Kantor**

Location:	Founders Community Center
Day:	Tuesday
Date:	July 6
Time:	5:00 - 5:55 pm
Age:	5 - 12 years
Fee:	\$22/NR \$27
Min/Max:	6/15



### KIDS ADVANCED DONUT MAKING

In this advanced class Jr. Chefs will learn and make homemade donuts from scratch including their own icing. They will take home a ½ dozen donuts or more, that's of course if they don't eat them all. An assortment of toppings will be available to decorate their tasty treats!

**Instructor: Lesley Shworles**

Location:	Founders Community Center
Day:	Wednesday
Date:	July 7
Time:	10:00 am - 12:00 pm
Age:	8 - 13 years
Fee:	\$37/NR \$42
Min/Max:	6/12



### CHESS SCHOLARS

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will learn under the guidance of an experienced Chess Scholars coach.

**Instructor: Chess Scholars**

Location:	Founders Community Center
Day:	Wednesday
Date:	July 7 - August 11
Time:	4:30 - 5:30 pm
Age:	6 - 14 years
Fee:	\$108/NR \$113
Min/Max:	6/12

new

**I LOVE COOKIES**

If you love cookies, then this night of baking is for you. Grab your apron, put on your chef's hat, and come indulge in some yummy cookies. You will learn to read a recipe and follow directions. This is a hands on class, so everyone will get to participate in baking cookies. The type of cookie will be a surprise. Come make, bake, and enjoy sampling your cookie surprise. A recipe will be sent home with you to enjoy all over again. Please list any allergies at the time of registration.

**Instructor:** Sharon Koczor

Location: Founders Community Center  
 Day: Thursday  
 Date: July 8  
 Time: 6:30 - 8:30 pm  
 Age: 3 - 9 years  
 Fee: \$25/NR \$30  
 Min/Max: 4/15

**SAFE AT HOME**

This course will teach children who are home alone the importance of behaving responsibly and how to handle themselves when confronted with a challenge, such as answering the telephone or the door when parents are away. Topics covered include safety in the home, proper use of keys, what to do in case of an emergency, how to respond to strangers and general house rules. Fee includes workbook. Disclaimer: This course does NOT endorse children being home alone; that responsibility lies with the parents. This course simply prepares children to be safe and careful when parents are not immediately available.

Registration Deadline: July 5

**Instructor:** Donna Grove

Location: Founders Community Center  
 Day: Saturday  
 Date: July 10  
 Time: 10:00 - 11:30 am  
 Age: 6 - 10 years  
 Fee: \$35/NR \$40  
 Min/Max: 4/10

**FIRST AID FOR KIDS**

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons, and much more! Many hands-on activities will be provided for additional reinforcement. Upon completion of class, a Red Cross certificate will be received.

Registration Deadline: July 5

**Instructor:** Donna Grove

Location: Founders Community Center  
 Day: Saturday  
 Date: July 10  
 Time: 12:00 - 1:30 pm  
 Age: 8 - 10 years  
 Fee: \$35/NR \$40  
 Min/Max: 4/10

**EDIBLE SCIENCE**

Kids will create sweet treats while learning about science in the process. This is a mystery class so students all get to find out about their mystery experiments on the day of class!

**Instructor:** Lesley Shworles

Location: Founders Community Center  
 Day: Wednesday  
 Date: July 14  
 Time: 11:00 am - 1:00 pm  
 Age: 8 - 13 years  
 Fee: \$37/NR \$42  
 Min/Max: 6/12

**AMERICAN GIRL SUMMERTIME FUN**

Have fun hanging out with your favorite gal pal. Spend the day doing activities created for you and scaled down to meet the needs of your friend. Pampering and fun are in store for both you and your American Girl Doll, complete with a craft and a summertime snack. Don't forget to bring your favorite American Girl Doll along with you to class.

**Instructor:** Gina Barrett

Location: Founders Community Center  
 Day: Tuesday-Thursday  
 Date: July 13 - 15  
 Time: 5:00 - 6:30  
 Age: 4 - 11 years  
 Fee: \$55/NR \$60  
 Min/Max: 6/12

**PAINTED ROCKS TIC-TAC-TOE GAME**

Create your own Tic-Tac-Toe game set by painting rocks to look like ladybugs or honeybees and painting the game grid on a small canvas bag. (Stones will be 1.5-2", so may be a choking hazard for very young children. Paint will be acrylics, washable but still a little messy.)

**Instructor:** Kim Bennett

Location: Founders Community Center  
 Day: Wednesday  
 Date: July 21  
 Time: 6:30-7:30 pm  
 Age: 6 - 12 years  
 Fee: \$30/NR \$35  
 \$25/NR \$30/Additional child  
 Min/Max: 4/12

**MOVIE NIGHT MADNESS**

In this fun movie class, kids will learn to make homemade garlic bread sticks, s'mores popcorn, pretzel bites along with some cheesy dip and yummy caramel apple dip. Now all they need is their favorite feature film and some friends to share their yummy treats!

**Instructor:** Lesley Shworles

Location: Founders Community Center  
 Day: Friday  
 Date: July 23  
 Time: 11:00 am - 1:00 pm  
 Age: 8 - 13 years  
 Fee: \$37/NR \$42  
 Min/Max: 6/12

FOR ONLINE REGISTRATION  
 please visit  
[www.frankfortparks.org](http://www.frankfortparks.org)

**SUMMER PAJAMA PARTY**

Throw your PJ's on and bring a friend to join in on this summer night of fun. There will be some fun activities to do along with a craft. You will be comfy watching a movie with your PJ's on. Delicious popcorn will be included. Please list any allergies at the time of registration.

**Instructor: Sharon Koczor**

Location: Susan Puent Building  
 Day: Thursday  
 Date: July 29  
 Time: 6:30 - 8:30 pm  
 Age: 3 - 9 years  
 Fee: \$25/NR \$30  
 Min/Max: 5/15

**HOGWARTS STUDENTS WANTED!**

**new** Get ready for back to school, by becoming a student at Hogwarts first. Be sure to go shopping at Diagon Alley before arriving at class with supplies like your favorite pet and robe if you wish. You can skip the wand... it will choose you at school. The sorting hat will place you into your house for the week. You will be attending classes as well as playing some basic quidditch.

**Instructor: Gina Barrett**

Location: Founders Community Center  
 Day: Tuesday - Thursday  
 Date: August 10 - 12  
 Time: 6:00 - 7:30 pm  
 Age: 4 - 11 years  
 Fee: \$60/NR \$65  
 Min/Max: 6/12

**BUBBLE PAINTING**

**new** We'll add tempera paints to bubble solution and blow bubbles to create colorful masterpieces on canvas. This will be an outdoor activity. Tempera paint is washable, but dress for a little mess.

**Instructor: Kim Bennett**

Location: Founders Community Center  
 Day: Wednesday  
 Date: August 11  
 Time: 6:30 - 7:30 pm  
 Age: 6 - 12 years  
 Fee: \$20/NR \$25  
 Min/Max: 4/12

**LITTLE BAKERS**

Grab your apron and head to the kitchen at the park district. There soon will be something smelling good in the oven made by our Little Bakers. They will learn to follow a recipe and mix the ingredients. Each kid will be making their very own mini cheese cake that they will be able to eat. A recipe will be sent home so they can enjoy making it with someone else. Please list any allergies at the time of registration.

**Instructor: Sharon Koczor**

Location: Founders Community Center  
 Day: Thursday  
 Date: August 12  
 Time: 6:30 - 8:30 pm  
 Age: 3 - 9 years  
 Fee: \$25/NR \$30  
 Min/Max: 4/9

**IGNITE CHEERLEADING**

Our cheer classes are a great way to introduce your athlete to the sport of cheerleading. Athletes will learn level appropriate skills including but not limited to cheers, dance, jumps, motions and beginner stunts. Classes are held in two sessions; Fall & Winter/Spring. Each 14-week session will end with an in-house competition between all of our locations. In our 55-minute classes held once a week, coaches follow a detailed lesson plan to ensure that each student is learning while having fun. During the last class of the session, students will showcase everything they learned. The Ignite In-House Recreational Competition is OPTIONAL. If your athlete chooses to compete, there is a \$50 competition fee and a \$160 uniform fee. Uniforms remain the same until your athlete grows out of it (normally last up to two years). In order to participate, you need to also register with Ignite at [ignitecheerleading.com](http://ignitecheerleading.com). You will then receive a waiver and parent handbook, which explains in detail payment for uniform and practice expectations.

**Instructor: Ignite Cheerleading Staff**

Location: Founders Community Center  
 Day: Wednesday  
 Date: September 1 - December 8  
 (No class November 24)  
 Heat Division: 4 - 6 years/6:00 - 6:55 pm  
 Flame Division: 7 - 9 years/7:00 - 7:55 pm  
 Ignite Division: 10 - 14 years/8:00 - 8:55 pm  
 Fee: \$170/NR \$175  
 Min/Max: 10/30

**DATES ARE SUBJECT TO CHANGE**  
**Please visit our website for updates.**  
**[www.frankfortparks.org](http://www.frankfortparks.org)**

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)



### Frankfort On Pointe Dance Program

Summer is a wonderful time to work on your dance moves or try a new class to get ready for the fall session. This is a progressive program open to boys and girls ages 3 years and older. Students will be divided according to experience level in the following classes.

**Tap:** This dance emphasizes the flow of movement by teaching the dancer to find rhythms and beats not only in music but in their own bodies.

**Jazz:** Emphasis is on the importance of energy, rhythmical accuracy, and style. Each level of jazz is a continuation of the previous level and increases in difficulty.

**Ballet 1/2:** More advanced stretching and strengthening exercises are given, barre work is introduced with a greater emphasis on vocabulary and French terminology.

**Pre Dance:** This class introduces a structured environment while allowing children to recognize their own individuality and body mobility.

**Dance Fusion:** Concentration is on vocabulary, alignment and proper execution of movement, memorization and independence through sequential tasking. Dance genres covered in each session are ballet, jazz, tap, and creative movement.

**Leaps and Turns:** This class is designed to give more time and concentration on turning and leaping. In this class, the basic beginning turns will be worked on and then will move to the harder turns. Leaps and Turns classes focus on the most basic of turns (chaine, pique, pirouette) and variations of all of the above. Ballet – Leaps and Turns also progresses from basic leaps and jumps. The student’s goal is to execute a series of complicated turn and leap patterns technically correct and safely.

**Ballet 2/3:** This is more advanced stretching and strengthening exercises, barre work is continued with a greater emphasis on vocabulary, musicality, balance and coordination, as well as French terminology.

Instructor: “Ms. Marissa” Smith & “Ms.Bella” Roesing  
Location: Founders Community Center Dance Studio  
Fee: 30-minute class - \$45/NR \$50  
45-minute class - \$57/NR \$62

Day/Dates: Tuesday / July 13 - August 10  
Wednesday / July 14 - August 11  
Thursday / July 15 - August 12

Day	Class	Age	Time	Cost	Min/Max
T	Leaps & Turns 1	7-11 years	3:30-4:00 pm	\$45/\$50	5/12
T	Tap 1/2	7-11 years	4:00-4:30 pm	\$45/\$50	5/12
T	Jazz 1/2	7-11 years	4:30-5:15 pm	\$57/\$62	5/12
T	Ballet 1/2	7-11 years	5:15-6:00 pm	\$57/\$62	5/12
W	Leaps & Turns II	12-18 years	3:30-4:00 pm	\$45/\$50	5/12
W	Tap 2 / 3	12-18 years	4:00-4:30 pm	\$45/\$50	5/12
W	Jazz 2 / 3	12-18 years	4:30-5:15 pm	\$57/\$62	5/12
W	Ballet 2 / 3	12-18 years	5:15-6:00 pm	\$57/\$62	5/12
TH	Pre-Dance	3 & 4 years	3:30-4:00 pm	\$45/\$50	5/12
TH	Dance Fusion	5-6 years	4:00-4:45 pm	\$57/\$62	5/12

**Please request an information sheet regarding dance attire and shoe purchase at time of registration.**



For information on . . .  
**upcoming programs and events**  
Like us on Facebook.



### BABYSITTING TRAINING

This class focuses on providing youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly provide care for children and infants in the absence of parents. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave, and learn about basic child care and basic first aid. Certification for this class includes participant's workbook, emergency guide, and CD-Rom, as well as an American Red Cross Babysitters Training certificate. Attendance is required for the entire two days to receive certificate. Any exceptions need to be approved in advance by the instructor. Students wishing to achieve certification for Babysitters Training must attend both classes. The instructor will give the students 2, 15 minute breaks, please provide your child with a lunch and snack.

**Instructor: Donna Grove**

Location:	Founders Community Center
Day:	Saturday
Session I:	June 12
Session II:	August 28
Time:	9:00 am - 4:30 pm
Age:	11 - 15 years
Fee:	\$75/NR \$80
Min/Max:	9/12

### ZOOM SPANISH CLASSES FOR JR. HIGH SCHOOL



This class is a great supplement to Jr. High Spanish classes or may also be taken by students not enrolled in a school Spanish class. Students will learn Spanish grammar and communion skills that will give them a strong foundation for high school Spanish. Zoom login information will be emailed to participants before the first class.

**Instructor: Language in Action**

Location:	Zoom Platform
Day:	Tuesday
Session I:	June 15 - July 6
Session II:	July 13 - August 3
Time:	11:15 am - 12:00 pm
Age:	6th - 8th grade
Fee:	\$50/NR \$55
Min/Max:	4/6

### CHARACTER DESIGN MASTER COURSE

It's time to take your art to the next level. In this summer camp course, you will learn how to create an original, full character design step by step. We'll cover the elements and principles of art, how to use them to create full poses, face expressions, color theory and a full body colored image of your character. Create a full description of the character's personality, "pitch" your character idea to the class and the importance of having a portfolio and how to start putting one together. By the end of the class, you will experience the full process of how industry professionals create the characters you see from the big screen to the TV screen.

Supply List: Paper/Sketchbook of your choosing, pencil, eraser, color wheel, coloring utensils (pencils, markers, paint) or tablet/computer/software for digital art.

**Instructor: Gabrielle Willis**

Location:	Founders Community Center
Day:	Monday - Wednesday
Date:	June 28 - 30
Time:	10:00 am - 12:00 pm
Age:	11 - 16 years
Fee:	\$75/NR \$80
Min/Max:	5/9

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)



### MANDALA ROCK PAINTING

Learn how to design and paint your own mandala project. All supplies will be included - you just have to bring your creativity. You'll have 2 large (3.5-5") rocks to paint. (Paint will be acrylics, washable but still a little messy.)

**Instructor: Kim Bennett**

Location:	Founders Community Center
Day:	Wednesday
Date:	June 30
Time:	6:30 - 7:30 pm
Age:	8 - 14 years
Fee:	\$25/NR \$30 \$20/NR \$25/Additional child
Min/Max:	4/12

### ARCHERY 101 LESSONS

Whether you are new or an experienced archer, come out and enjoy 4 sessions of archery fun. Students will learn safety, proper technique and form, range procedures, and etiquette. There will be lots of shooting in each session, with challenges and fun competition mixed in. All BowDoc Archery Staff are USA Archery certified coaches. BowDoc Archery will supply all of the necessary equipment for this class. Please wear shoes that cover the entire foot.

**Instructor: BowDoc Archery Certified Coaches**

Location:	BowDoc Archery 18801 Unit 4 Wolf Road, Mokena
Day:	Tuesday
Date:	August 3 - 24
Time:	7:00 - 8:00 pm
Age:	8 - 17 years
Fee:	\$70/NR \$75
Min/Max:	8/20



## VIRTUAL PROGRAMS

Look for this symbols



Virtual Only Program



### HORSEBACK RIDING LESSONS

Master the discipline of horseback riding at Nova Quarter Horses; group riding lessons taught by experienced and passionate instructors, promote a safe and educational environment for riders of all ages to learn. With Nova's indoor and outdoor arenas, lessons are offered year round with flexible scheduling aimed at making your time at Nova convenient and fun. Please call ahead to reserve space in one of our many lessons! You can also visit their website at: [www.novaquarterhorses.com](http://www.novaquarterhorses.com) for additional information about the barn and the services they offer.

**Location:** Nova Quarter Horse, Inc.  
10129 W. 187th Street, Mokena IL  
(708) 479-3696  
**Age:** 6 years & older  
**Fee:** \$200/five 1- hour lessons/ Lessons are offered 6 days a week, please contact Nova Quarter Horse to schedule your lesson.  
**Min/Max:** Open

### GOLF LESSONS AT WHITE MOUNTAIN GOLF CLUB

Golf Lessons will be taught by Dennis Piotrowski, PGA Golf Professional and his staff. All students receive instruction in a group format, including proper grip, stance, full swing, pitching, putting and rules of the game. All students will receive a free pass for 9 holes of golf at White Mountain Golf Course. A \$5.00 range ball fee will be payable to the instructor at each class.

**Instructor:** Dennis Piotrowski  
**Location:** White Mountain Golf Club  
9901 West 179th St, Tinley Park  
**Day:** Thursday  
**Session I:** June 10 - July 8  
(No Class July 1)  
**Session II:** July 22 - August 12  
**Time:** 4:00 - 5:00 pm  
**Age:** 7 - 15 years  
**Fee:** \$79/NR \$84  
**Min/Max:** 4/8

### PEE WEE SPORTS

This class will introduce your child to the wonderful world of sports. A different sport will be played each week including floor hockey, soccer, t-ball, football, and basketball. This class is designed to create an interest in a variety of sports while developing listening and motor skills. These skills will be taught in a fun, non-competitive learning environment. Scaled down equipment will be used to better fit the size of the children.

**Instructor:** Bill Brannigan  
**Location:** Founders Community Center  
**Day:** Thursday  
**Date:** June 10 - July 8 (No Class July 1)  
**Time:** 1:00 - 1:45 pm  
**Age:** 4 - 6 years  
**Fee:** \$48/NR \$53  
**Min/Max:** 6/16



### LITTLE HITTERS

Throwing, catching, base running, fielding, and hitting will be taught in this introduction to T-ball. Skills will be taught in a fun and easy to learn environment. Non-competitive games will be played during each class allowing all participants to get involved. Soft baseballs and scaled down equipment will be used.

**Instructor:** Bill Brannigan  
**Location:** Founders Community Center  
**Day:** Thursday  
**Date:** June 10 - July 8 (No Class July 1)  
**Time:** 2:00 - 2:45pm  
**Age:** 4 - 6 years  
**Fee:** \$48/NR \$53  
**Min/Max:** 6/16

### FLOOR HOCKEY

Participants in this floor hockey class will learn the basic skills, terms and general playing tactics from a level 3 certified USA Hockey Coach. Having fun will be the primary objective with exercise and friendship building being a big part of class. Everyone should bring a water bottle and be ready to have some fun!

**Instructor:** Michael Deegan  
**Location:** Founders Community Center  
**Day:** Tuesday  
**Date:** June 15 - July 20  
**Time:** 4:45 - 5:30 pm  
**Age:** 3rd - 6th Grade  
**Fee:** \$53/NR \$58  
**Min/Max:** 8/16

### NINJA WARRIOR TRAINING

Come train like a Ninja Warrior! Kids will develop strength, speed, agility, balance, and coordination on obstacles that replicate ones from American Ninja Warrior. Kids will learn how to navigate obstacles correctly leading up to a group competition during the class.

**Instructor:** Bill Brannigan  
**Location:** Founders Community Center  
**Day:** Tuesday & Thursday  
**Date:** June 8 - 24  
**Time:** 3:00 - 4:00 pm  
**Age:** 8 - 11 years  
**Fee:** \$60/NR \$65  
**Min/Max:** 6/16

The Frankfort Park District continues to follow guidelines from CDC, IDPH, Restore Illinois and local health officials to develop procedures to ensure we can provide a fun & safe recreational experience. For updates on current guidelines, please visit our website @ <https://www.frankfortparks.org/covid-guidelines/>

**PEE-WEE GOLF**

Pee Wee Golf classes are for youngsters ages 3-5 with little or no experience. Classes are designed to introduce kids to the game of golf, in a fun and relaxed environment. They will learn the basic fundamentals including; full swing, grip, and posture, stance, chipping, and putting. All participants will even get a chance to play on the course. Everyone will get a video of their swing. SNAG equipment will be used to simplify the learning process. If you don't have clubs, the instructor will supply. \$5 ball fee payable each week.

**Instructor:** *Suzie Owens, LPGA Teaching Professional*

**Location:** White Mountain Golf Course  
9901 West 179th St, Tinley Park

**Day:** Saturday

**Session I:** June 5 - July 17  
(No class July 3)

**Session II:** July 24 - August 28

**Time:** 9:00 - 9:45 am OR 10:00 - 10:45 am

**Age:** 3 - 6 years

**Fee:** \$64/NR \$69

**Min/Max:** 4/7

**KARATE KIDS**

This class introduces young children to the martial arts. Participants will learn and develop basic karate skills, techniques and principles. Through a variety of fun activities, children will improve motor skills, physical fitness, and gain confidence. Just added is a "Just Kick It" program designed for kids to work on various techniques and skills added from the handout each session. There is a \$25 fee for testing, which includes belt and certificate.

**Instructor:** *Master David Smith, 6th Degree Black Belt*

**Location:** Founders Community Center

**Day:** Tuesday

**Date:** June 22 - August 10

**Time:** 6:00 - 6:30 pm

**Age:** 4 - 7 years

**Fee:** \$65/NR \$70

**Discounts:** ½ off additional family members

**Min/Max:** 6/20

**FAMILY KARATE**

This is a great way for family's to learn a sport together. Parents and children can get fit, bond with each other and have fun while learning martial arts and self-defense. We will work on various techniques and skills that will build confidence, allow you to earn belt ranks and strive for excellence together. Individuals are welcome as well.

**Instructor:** *Master David Smith, 6th Degree Black Belt*

**Location:** Founders Community Center

**Day:** Tuesday

**Date:** June 22 - August 10

**Time:** 6:30 - 7:45 pm

**Age:** 8 years & older

**Fee:** \$89/NR \$94

**Discounts:** ½ off additional family members

**Min/Max:** 6/20

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)

**GYMNASTICS**

United Gymnastics Academy is a place for all ages to learn the sport of gymnastics and tumbling. Gymnastics is the cornerstone of all sports and the perfect foundation for beginning your child's athletic training. Through gymnastics, your child will increase his/her coordination, physical agility, self-confidence, listening skills, work ethic, and leadership. He or she will also learn to respect teachers and classmates. UGA provides a positive atmosphere with well-trained staff and the newest facility in the south suburbs of Chicago. Please note: Program dates and times are subject to change.

**Location:** United Gymnastics Academy

**Dates:** July 6 - August 30

**GYM CUBS**

**Day/Time:** Tuesday/9:00 - 9:50 am  
Thursday/5:00 - 5:50 pm

**Age:** 2 - 3 years

**Fee:** \$120/NR \$125

**GYM LIONS**

**Day/Time:** Tuesday/11:00 - 11:50 am  
Wednesday/5:00 - 5:50 pm

**Age:** 3 years

**Fee:** \$120/NR \$125

**LION KINGS**

**Day/Time:** Tuesday/10:00 - 10:50 am  
Wednesday/6:00 - 6:50 pm

**Age:** 4 - 5 years

**Fee:** \$120/NR \$125

**BEGINNER GIRLS GYMNASTICS**

**Day/Time:** Monday/5:00 - 6:00 pm

**Age:** 6 - 18 years

**Fee:** \$130/NR \$135

**BEGINNER BOYS GYMNASTICS**

**Day/Time:** Monday/4:00 - 5:00 pm

**Age:** 6 - 14 years

**Fee:** \$130/NR \$135





### SOCCER SHOTS

Soccer Shots is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Our age-appropriate curriculum is written by educational and soccer professionals, which allows for a positive learning environment. Through fun games and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

**Instructor: Soccer Shots**

Location: Founders Community Center  
Day: Thursday

Sessions I: July 8 - August 12  
Age /Time: 2 years (with parent)/11:15 - 11:45 am  
Age /Time: 3.5 - 5 years/12:00 - 12:45 pm  
Age/Time: 3.5 - 5 years/3:30 - 4:15 pm  
Age/Time: 6 - 9 years/4:15 - 5:00 pm

Session II: August 26 - September 30  
Age /Time: 2 years (with parent)/11:15 - 11:45 am  
Age /Time: 3.5 - 5 years/12:00 - 12:45 pm

Fee: \$80/NR \$85  
Min/Max: 4/12



### PARENT/CHILD ARCHERY

Students will learn safety, proper technique, form, and shooting etiquette. The class will conclude with a tournament to crown new champion archers. The coaches at BowDoc Archery are USA Certified. All levels of shooters are welcome from total beginners to experienced archers. BowDoc Archery will supply all of the equipment and Frankfort Park District will provide a snack during break.

**Instructor: BowDoc Archery Certified Coaches**

Location: BowDoc Archery  
18815 Unit 4 Wolf Road, Mokena  
Day: Sunday  
Date: July 18  
Time: 5:30 - 7:30 pm  
Age: 8 years & older  
Fee: \$50/NR \$55/Couple  
\$25/additional participant  
Min/Max: 10/20 (Total Participants)

### LITTLE DRIBBLERS BASKETBALL

This program is designed to be instructional with an emphasis placed on learning the fundamental skills of basketball in a fun and entertaining environment. There will be group instruction on dribbling, passing, shooting and defense with special contests and a personalized award. You won't want to miss a second of this class! This program is sure to get your son/daughter ready for the Frankfort youth basketball league in the fall.

**Instructor: Dave Esterkamp**

Location: Founders Community Center  
Day: Wednesday  
Date: July 21 - August 25  
Time: 4:15 - 5:00 pm  
Age: 1st - 3rd Grade  
Fee: \$49/NR \$54  
Min/Max: 8/16

### ELITE BASKETBALL TRAINING

This is a high intensity basketball training program. It is designed for the players who are serious about achieving the goals they have set for themselves in the game of basketball. Each workout will focus on the different skills of the game, along with footwork, speed and agility. At the end of the six sessions, each player will receive an individualized skills evaluation. Workouts will be conducted by Dave Esterkamp.

**Instructor: Dave Esterkamp**

Location: Founders Community Center  
Day: Wednesday  
Date: July 21 - August 25  
Time: 5:00 - 5:45 pm  
Age: 9 - 14 years  
Fee: \$49/NR \$54  
Min/Max: 8/16



### ARCHERY 101 LESSONS

Whether you are new or an experienced archer, come out and enjoy 4 sessions of archery fun. Students will learn safety, proper technique and form, range procedures, and etiquette. There will be lots of shooting in each session, with challenges and fun competition mixed in. All BowDoc Archery Staff are USA Archery certified coaches. BowDoc Archery will supply all of the necessary equipment for this class. Please wear shoes that cover the entire foot.

**Instructor: BowDoc Archery Certified Coaches**

Location: BowDoc Archery  
18815 Unit 4 Wolf Road, Mokena  
Day: Tuesday  
Dates: August 3 - 24  
Time: 7:00 - 8:00 pm  
Age: 8 - 17 years  
Fee: \$70/NR \$75  
Min/Max: 8/20

**ALL STAR SPORTS MULTI-SPORT**

This is for the all-around athlete or for a child who wants to take a shot at different sports! Stay active and work on balance, motor skills and hand eye coordination all while learning the rules of baseball, football, floor hockey, soccer, basketball and more! We will focus on a new sport each class and work on basic rules and mechanics all while we play games that keep everyone moving. There's no reason to pick a sport when you can play them all!

**Instructor:** All Star Sports

**Location:** Founders Community Center  
**Day:** Monday  
**Dates:** July 26 - August 30  
**Time:** 4:30 - 5:30 pm  
**Age:** 5 - 8 years  
**Fee:** \$73/NR \$78  
**Min/Max:** 6/12

**ALL STAR SPORTS SOFTBALL**

Our top notch softball trainers will cover the importance of proper throwing mechanics, rotational hitting, bunting, fielding, pitching and catching. Speed and agility will be added to increase core strength & mobility for added bat speed, range in the field and linear speed for base running. In game strategies will be taught to increase each players overall knowledge.

**Instructor:** All Star Sports

**Location:** Founders Community Center  
**Day:** Monday  
**Dates:** July 26 - August 30  
**Time:** 5:30 - 6:30 pm  
**Age:** 8 - 12 years  
**Fee:** \$73/NR \$78  
**Min/Max:** 6/12

**BADMINTON**

Badminton is not just a PE unit on the monthly lesson plan, it has also been a recognized Olympic Sport since 1992. Participants from beginner to advanced players are welcome to participate. The session will end with a friendly tournament among the group. Come learn, play, and compete. Come join the fun!

**Instructor:** Steve Evenhouse

**Location:** Founders Community Center  
**Day:** Thursday  
**Date:** August 5 - September 16  
 (No Class September 2)  
**Time:** 5:00 - 6:00 pm  
**Grade:** 7 - 12  
**Fee:** \$60/NR \$65  
**Min/Max:** 6/12

**INDOOR FLAG FOOTBALL LEAGUE**

In an effort to provide a safe alternative to the rough and tough game of football, the Frankfort Park District has partnered with ROMA Sports Club to provide an Indoor Youth Flag Football League. The league consist of weekly 1 hour practices and an eight game regular season with post season tournament. Volunteer coaches are needed to make this program successful. Fill out the volunteer coaches registration in person or at <https://www.teamsideline.com/Frankfort>.

\*Registration Deadline September 20. A \$10 late fee will be charged after the deadline.

\*Volunteer coaches meeting will be held at Roma Sports Club on Monday, October 4 @ 6:30 pm.



**Location:** ROMA Sports Club  
 9115 Roma Ct., Frankfort  
**Day:** Monday or Tuesday Practices & Saturday Games  
**Date:** October 11 - December 18  
 (NO Practices/Games November 22 & 27)  
**Times:** Practice: 5:00 pm, 6:00 pm, 7:00 pm, & 8:00 pm  
 \*Games: 8:30 am - 3:00 pm  
**Grade:** 1st - 2nd, 3rd - 4th, 5th - 6th & 7th - 8th Grade  
**Fee:** \$130/NR \$135

\*Your child will play one game scheduled anytime between 8:30am -3:00pm. Game scheduled will be released after the first practice.

# FIRE-STARTERS DEVELOPMENTAL SOCCER LEAGUE



The Fire Starters Staff will conduct an instructional soccer program focusing on the basic skills for the beginning and novice youth players, ages 4 years through 6th grade. This program will consist of a training session (weekday) and games on Saturdays. The training curriculum will be age appropriately designed to create a fun and exciting environment for maximum participation for each player. All training sessions will be conducted by Fire Starters staff coaches. As always, volunteer parent coaches will be needed to ensure the successful operation of this program. Each player will receive a t-shirt for games. T-shirts will be distributed at the 2nd practice. All players are required to wear Shin Guards and shorts to all games and practices. Don't forget to bring a soccer ball to all training sessions.

#### **Instructor: Fire Starters Staff**

**Location:** Commissioners Park Soccer Fields  
**Date:** August 10 - October 16\*  
 (No games August 14 & September 4)  
 \*Final week is make-up for rain out days! (If needed)  
**Fee:** \$115/NR \$120  
 (\$5 off for additional siblings)

**Age:** 4 years - Kindergarten  
**Session I:** Tuesday/5:00 - 6:00 pm  
 Saturday/9:00 am - 2:00 pm\*  
**Session II:** Thursday/5:00 - 6:00 pm  
 Saturday/9:00 am - 2:00 pm\*

**Age:** 1st - 3rd grade  
**Session III:** Tuesday/6:00 - 7:00 pm  
 Saturday/9:00 am - 2:00 pm\*  
**Session IV:** Thursdays/6:00 - 7:00 pm  
 Saturday/9:00 am - 2:00 pm\*

**Age:** 4th - 6th grade  
**Session V:** Thursday/6:00 - 7:00 pm  
 Saturday/9:00 am - 2:00 pm\*

#### **Registration Deadline: July 27**

A \$10 late fee will be added if registered after July 27

\*Games are held on Saturdays and scheduled every hour between the hours of 9:00 am to 2:00 pm. Game schedules will be announced at the start of the league.

Please be sure to take a League Welcome Letter at your time of registration.

#### **Registration Guidelines**

Registration for the Fire Starters Soccer League is available online and in person at the Founders Community Center. For questions please contact the Frankfort Park District at 815-469-9400.

#### **Team Sideline**

The Frankfort Park District uses TeamSideline to manage the Youth Soccer League Teams. This means each Frankfort Park District Youth Soccer Team has its own TeamSideline Team Site – and each Team Site will include the Coach information and roster of players. Dates, times and locations for practices and games are also added as soon as they are available to be published. Please be sure to add no-reply@teamsideline.com to your approved senders list on your email to avoid communication issues.

#### **Volunteer Coaches**

Volunteer parent coaches are needed to ensure the successful operation of this program. If interested in volunteering please fill out the volunteer coach's registration in person or online at <http://www.teamsideline.com/sites/frankfort/home>.

The volunteer coaches meeting will be held on August 3<sup>rd</sup> from 6:00 - 7:00 pm at the Founders Community Center.

#### **General Info**

Fire Starters Developmental Soccer League will focus on the growth and development of basic skills with emphasis on FUN! Please remember that while the children are competing that this is a recreational league where the score and standings are not recorded.

#### **COVID Guidelines**

Please visit <https://www.frankfortparks.org/league-information/youth-soccer-leagues/>



# Adult Athletic Programs



## OPEN PICKLEBALL

The Frankfort Park District is now offering dedicated open play at the new Pickleball Courts at Commissioners Park through the summer. With dedicated times beginners can meet to play and learn together while more advanced players can gather to compete.

Location: Commissioners Park Pickleball Courts  
Date: May 11 - July 29  
Time: 5:00-7:00

Day: Tuesdays  
Level/Rating: Beginners (1.0 - 2.0)

Day: Thursday  
Level/Rating: Advance Beginners (2.5 - 3.0)



## PICKLEBALL CLINIC

Come experience the growing game of Pickleball. Certified IPTPA instructor Cindy Heidkamp will teach Pickleball basic skills & rules of play. You will be on your way to meeting new people & staying active. Everyone can play on the first day! Equipment will be provided for clinics. Pre-registration is required.

**Registration Deadline: One week prior to the program date.**

**Instructor: Cindy Heidkamp**

Location: Commissioners Park Pickleball Courts  
Day: Tuesday  
Session I: June 8  
Session II: July 13  
Time: 6:00 - 7:00 pm  
Age: 18 years & older  
Fee: \$10  
Min/Max: 6/24



The Frankfort Park District continues to follow guidelines from CDC, IDPH, Restore Illinois and local health officials to develop procedures to ensure we can provide a fun & safe recreational experience. For updates on current guidelines, please visit our website @ <https://www.frankfortparks.org/covid-guidelines/>

## GOLF LESSONS AT WHITE MOUNTAIN GOLF CLUB

Golf Lessons will be taught by Dennis Piotrowski, PGA Golf Professional and his staff. All students receive instruction in a group format, including proper grip, stance, full swing, pitching, putting and rules of the game. All students will receive a free pass for 9 holes of golf at White Mountain Golf Course. A \$5.00 range ball fee will be payable to the instructor at each class. Students are to bring a 7-iron to the first class.

**Instructor: Dennis Piotrowski**

Location: White Mountain Golf Club  
9901 West 179th St, Tinley Park

Day: Thursday  
Session I: June 10 - July 8 (No Class July 1)  
Session II: July 22 - August 12  
Time: 5:30 - 6:30 pm  
Age: 16 years & older  
Fee: \$79/NR \$84  
Min/Max: 4/8

## ADULT TENNIS LESSONS

Is your old racquet collecting dust? Have you never played tennis before but it looks fun? Looking to continue your skills? Come out to the courts and give it a go! Certified USPTA Professional Cindy Heidkamp and the Lincoln Way Area CTA staff will work with all players on the basics of the game. Instruction on groundstrokes, volleys, serves and rules of the game will be covered. A drill and play format will provide both skill practice and match play. Loaner racquets will be available the first day.

**Instructor: Lincoln Way Area CTA Staff**

Location: Lincoln Way East Tennis Courts  
Day: Monday - Thursday (Rain days on Fridays)  
Session I: June 14 - 17  
Session II: June 28 - July 1  
Session III: July 19 - 22  
Session IV: August 9 - 12  
Time: 6:00 - 7:30 pm  
Age: 18 years & older  
Fee: \$68/NR \$73  
Min/Max: 4/10



## WOMENS SELF DEFENSE

This course is designed to teach you how to defend yourself against an attacker. It will also help you to be aware of your surroundings so you can avoid conflict before it happens. You will be taught various techniques that you can use to stop or break free from an attacker and help prevent an assault. Please wear loose fitting comfortable clothing and bring a water bottle.

**Instructor: Master David Smith, 6th Degree Black Belt**

Location: Founders Community Center  
Day: Saturday  
Date: July 24  
Session I: 9:00 - 11:00 am  
Session II: 1:00 - 3:00 pm  
Age: 16 years & older  
Fee: \$35/NR \$40  
Min/Max: 4/15



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### PARENT/CHILD ARCHERY

Students will learn safety, proper technique, form, and shooting etiquette. The class will conclude with a tournament to crown new champion archers. The coaches at BowDoc Archery are USA Certified. All levels of shooters are welcome from total beginners to experienced archers. BowDoc Archery will supply all of the equipment and Frankfort Park District will provide a snack during break.

**Instructor:** BowDoc Archery Certified Coaches

**Location:** BowDoc Archery  
18815 Unit 4 Wolf Road, Mokena

**Day:** Sunday

**Date:** July 18

**Time:** 5:30 - 7:30 pm

**Age:** 8 years & older

**Fee:** \$50/NR \$55/Couple  
\$25/additional person

**Min/Max:** 10/20 (Total Participants)

### MENS' BASKETBALL LEAGUE

Sign up now for this exciting league. Team registrations only, no individual sign ups. The league will consist of one 21+ Division. Games will consist of (2) twenty minute halves (running clock). League fee includes gym usage, referee fee, and Prize Money! Rosters are limited to 10 players per team. Grab your buddies; it will be a slam dunk! NOTE: All teams must provide their own numbered jersey or t-shirt.

**Registration Deadline: July 1**

**Location:** Founders Community Center

**Day:** Thursday

**Date:** July 8 - August 26

**Time:** TBA

**Division:** 21+

**Fee:** \$475/NR \$525  
(includes regular season/playoffs)

**Min/Max:** 4/8 Teams

## Adult Softball Leagues

### CO-REC 12" SOFTBALL LEAGUE

Get a group of friends together and enjoy this recreational co-ed softball league. The league will consist of eight teams playing an 8 game schedule with a single elimination tournament for the top 4 teams at the end of the season. Games will be played on Friday nights at 6:30, 7:30, 8:30 and 9:30 pm. A trophy will be awarded to the league champion. Cash prizes will be awarded to the league champion and runner-up. A non-refundable \$225 deposit is due at the time of registration to hold your spot in the league. The balance is due on May 26 to ensure placement into the league. Team packets, rules and softballs will be available for pick up on or after June 2 at the Founders Center, 140 Oak Street.

**Location:** Commissioners Park

**Day:** Wednesday

**Date:** June 9 - August 11  
(includes post season tournament)

**Time:** Games start at 6:30, 7:30, and 8:30pm

**Age:** 18 years & older

**Fee:** \$525/NR\$575

**Min/Max:** 4/6 Teams



### MEN'S FALL 12" SOFTBALL LEAGUE

Get a group of friends together and enjoy this Recreational Men's Softball League. The league will consist of teams playing a eight game schedule with a single elimination tournament for the top 4 teams at the end of the season. Games will be played on Wednesday nights starting at 6:30pm. Cash prizes will be awarded to the post season tournament champion. A non-refundable \$225 deposit is due at signup to hold your spot in the league. The balance is due on Wednesday, August 11th to ensure placement into the league. Team packets, rules and softballs will be available on Wednesday, August 18th for pickup at the Founders Center, 140 Oak Street.

**Location:** Commissioners Park

**Day:** Wednesday

**Date:** August 25 - October 20

**Time:** Games start at 6:30pm

**Age:** 18 years & older

**Fee:** \$525/NR \$575

**Min/Max:** 4/8



### WALKING CLUB

If it is too hot to walk outside, then join us indoors and become a member of our senior walking club. Although registration is free, you must fill out a registration form to become a member. \* Days/times are subject to change. Please check the calendar for availability.

Location: Founders Community Center Gym  
 Days: Monday, Wednesday, & Friday  
 Dates: Year round \*  
 (Calendars available at the office)  
 Time: 11:00 am - 3:00 pm  
 Age: 55 years & older  
 Fee: FREE



### FIT BOOMERS

Formerly Get Fit While You Sit. This class is perfect for "Older Adults" or as a "Starting Point" for beginner exercisers. This class helps battle against osteoporosis, joint and back pain, and falling. When we build muscle, we build bone. When the muscles supporting the spine and the joints are strong and flexible, we have less pain and risk of injury. As we age, our ability to balance declines. Since the consequences of falling for older adults can be severe - even fatal - balance training is essential. Exercises are performed seated and/or standing using chairs, weights, and other equipment, which are provided for you. No previous exercise experience necessary. **Join us for a FREE demo on June 9 @ 9:30 am at the Founders Center - Pre-registration required.**

**Instructor: Arlene Santiago**

Location: Founders Community Center  
 Days: Monday & Wednesday  
 Session I: June 14 - July 14  
 (No Class July 5)  
 Session II: July 26 - August 25  
 Time: 9:30 - 10:30 am  
 Age: 30 years & older  
 Fee Session I: \$45  
 Fee Session II: \$50  
 Min/Max: 15/30

### PILATES



Pilates is a strengthening and lengthening form of exercise that focuses on core muscles, while also training upper and lower body. Benefits of Pilates exercise include improved posture, better coordination/balance, increased lung capacity, improved concentration/focus, increased body awareness, and stress management. Come enjoy a beneficial and fun hour of your week. Please bring a mat and water bottle to class.

**Instructor: Nancy Richmond**

Location: Founders Community Center  
 Days: Monday  
 Session I: June 7 - July 19  
 (No Class July 5)  
 Session II: July 26 - August 30  
 Time: 11:15 am - 12:15 pm  
 Age: 18 years & older  
 Fee: \$55/NR \$60  
 Min/Max: 6/20

### BUTTS & GUTS TONING

A focused workout targeting the lower body, designed to sculpt and firm your core, butt and thighs. This series will include, but is not limited to: squat & lunge variations, fitness balls, resistance bands, and plenty of mat-work (planks, bridges, crunches). ALL FITNESS LEVELS WELCOME - you'll be working at your own pace to achieve YOUR personal best. Please bring a water bottle, a towel, a yoga mat, and wear comfy workout clothes - we're gonna get sweaty!

**Instructor: Kim Bennett**

Location: Founders Community Center  
 Day: Monday  
 Session I: June 7 - July 19  
 (No Class July 5)  
 Session II: July 26 - August 30  
 Time: 7:15 - 8:00 pm  
 Age: 16 years & older  
 Fee: \$49/NR \$54  
 Min/Max: 6/9

### GENTLE YOGA



Gentle yoga is a great class for anyone new to yoga or the continuing practitioner. Yoga helps to develop strength, balance and flexibility and helps calm the mind. We will work at a slow and steady pace using blocks and straps to aid in alignment. Friendly to any fitness level! Please bring a yoga mat.

**Instructor: Mary Dempsey, 200 CYT, DSWHI Health Coach**

Location: Founders Community Center  
 Days: Tuesday &/OR Thursday  
 Session I: June 8 - July 15  
 Session II: July 27 - September 2  
 Time: 9:00 - 10:00 am  
 Age: 18 years & older  
 Fee: \$60/NR \$ 65 (1x week)  
 \$95/NR \$100 (2x week)  
 Min/Max: 5/12



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## VIRTUAL PROGRAMS

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Virtual Option Available

## ZUMBA

Do you want to love working out, burn tons of calories and get hooked? Join our dynamic Zumba. Instructor Lisa to achieve long term benefits while having a blast. Zumba combines Latin rhythms and easy to follow moves to create an awesome, exhilarating workout that will leave you breathless and wanting more. Come join us for an hour of energizing, awe-inspiring, hip swinging, whole body movements meant to engage and captivate!

**Instructor: Lisa Corrao**

Location:	Founders Community Center
Day:	Tuesday
Session I:	June 8 - July 13
Session II:	July 27 - August 31
Time:	6:00 - 7:00 pm
Age:	21 years & older
Fee:	\$50/NR \$55
Min/Max:	6/10

## HEALTHY MOVEMENT YOGA

Stay fit, healthy and flexible with this class. Yoga helps build strength, improve balance and flexibility while promoting calmness. Feel healthier, energized and more agile in your everyday movements. Please bring a mat and water bottle to class.

**Instructor: Mary Dempsey, 200 CYT, DSWHI Health Coach**

Location:	Founders Community Center
Day:	Wednesday
Session I:	June 9 - July 14
Session II:	July 28 - September 1
Time:	9:00 - 10:00 am
Age:	18 years & older
Fee:	\$60/NR \$65
Min/Max:	5/12



## GOOD MORNING STRETCH CLASS

Do you wake up feeling stiff and sore every morning? Does that stop you from doing things that you enjoy? Did you know that it doesn't have to be that way? The Good Morning Stretch Class is designed to empower you to release your muscle tension using gentle, safe and effective stretches on the floor to improve your overall flexibility and mobility which can help to improve postural imbalances and pain. Please bring your yoga mat.

**Instructor: Laurie Myers, CPT, PTA, LMT, 200 CYT**

Location:	Founders Community Center
Day:	Tuesday &/OR Thursday
Session I:	June 8 - July 15
Session II:	July 27 - September 2
Time:	8:15 - 9:15 am
Age:	16 years & older
Fee:	\$52/NR \$57 (1x/week) \$72/NR \$77 (2x/week)
Min/Max:	6/9



## BONES, BALANCE, AND STRENGTH

This 50-min movement-based class is designed to help you become stronger (both muscles and bones) while improving balance, posture & coordination. We will use a variety of equipment: dumb bells, bands, Pilates balls etc.

**Instructor: Nancy Richmond**

Location:	Founders Community Center
Days:	Thursday
Session I:	June 10 - July 22 (No Class July 1)
Session II:	July 29 - September 2
Time:	9:30 - 10:20 am
Age:	18 years & older
Fee:	\$40
Min/Max:	6/20

## GOOD MOVES-GOOD HABITS

Do something Good for You! This class explores how we use our bodies in our everyday movements, the way we sit, walk and stand. With simple movements we can move away from pain and tight muscles. You will also learn some tips to make Good for You changes in lifestyle, attitude and nutrition. Get a simple healthy recipe each week! Start to make small changes that are Good for You!

**Instructor: Mary Dempsey, 200 CYT, DSWHI Health Coach**

Location:	Founders Community Center
Day:	Friday
Session I:	June 11 - July 23 (No Class July 2)
Session II:	August 6 - September 10
Time:	9:00 - 10:00 am
Age:	18 years & older
Fee:	\$60/NR \$65
Min/Max:	5/10

## TOTAL STRENGTH, CORE & MORE!

This class strengthens and sculpts upper body, lower body and core muscles through the use of weights, stability balls, and other resistance equipment - all provided for you. With focus on proper alignment and form, you will safely and effectively tone muscles, increase bone density, boost metabolism rate, and more. Bring your own mat and water.

**Instructor: Laurie Myers, CPT, PTA, LMT, 200 CYT**

Location:	Founders Community Center
Day:	Tuesday &/OR Thursday
Session I:	June 8 - July 15
Session II:	July 27 - September 2
Time:	9:30 - 10:30 am
Age:	16 years & older
Fee:	\$52/NR \$57 (1x/week) \$72/NR \$77 (2x/week)
Min/Max:	6/20





### WOMENS SELF DEFENSE

This course is designed to teach you how to defend yourself against an attacker. It will also help you to be aware of your surroundings so you can avoid conflict before it happens. You will be taught various techniques that you can use to stop or break free from an attacker and help prevent an assault. Please wear loose fitting comfortable clothing and bring a water bottle.

**Instructor: Master David Smith, 6th Degree Black Belt**

Location:	Founders Community Center
Day:	Saturday
Date:	July 24
Session I:	9:00 - 11:00 am
Session II:	1:00 - 3:00 pm
Age:	16 years & older
Fee:	\$35/NR \$40
Min/Max:	4/15



### YIN YOGA

If you sit all day for work, have a repetitive job, an over active mind or just need to relax and sleep better, this practice is for you! Yin Yoga is meditative based practice of yoga, which helps us quiet our mind while opening our body. It is a sequence of floor postures that flow together to address and release deep fascial restrictions. Each gentle posture is held for 3-5 minutes and helps to calm and soothe the nervous system. No yoga experience necessary and equipment is minimal. Yoga mat, block, pillow, strap/belt, and open mind.

**\*Join me for a free informational session on Monday, May 24 @ 6:00 pm**

**Instructor: Laurie Myers, CPT, PTA, LMT, 200 CYT**

Location:	Founders Community Center
Days:	Monday
Session I:	June 7 - July 12
Session II:	July 26 - August 30
Time:	6:00 - 7:00pm
Age:	18 years & older
Fee:	\$65/NR \$70
Min/Max:	6/12



### MYOFASCIAL RELEASE

This 60 minute informative self-care class is designed to increase your body awareness, improve mobility, and decrease your pain/discomfort using a small self-treatment ball (included). You will learn how the fascial system could be contributing to your pain and/or tightness. How to connect and tune in to your body so you can hear the pain messages before they are out of control. Learn how 10-15 minutes of simple self-care techniques a day can improve your quality of life. Please wear comfortable clothing and bring a yoga mat.

**\*Join me for a free informational session on Monday, May 24 @ 6:00 pm**

**Instructor: Laurie Myers, CPT, PTA, LMT, 200 CYT**

Location:	Main Park
Days:	Wednesday
Session I:	June 9 - 30
Session II:	July 28 - August 18
Time:	6:00 - 7:00pm
Age:	18 years & older
Fee:	\$75/NR \$80
Min/Max:	6/12

### STROLLER STRIDES

Stroller Strides® is a functional, total-body conditioning workout designed for moms with kids in tow. Each 60-minute workout is comprised of strength training, cardio and core restoration, all while entertaining little ones with songs, activities and fun! Each Stroller Strides instructor is skilled to meet you where you are mentally and physically. You'll leave class feeling connected, successful and energized! This class is all about self-care in a supportive and encouraging environment. To register please visit: [frankfort.fit4mom.com](http://frankfort.fit4mom.com) or contact [MichelleMarinello@fit4mom.com](mailto:MichelleMarinello@fit4mom.com)

Instructor:	FIT4MOM Instructor
Location:	Main Park
Days:	Monday & Wednesday
Dates:	May 3 - October 27
Time:	9:30 - 10:30 am
Age:	18 years & older

### STRIDES 360

Strides 360 is a workout designed to increase your endurance while also developing speed, agility and quickness to help you charge through mom life. Bring your kiddos with you in the stroller or use this as time for you! To register please visit: [frankfort.fit4mom.com](http://frankfort.fit4mom.com) or contact [MichelleMarinello@fit4mom.com](mailto:MichelleMarinello@fit4mom.com)

**Instructor: FIT4MOM Instructor**

Location:	Main Park
Days:	Friday
Dates:	May 7 - October 29
Time:	9:30 - 10:30 am
Age:	18 years & older

### JAZZERCISE

WE BRING THE MOVES, YOU TURN UP THE HEAT! You wanna be fit? You want that look good, feel great, got-my-stride-on-and-you-love-it-confidence? That's where we come in. TURN IT UP! You thought we were stuck in the 80's dancing to jazz music, right? Nope. We're dropping it to the newest body-pumping beats on the radio right now. Shakira? Yep. Pitbull? Check. Ariana Grande? We got it. Snoozy jazz music? Not even close. Music is make-it-or-break-it when it comes to workouts. So we update our playlists constantly to keep it fresh. With new moves and new music in every class plateaus are no problem. For more information and special offers visit <http://www.jazzercise.com/>. This is an on-going program register at your first class or online at <http://www.jazzercise.com/>. \*\*Please verify class times by going to [www.jazzercise.com/](http://www.jazzercise.com/), click on enter location and type in Frankfort, IL. Questions? Send a text or call Karen at 815-585-5376 or email [klabriola1@sbcglobal.net](mailto:klabriola1@sbcglobal.net)

**Instructors: Karen Labriola, Certified Instructor**

**Deb Klir, Certified Instructor**

**Chris Beissel, Certified Instructor**

Location:	Founders Community Center
Day/Time:	Mon. - 6:00 pm
	Tues. - 8:30 am and/or 6:00 pm
	Wed. - 8:30 am and/or 6:00 pm
	Thur. - 6:00 pm (format will vary)
	Fri. - 8:30 am
	Sat. - 8:30 am and/or Strength class 9:30 am
Fee:	\$20/single visit
	\$54 month to month unlimited classes
	\$160 - 10 class pass

Prices are subject to change. Visit [jazzercise.com](http://jazzercise.com) for current pricing information.

All classes are "Dance Mixx" format with the exception Tuesday evening classes. Those classes incorporate "Lo-Dance Mixx" format.



For information on . . .  
**upcoming programs and events**  
 Like us on Facebook.



## PHOTO I - LEARN YOUR DIGITAL SLR CAMERA



Learn your camera. Custom configure your camera for the best images. We go thru all the functions of your camera, learn your aperture, shutter speed, ISO then taking pictures in Manual Mode. You will be taking photos with that camera away from Auto Mode. Camera model class dates are listed below.

**Instructor: Laurie Piton**

Location: Zoom Platform  
Day: Saturday  
Time: 8:00 - 9:00 am  
Ages: 18 years & older  
Fee: \$65/NR \$70 per person  
Min/Max: 5/12

Camera Type/Date:

Canon: May 29 - June 26  
Nikon: July 10 - August 7  
Sony: August 14 - September 11

## SWING DANCE

Swing Dance remains one of the most popular dance styles in modern dance clubs. Dance to the big bands, the Beach Boys, Lady Gaga and more! You will learn the single time swing (jitterbug) and the triple time swing. The basic dance steps of each style are relatively easy to learn. As you gain more confidence you can layer on different moves as the mood - and the song rhythm - strikes you. Couples are recommended but not necessary. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes.

**Instructor: Becky Simon**

Location: Founders Community Center  
Day: Tuesday  
Date: June 1 - 22  
Time: 7:00 - 8:00 pm  
Ages: 18 years & older  
Fee: \$40/NR \$45 per person  
Min/Max: 10/20

## COUNTRY LINE DANCE

Learn the hottest dances that are currently being done at the saloons and country dance clubs in the Chicago area. Dances are simple enough for beginners, no partner required. So put on your boots and get ready to have some fun dancing to Country top hits!

**Instructor: Judy Rice**

Location: Founders Community Center  
Day: Monday  
Date: June 14 - July 26  
(No class July 5)  
Time: 7:00 - 8:00 pm  
Ages: 16 years & older  
Fee: \$45/NR \$50 per person  
Min/Max: 8/20

## PARLEZ-VOUS FRANCAIS? - FRENCH FOR ADULTS

Has learning French always been on your bucket list? Well, here's your perfect opportunity to learn this beautiful language! In this relaxed, small-class environment, you will learn French conversation and some grammar and phonetics that you can immediately begin using. This class will be tailored to the needs of the students enrolled.

**Instructor: Language in Action**

Location: Founders Community Center  
Day: Wednesday  
Session I: June 16 - July 7  
Session II: July 14 - August 4  
Time: 7:00 - 8:00 pm  
Age: 18 years & older  
Fee: \$52/NR \$57  
Min/Max: 6/15

## ZOOM SPANISH FOR ADULTS



Have you ever wanted to learn a foreign language, but never had the opportunity? Now is the time! Stay connected and learn Spanish from the safety and comfort of your own home via the interactive Zoom platform! In this class, you will learn conversational Spanish that you can immediately begin using. The class will be tailored to the needs of the students enrolled. Zoom login information will be emailed to participants before the first class.

**Instructor: Language in Action**

Location: Zoom Platform  
Day: Wednesday  
Session I: June 16 - July 7  
Session II: July 14 - August 4  
Time: 6:00 - 7:00 pm  
Age: 18 years & older  
Fee: \$50/NR\$55  
Min/Max: 6/15



## VIRTUAL PROGRAMS

Look for this symbols



Virtual Only Program



The Frankfort Park District continues to follow guidelines from CDC, IDPH, Restore Illinois and local health officials to develop procedures to ensure we can provide a fun & safe recreational experience. For updates on current guidelines, please visit our website @ <https://www.frankfortparks.org/covid-guidelines/>

**WEDDING DANCE WORKSHOP**

Whether you are preparing for your first dance or just want to brush up on your dancing skills before that summer wedding, this is the workshop for you! The instructor will focus on covering the basics, to make you look and feel comfortable on that special day. It's not too late to get some new moves or improve the ones you already know. You will need to register with a partner.

**Instructor:** *Becky Simon*

**Location:** Founders Community Center  
**Day:** Thursday  
**Date:** June 17  
**Time:** 6:30 - 8:00 pm  
**Age:** 18 years & older  
**Fee:** \$25/NR \$30 per person  
**Min/Max:** 10/18

**AFRICAN TRADE BEAD EARRINGS**

Create these copper earrings using African trade beads and copper. Learn how to paddle out metal, wire wrap and make a perfect pair of ear wires. All supplies are included.

**Instructor:** *Liz Credio*

**Location:** Founders Community Center  
**Day:** Wednesday  
**Date:** June 23  
**Time:** 6:00 - 8:00 pm  
**Age:** 18 years & older  
**Fee:** \$32/NR \$37 per person  
**Min/Max:** 10/20

**HEALTHY ITALIAN**

Learn how to spiralizer zucchini, carrots and yellow squash. Students will help make an Italian zoodle (pasta) meal with an easy marinara sauce, along with a zoodle salad and homemade dressing. You will even learn how to make your own Italian seasoning blend. Demo, hands on making and tasting.

**Instructor:** *Lesley Shworles*

**Location:** Founders Community Center  
**Day:** Thursday  
**Date:** June 24  
**Time:** 6:00 - 8:00 pm  
**Age:** 18 years & older  
**Fee:** \$50/NR\$55  
**Min/Max:** 6/12

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)

**new PHOTO LIGHTING**

Learn to use and set your camera in different lighting situations and control the exposure. Hands on topics cover are; Direct Sunlight and different ways to use it; shadow areas so they don't turn blue or too dark in picture; how to use your flash to enhance subjects; using low light photography; night photography and with a flash.

**Instructor:** *Laurie Piton*

**Location:** Founders Community Center  
**Day:** Monday  
**Session I:** July 5 - 26  
**Session II:** August 2 - 23  
**Time:** 7:00 - 8:30 pm  
**Age:** 18 years & older  
**Fee:** \$65/NR \$70 per person  
**Min/Max:** 5/12

**new MANDALA ROCK PAINTING**

Learn how to design and paint your own mandala project. You'll paint up to 3 large mandala stones (3.5-5"). All supplies will be included - you just need to bring your creativity.

**Instructor:** *Kim Bennett*

**Location:** Founders Community Center  
**Day:** Thursday  
**Date:** July 8  
**Time:** 7:00 - 8:30 pm  
**Age:** 15 years & older  
**Fee:** \$30/NR \$35 per person  
**Min/Max:** 4/12

**SOCIAL BALLROOM DANCE**

Grab your partner and put on your dancing shoes! In no time at all you'll learn the basic steps of the waltz, foxtrot, rumba, and jitterbug. This class emphasizes fun, ease of movement, and music recognition. This class is a great way to get ready for all those upcoming events, such as weddings, reunions and parties. Our instructor combines the joy of movement with the romance of ballroom dancing. Instruction will be taught in a friendly and relaxed atmosphere. You will need to register with a partner.

**Instructor:** *Becky Simon*

**Location:** Founders Community Center  
**Day:** Thursday  
**Date:** July 8 - 29  
**Time:** 7:00 - 8:00 pm  
**Age:** 18 years & older  
**Fee:** \$42/NR \$47 per person  
**Min/Max:** 12/20

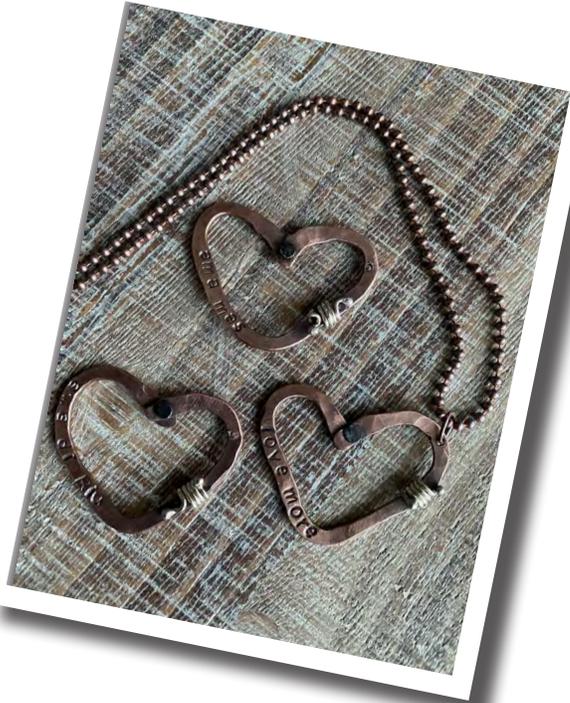


new

**WOMENS SELF DEFENSE**

This course is designed to teach you how to defend yourself against an attacker. It will also help you to be aware of your surroundings so you can avoid conflict before it happens. You will be taught various techniques that you can use to stop or break free from an attacker and help prevent an assault. Please wear loose fitting comfortable clothing and bring a water bottle. **Instructor: Master David Smith, 6th Degree Black Belt**

Location: Founders Community Center  
 Day: Saturday  
 Date: July 24  
 Session I: 9:00 - 11:00 am  
 Session II: 1:00 - 3:00 pm  
 Age: 16 years & older  
 Fee: \$35/NR \$40  
 Min/Max: 4/15



new

**COPPER RIVET HEART NECKLACE**

Make this heart out of copper wire and silver wire. Learn how to add a rivet and stamp words of encouragement. Strung on copper ball chain. All supplies are included.

**Instructor: Liz Credio**

Location: Founders Community Center  
 Day: Monday  
 Date: July 26  
 Time: 6:00 - 8:00 pm  
 Age: 18 years & older  
 Fee: \$25/NR \$30 per person  
 Min/Max: 10/20



For information on . . .  
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new

**MANDALA ON CANVAS**

Learn how to design and paint your own mandala project. You'll choose either a small canvas bag or a small stretched canvas for this project. All supplies will be included - you just need to bring your creativity.

**Instructor: Kim Bennett**

Location: Founders Community Center  
 Day: Thursday  
 Date: August 5  
 Time: 7:00 - 8:30 pm  
 Age: 15 years & older  
 Fee: \$30/NR \$35 per person  
 Min/Max: 4/12

new

**TINY TEXTURES PAINTING**

Create your own textured art on small stretched canvas (8x8" or smaller) using acrylic paint and texture medium. Your project can be abstract or realistic - your choice. All supplies will be included.

**Instructor: Kim Bennett**

Location: Founders Community Center  
 Day: Thursday  
 Date: August 26  
 Time: 7:00 - 8:30 pm  
 Age: 15 years & older  
 Fee: \$35/NR \$40 per person  
 Min/Max: 4/12

## FRANKFORT COMMUNITY GARAGE SALE

**Saturday • August 7 • 9:00 am - 3:00 pm**  
**Frankfort Park District Community**  
**\$10 per home**

**Registration Deadline: July 29**

Each registered participant's address will be included on a list of all participating homes. This list will be available at the park office, website and Facebook the week of the sale. The park district will advertise the sale in local newspapers, on-line sites and A-frame signs throughout the community. Each participating home will receive a packet including a garage sale sign, balloons, map of Frankfort subdivisions and garage sale selling tips.

These packets will be available for pick-up at the Founders Community Center at time of registration.



140 Oak Street, Frankfort, IL 60423 • (815) 469.9400

# Senior Programs



## WALKING CLUB

If it is too hot to walk outside, then join us indoors and become a member of our senior walking club. Although registration is free, you must fill out a registration form to become a member. \*Days/times are subject to change. Please check the calendar for availability.

Location: Founders Community Center Gym  
 Day: Monday, Wednesday, Friday  
 Date: Year round \*  
 (Calendars available at the office)  
 Time: 11:00 am - 3:00 pm  
 Age: 55 years & older  
 Fee: FREE



## RULES OF THE ROAD

This seminar is sponsored by the Senior Center of Will County and offered under the auspices of the Secretary of State. This review is designed to help refresh your sense of driving awareness. Gain confidence to pass your driver's exam by becoming more familiar with road signs, test questions and vision testing machines.

*Pre-registration required.*

Location: Founders Community Center  
 Day: Wednesday  
 Date: June 2  
 Time: 1:30 - 3:30 pm  
 Age: 16 years & older  
 Fee: FREE



## COUNTRY LINE DANCE

Are you looking to stay active and have fun? Do you like to dance but don't have a partner? Then join us and learn to Line Dance. Each dance is a pattern of steps that repeats throughout the song. Learn different moves each week. This is great exercise and a fun way to meet new friends.

*Instructor: Judy Rice*

Location: Founders Community Center  
 Day: Wednesday  
 Date: June 9 - July 14  
 Time: 10:45 - 11:45 am  
 Age: 55 years & older  
 Fee: \$45/NR \$50 per person  
 Min/Max: 8/20

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)

## COLORING CLUB



Coloring isn't just for kids anymore! In our Coloring Time for Seniors, you will rediscover the simple relaxation and joy of coloring. This is a great activity to explore your artistic side and meet some new people from the community. Coloring is known to reduce stress and improve hand-eye coordination. All supplies are included.

*Pre-registration required.*

Location: Founders Community Center Gym  
 Day: Friday  
 Date: June 11 - July 9  
 Time: 9:30 - 10:30 am  
 Age: 55 years & older  
 Fee: FREE



## SENIOR PICNIC - STARS & STRIPES

Put on your red, white and blue and keep the patriotic celebration going! Join your friends for an afternoon filled with food, desserts, raffles, bingo and fun!!! In addition, we will have our Senior Country Line Dance instructor onsite to teach you some dance moves.

*Registration Deadline: July 23*

Location: Founders Community Center  
 Day: Wednesday  
 Date: July 28  
 Time: 12:00 - 2:00 pm  
 Age: 55 years & older  
 Fee: \$5  
 Min/Max: 35/50

Sponsored by:



## BRIDGE SOCIAL GROUP

Did you know the Park District has a Bridge group that meets twice a week at the Founders Community Center? If you enjoy playing the game of Bridge and would like to meet new people, then join us on Mondays and Thursdays from 9:00 am - 12:00 pm. It is free to join. For more information, please call 815-469-9400.

## MAHJONG

Do you play Mahjong or want to learn how to play? There is a group that meets on Wednesday afternoons at 1:30 pm at the Founders Community Center. This is a great opportunity to meet new people while playing a fun game. For more information, please call 815-469-9400.



## WHISKEY ACRES

### DeKalb, IL

Tour the Whiskey Acres production process, take a peek at the farm and end with a tasting. Afterwards, enjoy dinner at Fatties Pub and Grill. Bring money for additional beverages and your dinner that follows. Please note: due to the nature of the COVID pandemic, event details are subject to change. Face coverings must be worn.

**Registration Deadline: June 9**

Day/Date: Wednesday, June 23  
Departure: 12:45 pm from Founders Community Center  
Return: 7:00 pm (Approximately)  
Fee: \$36 (Fee includes mini-bus transportation, distillery tour and tasting)  
Max: 14

## 36TH ANNUAL STRAWBERRY FESTIVAL

### Cedarburg, WI

Every year, festgoers descend upon Cedarburg for Strawberry Festival, an art- and music-filled weekend celebrating the strawberry. Wander down Washington Avenue and you'll see why "Art is a Tradition" in Cedarburg. Fondly referred to as Arts on the Avenue, Strawberry Festival highlights some of the best local and national artists who bring their works of art to the streets of Cedarburg, including paintings, sculpture, ceramics, jewelry, fiber art, fine glass, woodwork, mixed media, and photography. Strawberry Festival's many food vendors are a huge draw to the festival, and sure to please any palate. On our way home we will stop at the Mars Cheese Castle. Please note: due to the nature of the COVID pandemic, event details are subject to change. Face coverings must be worn.

**Registration Deadline: June 7**

Day/Date: Saturday, June 26  
Departure: 8:30 am from Founders Community Center  
Return: 8:30 pm (Approximately)  
Fee: \$52 (Fee includes motor coach transportation only)  
Max: 12

## A DAY AT LINCOLN PARK ZOO & CONSERVATORY

### Chicago, IL

We are off to the world-famous Lincoln Park Zoo and Conservatory! You will explore all there is to see at your own pace. Fee includes transportation only (zoo and conservatory admission is free); lunch is on your own, bring a sack lunch or dine at one of the many restaurant options on-site or within walking distance. Please note: due to the nature of the COVID pandemic, event details are subject to change. Face coverings must be worn.

**Registration Deadline: June 25**

Day/Date: Tuesday, July 20  
Departure: 9:15 am from Founders Community Center  
Return: 4:30 pm (Approximately)  
Fee: \$52 (Fee includes transportation only)  
Max: 14



## ANTIQUES ON THE BLUFF

### St. Joseph, Michigan

Something old is new to you! Find hidden treasures along Lake Bluff Park at this premier antique show that overlooks Lake Michigan. This event features over 50 vendors and runs the first Sunday of the month, May through October. Just steps away from the bluff are shops and restaurants that line the quaint streets of downtown St. Joseph. Enjoy an afternoon of shopping and lunch with friends. Please note: due to the nature of the COVID pandemic, event details are subject to change. Face coverings must be worn.

**Registration Deadline: July 12**

Day/Date: Sunday, August 1  
Departure: 8:45 am from Founders Community Center  
Return: 4:45 pm (Approximately)  
Fee: \$45 (Fee includes motorcoach transportation only)  
Max: 12

## ANDERSON JAPANESE GARDENS

### Rockford, IL

Anderson Japanese Gardens is an authentic Japanese Garden maintained by the highest standards that touches the souls of guests. With grace, elegance, and gentle awareness they exemplify the Japanese cultural heritage of respectful humility in service to people of all cultures. is on your own at the Fresco at the Gardens. There will be plenty of walking on this trip, so plan accordingly. Please note: due to the nature of the COVID pandemic, event details are subject to change. Face coverings must be worn.

**Registration Deadline: July 1**

Day/Date: Thursday, August 5  
Departure: 8:00 am from Founders Community Center  
Return: 5:30 pm (Approximately)  
Fee: \$82 (Fee includes admission to the gardens, a private guided tour, and motorcoach transportation)  
Max: 14

### DON'T DELAY...REGISTER TODAY!

If you wait until the last minute to register, the program you want may not be there. At some point, we have to determine if enrollment is sufficient to hold the class. If you wait too long, the class may get cancelled due to low enrollment.



Follow us for information on . . .  
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**WASHINGTON, D.C.**

Set off for our Nation's Capital to see the remarkable monuments and renowned buildings during your Guided Tour of Washington DC. You will enjoy detailed information on some of DC's most incredible landmarks including the US Capitol, the White House, National Archives, Embassy Row, Georgetown, Washington Monument, World War II Memorial, Arlington National Cemetery, the Smithsonian and much more! This trip also includes deluxe motor coach transportation, 6 nights lodging and 10 meals. Travel insurance through Travel Insured International is available and recommended. The fee for insurance is \$69/person. Please write a separate check payable to "Travel Insured International, Inc." or pay it online at [travelconfident.com](http://travelconfident.com). Limited space available so don't wait to register! Please note: in order to participate in this trip, you must have received the COVID-19 vaccine. Proof of vaccination is required.

**Registration Deadline/Final Payment: July 9**

Day/Date:	Thursday, September 16 - 22
Depart:	8:30 am from the Founders Community Center
Return:	In the evening on September 30 (TBA)
Fee:	\$779/person – double occupancy \$1,064/person – single occupancy \$759/person – triple occupancy * \$75 deposit due upon signing
Max:	20 spots

**IMPORTANT TRIP INFORMATION****Cooperative Programming**

To ensure the success of our bus trips, we work in cooperation with the New Lenox & Manhattan Park Districts. The number of spots listed, is the maximum number of registrations the Frankfort Park District can take. If a bus trip is full, we will call the other agencies to see if spots are available or you may be added to a waitlist.

**Pick-up/Drop-off times**

Pick-up/drop off location is at the Founders Community Center unless otherwise noted. Departure times are set and abided by. If changes occur, participants will be notified by phone. Please arrive 15 minutes prior to the scheduled departure time. Return times may vary depending on traffic or weather conditions; we make every attempt to return by the designated time.

**Cancellations/Refunds**

Refunds are given under the following circumstances:

- The trip is cancelled by the Frankfort Park District. If we have not met our registration minimum by the deadline date, the trip will be cancelled, and a full refund will be issued.
- There is a waitlist, and we are able to fill your spot. Please see refund policy.
- The person asking for the refund finds a replacement for the trip.



## *Adopt-A-Flower Bed Program*

**What is an Adopt-A-Flower-Bed?** Adopt-A-Flower-Bed is a volunteer activity where area volunteer groups "adopt" a flower bed at a Frankfort Park District park location. The adoptive group is responsible for planting flowers in May and maintaining the bed through summer and fall clean up. Maintenance includes weeding, deadheading flowers and cleaning up the bed for the winter. Beds should be planted by the Saturday following Memorial Day.

**The Park District provides all planting materials.** The Park District provides all planting materials. The FPD crews will provide all the plants you need, bed preparation including fertilizer and soil amendments, mulch and watering. Volunteer groups need provide energy, time and enthusiasm! This is an ideal service project for all ages - children to seniors. If you are a U of I Master Gardener, this project can earn you many volunteer hours.

**Interested?** If you or your group would like to Adopt-A-Flower Bed, please stop by the Park District office to pick up a form or download it on our website at [www.frankfortparks.org](http://www.frankfortparks.org). Once you complete the form, please return it to the Park District. The District will make efforts to assign your group to their requested location. If you have questions please call 815-469-9400. The efforts by the volunteer(s) will be acknowledged in the fall Park District Brochure.

For additional information, Dvisit the Park District website @ [www.frankfortparks.org](http://www.frankfortparks.org) or call the Park District office at 815.469.9400

Register online at [www.frankfortparks.org](http://www.frankfortparks.org)



### FRANKFORT COUNTRY MARKET

Sundays – June 6 - October 24 / 9:00 am - 2:00 pm  
Open Air Farmers Market along the bike path in historic downtown Frankfort. Spring Market is focused on early crops, gardening items and specialty items. Summer and Fall Markets features full roster of growers and producers, featured music, demos and seminars throughout the season. **For more information, visit [www.villageoffrankfort.com](http://www.villageoffrankfort.com)**

### CRUISIN' FRANKFORT

Thursdays, June 3 - August 26 / 5:00 - 8:00 pm  
\* All makes and models are welcome each cruise night.  
**For more information, visit [www.villageoffrankfort.com](http://www.villageoffrankfort.com)**



### DRIVE IN MOVIES

Join us for a drive-in movie this summer! There will be limited spaces available, so you must pre-register. All cars will be able to hear the movie through an FM radio station, to be announced at the movie previews. Please note: No Pets or alcoholic beverages are allowed.

Location: Hickory Creek Middle School  
Day/Date: Tuesday  
June 8 - Moana (PG)  
July 13 - Trolls World Tour (PG)  
August 10 - Inside Out (PG)  
Rain Date: One week after the original show date  
Time: 8:15 pm (Gates open at 7:30 pm)  
Fee: \$10/vehicle

\*Drive-in Movies are co-sponsored by the Frankfort Park District and the Village of Frankfort.

### ART ON THE GREEN

Enjoy a day on the green experiencing the outstanding work of our creative community! See art in many mediums and styles, hear live music, and bring your children to the art activity table especially for them. Come support artists and leave with art to enhance your life. Sponsored by the Village of Frankfort

When: Sunday, June 13 / 9:00 am - 3:00 pm @ Breidert Green

**For additional information and details, visit [www.frankfortartsassociation.org](http://www.frankfortartsassociation.org)**



### FISHING DERBY

Saturday, June 12 / 8:00 am - 11:00 am @ Prairie Park.  
Registration required. **For additional information and details, visit [www.villageoffrankfort.com](http://www.villageoffrankfort.com)**

### AMATEUR RIB COOK OFF

Saturday, July 31/ Public Tasting Times TBA  
Contestants cook on site - contestants must register.  
**For additional information and details, visit [www.villageoffrankfort.com](http://www.villageoffrankfort.com)**

### NATIONAL NIGHT OUT AGAINST CRIME

Tuesday, August 3/6:00 - 8:00 pm @ Breidert Green

### CONCERTS ON THE GREEN

The Frankfort Chamber of Commerce and the Concert Committee are very excited for the annual Concerts on the Green! The concerts are offered every Sunday evening, 6:30 p.m. to 8 p.m. (from the beginning of June to the end of August) on Breidert Green in the center of Frankfort's Historic District. For your added convenience, public parking is available at White and Elwood Streets. Please visit the Frankfort Chamber's website for the concert calendar.

**For more information on these or other Frankfort Chamber events, please contact the Frankfort Chamber at 815-469-3356 or visit [www.frankfortchamber.com](http://www.frankfortchamber.com).** In case of stormy weather -- don't be left out in the rain! Concerts will be held at the Frankfort Park District Founders Community Center at 140 Oak Street - all scheduled times as above.



The Frankfort Park District continues to follow guidelines from CDC, IDPH, Restore Illinois and local health officials to develop procedures to ensure we can provide a fun & safe recreational experience. For updates on current guidelines, please visit our website @ <https://www.frankfortparks.org/covid-guidelines/>



**SIMPLE WAYS TO REGISTER:**

- **In Person:** At the Founders Community Center, 140 Oak Street. During business hours. Patrons may pay with cash, check, Park District gift certificate, or credit card (Visa, Master Card, Discover or American Express).
- **On-Line:** via our website; [www.frankfortparks.org](http://www.frankfortparks.org). In order to register online, patrons must set-up an online account to be approved by Park District staff within 24-48 hours of initial account set-up. Once your account has been approved, you may begin to register for programs online by signing in with the username and password you created for your account.



**Please note that for select special events, trips, camps and leagues, online registration is not available and will be noted in the brochure with this icon.**

- **Mail-in:** Send your completed and signed registration form to Frankfort Park District, 140 Oak Street, Frankfort, IL 60423. Patrons may pay with check, Park District gift certificate, or credit card (Visa, Master Card, Discover or American Express).
- **Fax\*:** Fax your completed and signed registration form with your credit card information to 815-469-9275. *\*When registering via fax, it is mutually understood that the facsimile document shall substitute for and have the same legal effect as the original form.*
- **Drop Box:** Place your completed and signed registration form, along with your check or credit card information in a sealed envelope and place it in the drop box located outside the main entrance of the Founders Community Center, 140 Oak Street. Registrations dropped off after 5:00 pm, will be processed the next business day.

**INCLUSION** - The Frankfort Park District welcomes participation in all programs by individuals with disabilities and special needs. The Frankfort Park District works cooperatively with the Lincolnway Special Recreation Association (LWSRA) to facilitate successful participation for individuals who request an inclusion aide. If you are asking for special assistance for your child to participate in a Park District program, please inform the Park District Staff at the time of registration. An evaluation process will then be implemented by LWSRA. Therefore, timely registration is important. Please register and request an aide no later than two weeks before the start of the program.

**REFUND POLICY**

- Refunds of 100% will be made, less a \$10.00 service charge, if notified at least 2 working days prior to the start of the program or if a doctor's note is provided for an injury or illness. Refund checks take up to two weeks to be processed. *\*\*There are no refunds given for Trips, One-Day Programs, or Special Events.*
- All League deposits are non-refundable. There are NO refunds on Leagues once the schedules/teams are made.
- A 50% refund will be given if notified prior to the second course meeting for reasons other than a doctor-verified illness or injury. The doctor's note and a completed refund form must be submitted to us within a week of the doctor's visit and also within the program session dates.
- All refunds less than \$20 will be applied as a credit to the customer's account.
- All refunds must be done in person at the Park District office. They cannot be completed over the phone or by fax.
- Full refunds are granted without penalty for: A refund that is initiated by the Park District (i.e. low enrollment/canceled class)

**NSF RETURNED PAYMENT POLICY** - For any payment returned to the Park District for non-sufficient funds, the issuer will be charged \$25 to cover bank charges payable to the Park District. The \$25 fee will be charged per declined transaction.

**PARTICIPATION POLICY** - The Frankfort Park District assumes NO responsibility for personal injury or loss of personal property for those participating in Park District-sponsored activities. It is urged that all participants have active medical insurance coverage.

**PHOTOGRAPH POLICY/SOCIAL MEDIA** - The Frankfort Park District uses pictures of program participants to highlight the many recreational activities available. We do not use identification in our brochure or other print opportunities. If you do not want a picture of yourself or your child taken, please tell the instructor and/or the photographer.

**FRANKFORT CABLE COMMISSION** - The Frankfort Park District, in cooperation with the Village of Frankfort Cable Commission, airs school and Park District events and programs. Your child may be filmed for programs submitted for cable television (FCTV Channel 6 in Frankfort). If you do not want yourself or your child to be involved in such programs, please state that in writing and submit to the Director's Office of the Frankfort Park District at the Founders Center, 140 Oak Street, Frankfort. Please do so by September 1, annually.



## 2021-22 Registration

LOCATED AT COMMISSIONERS PARK • 80<sup>th</sup> AVE. & SAUK TRAIL

**Bark Park Season July 1, 2021 - June 30, 2022**

**What you need to do:**

1. **Complete the 2021-2022 registration packet.** (This can be found on our website, [www.frankfortparks.org](http://www.frankfortparks.org) or at the Park District Office, 140 Oak Street)
2. Bring a copy of your dog's current shot records. These can be obtained from your veterinarian's office.
3. **\$60 Resident Fee: \$50 membership plus \$10 key card deposit.**  
**\$70 Non-Resident Fee: \$60 membership plus \$10 key card deposit.**

*If you are a current member, please bring the 2020-2021 registration forms and your current shot records.*



140 Oak Street, Frankfort, IL 60423 • (815) 469.9400





**RENTAL INFORMATION**

The Founders Center is available for weddings, showers, parties, meetings and all of your conference needs. Our classrooms, gymnasium and Founders Room are perfect for groups of 5-50 (Restore Illinois Phase 4 Guidelines). The Founders Room of the Founders Center may be reserved six months prior to the scheduled event. For more information and rental rates call (815) 469-9400.

FACILITY	RENTAL FEES			SEC. DEPOSIT		
	RES	NR	Bus/Org	RES	NR	Bus/Org
Founders Room*	\$75/Hr.	\$150/Hr.	\$200/Hr.	\$150	\$300	\$300
Classroom*	\$35/Hr.	\$50/Hr.	\$75/Hr.	\$70	\$100	\$100
Gymnasium*	\$40/Hr.	\$60/Hr.	\$80/Hr.	\$80	\$120	\$120
Gym Special Event **	\$80/Hr.	\$140/Hr.	\$200/Hr.	\$160	\$280	\$280
Main Park Pavilion	\$100/Day	\$150/Day	\$200/Day	\$100	\$150	\$150
Fort Frankfort Pavilion	\$75/Day	\$125/Day	\$175/Day	\$100	\$125	\$125
Splash Pad Party	\$175/Ses	\$225/Ses	\$225/Ses	\$175	\$175	\$175

**\*2Hr Minimum \*\* 3Hr Minimum**

No charge for use of the kitchen when renting other program space (based on availability). Security deposits are fully refundable if program space is left clean. Clean Up fee rate will be applied toward Security Deposit for any additional clean up.

**LOOK FOR THE STAFF SHIRT**

There will be a Park District Building Supervisor present for every activity at the Founders Center and all Park programs held at Hickory Creek Middle School, Chelsea Intermediate School, Grand Prairie Elementary School and Lincoln-Way East Field House. They are responsible for monitoring the building and assisting when needed. They are easily identified by their Park District shirt.

**PAVILION RENTALS**

All pavilions at Commissioners Park and Main Park shall require a permit for use by 10 or more persons. There must be a minimum of 1 adult per every 10 children. The maximum number of persons per pavilion shall be 50. User must complete the Application for Use of Facilities form provided by the Park District and pay fees accordingly. Rental of a pavilion includes the pavilion ONLY. Rentals do not include playgrounds, ballfields or any other recreational area. All rules and ordinances of the Park District must be followed and will apply to pavilion users.

**GUIDELINES FOR USE OF PARK DISTRICT FACILITIES**

- Rental applications must be completed in full, signed by an adult over the age of 21 who assumes responsibility for the event and will be present during the entire rental period.
- All rental applications must be submitted no later than 14 days prior to the rental date requested. No functions are to be held for the purpose of advertising or promotion of outside organizations without prior authorization.

**Cancellation Policy:**

- Cancellations made earlier than 14 days will be required to pay a 25% cancellation fee of the rental fee.
- Cancellations made within 14 days of the event will be required to pay a 40% cancellation fee of the rental fee.

**Rental Modification Policy:**

- To change the rental date you must cancel and complete a new Application for Rental of Facilities.
- Any changes to the rental times made 14 days prior to the rental will be charged a \$25 processing fee.
- Any changes to the rental times made under 14 days of the rental will be charged a \$50 processing fee.
- All rental modifications will be approved based on staff and facility availability.
- Participants are not to arrive earlier than the designated starting time listed on the permit/rental agreement.
- No persons shall use any Park District building facilities that are not exclusively for the use of their function
- Any organization or group must supply their own equipment and may not use Park District equipment unless prior permission has been granted.
- Special requests must be provided prior to activity for the use of chairs, tables and any other equipment that you may deem necessary.
- A fee will be charged in order to compensate for manpower, supplies and insurance, which will be at the discretion of the Executive Director.
- Outside organizations must furnish the Park District with a certificate of insurance, naming the Park District as the additional insured.
- Children must be supervised at all times with a Parent to Child ratio of 1:10.
- Guests attending your event must remain in your designated room. Use of other areas of the center is prohibited. Your guests are your sole responsibility.
- **No smoking allowed** – the Frankfort Park District is a tobacco free environment. Smoking and all tobacco products are prohibited at all our parks, park buildings and any park property outside of our buildings.
- No improper language or conduct shall be displayed, no damage shall be done to Park property nor shall any person engage in any indecent act or other personal behavior not accepted in public areas.
- All Park facilities shall be put back in order and all trash cleared out of rented area.
- The Park District will have staff on duty during your rental to assist you. They will set up tables, remove trash and assist you in any way they can. It is the sole responsibility of the host to provide supervision for any and all activities during the rental. All guests should enter and exit through the main entrance.
- No glitter, confetti, nails, Velcro, or other permanent adhesives may be used on the walls. Masking or painters tape may be used. Please remove all tape and decoration before leaving. Failure to remove any of these items may result in loss of security deposit.



Check out our website at . . .  
**WWW.FRANKFORTPARKS.ORG**

### OPERATION PLAYGROUND FOUNDATION

Operation Playground is a 501(c)(3) organization and was established in 2000 by a group of volunteers in Frankfort, Illinois. Its initial project was the construction of Fort Frankfort, a children's park which is situated within Commissioner's Park located at Laraway Road and S. 80th Ave. Operation Playground's second major project was Frankfort Bark Park, a dog park with a state-of-the-art gate and monitoring system. The dog park which opened in May 2007 sits on three acres of land at the northwest corner of Commissioner's Park. Latest projects include funding of the 3-on-3 basketball half courts at Main Park and installation of the Ga-ga pit and Pickle Ball Courts at Commissioners Park. Operation Playground continuously raises money year-round to maintain both of these parks as well as adding amenities or enhancements to other Frankfort parks.

**For more information, please call the Park District office at 815-469-9400 or visit the website at [www.opfrankfort.org](http://www.opfrankfort.org).**



### MEMORIAL BENCH

The Frankfort Park District also offers a memorial black iron park bench which can be placed in the park of your choice, with Park District approval. A personal plaque will be attached to the bench. The donation fee is \$1,000. Please stop by the Founders Center for more information and to see a sample of the bench outside of the main entrance.

**Please visit [www.frankfortparks.org](http://www.frankfortparks.org) to download an application.**

### MEMORIAL TREE DONATIONS

The Frankfort Park District is proud to continue a Memorial Tree Program to plant trees in parks for all Frankfort residents to enjoy. Through this program, you can honor or remember a person, an event or an organization by having a tree planted in their name. A tree can be given to celebrate someone's birthday, to memorialize a deceased, commemorate a special event in your life or recognize an organization and their accomplishments.

A donation of \$500 will purchase a tree in a park designated by the donor or honoree. Trees will be planted in the spring and fall each year. In addition, the year, along with the name of the person, event or organization being honored, will be proudly displayed on the Living Tree Plaque in the Founders Community Center. This program benefits the community as a whole, and the tree can be enjoyed for years to come.

**For all information regarding the Living Tree Program, contact the Park District office in the Founders Community Center at 815-469-9400 or go to [www.frankfortparks.org](http://www.frankfortparks.org) to download an application. The Park District will assist you in selecting a park where trees are needed.**

### TREE MEMORIAL CHOICES

**The following trees are recommended for high use public park areas and are considered to be in the cost range of this program:**

- Red Sunset Maple
- Sugar Maple
- Autumn Blaze Maple
- Red Oak
- White or Pink Flowering Crab Apple
- American Linden
- Chanticleer Pear

**The Park District deems certain species of trees to be inappropriate for public parks: Birch, Cottonwood, Weeping Willow, Elm, Poplar.**

## Sponsorship Opportunities

*Sponsorship is the best way to boost your presence in the community!*

Sponsorships are vital to the success and growth of the Frankfort Park District programs, leagues and events. This is an excellent opportunity to highlight your business while promoting family fun in the Frankfort Community. We offer various levels of giving that can increase your exposure to different demographics in Frankfort. Below are just some of the opportunities your business can be part of. If interested, please contact Stacy Proper, Superintendent of Recreation, at [sproper@frankfortparks.org](mailto:sproper@frankfortparks.org) or Cali DeBella, Recreation Supervisor, at [cdebella@frankfortparks.org](mailto:cdebella@frankfortparks.org) or call the Park District office at 815-469-9400. For additional information, please visit our website at [www.frankfortparks.org](http://www.frankfortparks.org) to download our Sponsorship package. *Come Join the Fun!*

- Senior Luncheons • Celebrate Earth Day • Short Run on a Long Day 5k • Softball Fence Banner •
- 4th of July Celebration • Back to School Bash • Parties in the Park • Day Camp •
- Thriller At Main Park • Santa's Workshop • Youth Basketball League • And much more!



Register online at [www.frankfortparks.org](http://www.frankfortparks.org)

## LINCOLNWAY SPECIAL RECREATION ASSOCIATION (LWSRA)

LWSRA has provided adaptive recreational opportunities for individuals with disabilities since 1976 and is supported through a cooperative agreement with Frankfort, Frankfort Square, Manhattan, Mokena, New Lenox, Peotone and Wilmington Island Park Districts as well as special agreements with the Village of Monee and Homer Township. LWSRA offers a wide variety of social recreation programs, athletic activities, and special events for individuals from preschool through adult who have disabilities and whose recreational needs are not met by regular park district programs including:

- Age based programming offered (youth, teens, and adults)
- Social events (dances, game nights, bowling, etc.)
- Special events (trips, musicals, sporting events, etc.)
- Adapted Sports (wheelchair basketball, softball, bocchia, etc.)
- Special Olympics (basketball, volleyball, track & field, swimming, softball, golf, etc.)
- Sports, Fitness & Aquatics (swim lessons, strength & conditioning)
- Adult day program (TITANS) year-round for ages 18+
- Summer Camps (ages 3-12 split day options for those in summer school and for 13-18 full day option for Teen camp)

For more information or to request a brochure, visit the Lincolnway Special Recreation Center, located at 1900 Heather Glen Drive in New Lenox, call 815-320-3500 or visit [www.lwsra.org](http://www.lwsra.org). Office hours are Monday - Friday, 9 am - 5 pm.

**FRANKFORT LIONS CLUB** – Frankfort Lions are active in the Frankfort and Frankfort Square communities serving residents by providing technology for the visually impaired at the Frankfort Public Library, hosting free diabetic retinopathy screenings, delivering food baskets during the holidays to area families, and supporting local children and schools through scholarships. **To learn more about Frankfort Lions, service activities and the annual Frankfort Lions Wurst Festival, like us on Facebook or visit us at [www.frankfortlionsclub.com](http://www.frankfortlionsclub.com).**

**KIWANIS CLUB OF FRANKFORT** - The Kiwanis Club of Frankfort was established in 1976 with the goal of working to make our community a better place. Kiwanis is a global humanitarian organization of over 600,000 volunteers who are dedicated to changing the world one child and one community at a time. The Kiwanis Club of Frankfort provides scholarship funds to area high school seniors and recognizes outstanding student achievements. We also annually conduct special recreation games for children and adults with intellectual disabilities. Additionally, we assist cancer survivor patients by volunteering and donating to Frankfort's Camp Quality. The Kiwanis Club of Frankfort is an excellent social and professional networking organization where community service, leadership, and giving are our primary focus. Meetings are held the 1<sup>st</sup> and 3<sup>rd</sup> Thursday at 7:30 am in Griffin's Lair Rm at Lincoln-Way East High School. Give the club a call at (815) 693-2438 or visit us on Facebook.

**FRANKFORT AREA ROTARY CLUB** - The flowers around the Commissioners Park sign at Sauk Trail & 80<sup>th</sup> Ave. are planted and maintained by the Frankfort Area Rotary Club. Rotary is one of the largest international humanitarian service organizations in the world. We are business and professional leaders who are committed volunteers working together to improve communities. **Please check us out at [www.TinleyFrankfort.clubexpress.com](http://www.TinleyFrankfort.clubexpress.com)**

**FRANKFORT CABLE COMMISSION** - The Frankfort Park District, in cooperation with the Village of Frankfort Cable Commission, airs school and Park District events and programs. Your child may be filmed for programs submitted for cable television (FCTV Channel 6 in Frankfort). If you do not want yourself or your child to be involved in such programs, please state that in writing and submit to the Director's Office of the Frankfort Park District at the Founders Center, 140 Oak Street, Frankfort. Please do so by September 1, annually.



## FRANKFORT ARTS ASSOCIATION

The Frankfort Arts Association is a newly formed non-profit organization dedicated to enhancing the community through creation, education, promotion, and appreciation of the arts. Our goals include offering art classes to adults and youth, sponsoring gallery shows to promote local artists, and working with the village to bring more art and culture to the area through public works and various events. If you are interested in volunteering, go to our website, [www.frankfortartsassociation.org](http://www.frankfortartsassociation.org) or follow us on Facebook and Instagram.

## FRIENDS OF THE FRANKFORT PUBLIC LIBRARY

Friends of the Frankfort Public Library District is an independent non-profit dues-based organization that provides community support to the Frankfort Library. Friends raises funds for equipment and programs not included in the regular budget. This is done through the ongoing used book sale inside the library, and a Spring Herb and Geranium Sale. Friends' also maintains a Little Free Library inside Founders Community Center. Becoming a dues paying Friend is very simple and requires no other obligation. It is a fabulous way to show support for your library. Brochures are available in the library and you can find us on Facebook. Board meetings are held at the library every third Tuesday (except December) at 11:30 am. You are invited to come and see what we are about.

## FRANKFORT ATHLETIC ASSOCIATIONS

**Frankfort Falcons** have grown to be one of areas largest youth athletic organizations with over 800 boys and girls participating in tackle football, cheer and flag football. Since 2004, we have achieved 5 league super bowl championships and 3 consecutive state cheerleading championships. Online registration opens in January for the season. **Please visit our website for more information at [www.frankfortfalcons.org](http://www.frankfortfalcons.org) or email us at [football@frankfortfalcons.org](mailto:football@frankfortfalcons.org)**

**Frankfort Baseball** offers baseball leagues for kids from age 5 up to 14. Our young athletes learn the fundamentals of baseball and put them into action in games against other teams in their league. While the League provides an important social outlet for our players, it also creates a sense of team, athletic ability and competitive spirit. From Shetland to Palomino, our mission as a league is not only to teach the basic principles of baseball, but also to promote fair play, sportsmanship, pride and identity in our young athletes. **Go to our website for all information and contacts: [www.frankfortbaseball.com](http://www.frankfortbaseball.com)**

**Frankfort Girls Softball** is a premier fast-pitch Girls softball league in the Chicagoland area. With over 500 players ages 5 through 20 and teams from Mokena, Orland Hills, Tinley Park, and Monee, FGS offers top notch instruction including professional clinics and indoor batting facilities for players at all levels of play. **From April through June, players have a full schedule of practice and games. <http://www.frankfortgirlssoftball.com/>**

140 Oak Street, Frankfort, IL 60423 • (815) 469.9400



# Advertise with the Frankfort Park District

## Why advertise in the Frankfort Park District seasonal brochure?

- This is our #1 marketing tool to promote our programs, events, leagues and services that are offered to our patrons.
- The brochure is available on our website for increased visibility.
- The brochure is advertised on Social media (Facebook & Instagram) reaching thousands of people.
- Included in our bi-monthly E-newsletter that is sent to over 7,000 people.
- Builds good will and community awareness.
- Expands your marketing reach at minimum cost and a great value!



### Available Advertising Options

	<b>1/8 Page Ad</b> (3.75" w x 2.25" h) <b>Fee: \$100</b>		<b>1/4 Page Ad</b> (3.75" w x 4.75" h) <b>Fee: \$200</b>
	<b>1/2 Page Ad</b> (7.5" w x 4.75" h) <b>Fee: \$300</b>		<b>Full Page Ad</b> (7.5" w x 9.5" h) <b>Fee: \$550</b>

Advertising is available in all 3 of our seasonal brochures—Winter/Spring, Summer & Fall. For more information, please contact Stacy Proper, Superintendent of Recreation, at 815-469-9400 or [sproper@frankfortparks.org](mailto:sproper@frankfortparks.org).

You may also visit our website to download our advertising packet at [www.frankfortparks.org](http://www.frankfortparks.org).



- **PRUNING • TREE REMOVAL •**
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- **PLANTING •**

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[Stormtrees@gmail.com](mailto:Stormtrees@gmail.com)

[www.stormtreeservices.com](http://www.stormtreeservices.com)

**STORM TREE SERVICES**

**ISA Certified Arborist IL-9321A  
CTSP #2729**



Certified Treecare  
Safety Professional





**Packet Pickup will be at Main Park on Wednesday, June 16 from 7-8 pm. You will have an opportunity to get your "finish line" photo and enjoy other post-race festivities. More details to follow.**

# SHORT RUN

## ON A LONG DAY

### Virtual 5k Run/Walk



# June 6 - 9

**Registration Deadline: May 27**

**Registration Fee: \$15.00 (includes race shirt, goodie bag & giveaway)**  
**Register on-line at [www.frankfortparks.org](http://www.frankfortparks.org)**

**Due to Covid guidelines, we are unable to hold this event in -person (again) and since we don't want to cancel, we are offering a virtual option. You will be able to complete the 5K at your own pace and in the location of your choosing. Registered participants will receive an email prior to June 9 with our Short Run race route (if you would like to run/walk that option) and a race log.**

*Sponsored by:*





**FRANKFORT FOUNDERS CENTER**  
140 Oak Street | Frankfort, IL 60423  
Phone: 815-469-9400 | Fax: 815-469-9275

[WWW.FRANKFORTPARKS.ORG](http://WWW.FRANKFORTPARKS.ORG)

## LOOK FOR THE DIGITAL FALL BROCHURE AVAILABLE ONLINE IN LATE JULY



SCAN WITH YOUR  
SMARTPHONE  
FOR DIRECT ACCESS  
TO OUR WEBSITE!

### IMAGINE WORRYING LESS ABOUT YOUR FINANCES AND MORE ABOUT HOW TO SPEND YOUR FREE TIME.

Town Center Bank provides a personalized, community banking experience and tailored financial solutions to help you maximize your financial potential.

- ✓ PERSONAL BANKING
- ✓ BUSINESS BANKING
- ✓ MORTGAGES



The right banking relationship can make all the difference.

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Frankfort, IL 60423  
(815) 806-7001



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