



Phase 4 Participation Guidelines

Indoor & Outdoor Programs

The following participation guidelines apply to Frankfort Park District indoor and outdoor recreation programs during the 2020 Summer/Fall Program Season. The Illinois Department of Commerce & Economic Opportunity (DCEO) Phase 4 Indoor & Outdoor Recreation Guidelines, in addition to information from public health organizations, was used in the development of the guidelines. The guidelines are subject to change as new information becomes available.

Instructors/Staff

- Instructors and staff will be provided instruction/education on COVID-19 prevention.
- All instructors and staff must perform a self-assessment daily and not report to work if they are ill or exhibiting symptoms of COVID-19. If an individual begins to exhibit symptoms during the program or shift they must be isolated from others.*
- If a staff member has symptoms they must wait to enter the premises until they have had no fever for at least 72 hours, other symptoms have improved, and at least 10 days have passed since their symptoms first appeared, OR until feverless and feeling well (without fever-reducing medication) for at least 72 hours OR confirmed to not have COVID-19 via 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart.*
- Instructors and staff should maintain a minimum 6 foot distance from other staff and participants, unless instruction makes it impractical. When outdoors staff are required to wear a face covering if a minimum 6 foot distance cannot be maintained from others. When indoors, staff are required to wear a face covering while in public spaces or interacting with others.
- Hand washing or hand sanitizing is recommended before and after activities.
- Depending upon the activity, additional handwashing breaks may be needed.

Participants

- Participants must conduct a self-assessment daily and not attend the program if they are ill or exhibiting symptoms of COVID-19. At the time of drop-off program staff will ask the participant, or the parent/guardian, if the participant is currently exhibiting COVID-19 symptoms. If an individual begins to exhibit symptoms during the program they must be isolated from others until they leave the premises.*

**Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle or body aches, headache, sore throat, new loss of taste or smell congestion or runny nose, nausea or vomiting and diarrhea.*



- If a participant has symptoms, they must wait to enter the premises until they have had no fever for at least 72 hours, other symptoms have improved, and at least 10 days have passed since their symptoms first appeared.
- If indoors, participants are required to wear a face covering at all times while in public spaces and when a minimum 6 foot distance cannot be maintained in activity spaces, unless wearing a face covering is impractical due to the activity.
- If outdoors, participants are required to wear a face covering if a minimum 6 foot distance cannot be maintained from others, unless wearing a face covering is impractical due to the activity.
- Program participants will be required to provide their own face coverings. The FPD recommends participants have additional face coverings on hand, if needed.
- Personal items should have proper separation and should not be shared with other participants. Participants must bring their own water bottle. No sharing of water bottles between participants is to be permitted.
- Handwashing or hand sanitizing will be encouraged often. Additional handwashing breaks will be implemented between activities whenever possible.
- Check-in with the instructor upon arrival to the program location.
- Do not arrive more than 10 minutes prior to the class start time.
- No socializing or extra-curricular activities.
- Maintain 6 foot distancing, except when instruction requires close interaction with the instructor/coach or other participants.
- Parent/child class participation will be limited to one guardian/parent.
- Participants should travel to the program location alone or with a member(s) of their immediate household, if possible. No carpooling.

Parks/Programs

Spacing, Capacity, Numbers

- Program sizes must not exceed 50 total people while Frankfort remains under Phase 4 of the Restore Illinois Plan. Multiple groups of 50 or fewer people is permitted at once as long as:
 - Social distancing is maintained at the venue.
 - 30 feet of distance is maintained between groups.
- Facility capacity will be limited to 50% occupancy.
- Class areas will be setup to promote social distancing by spacing equipment, tables and chairs, etc. to provide a 6 foot radius when possible.
- Class areas will be setup before arrival of participants.
- Social distancing will be reinforced through instructor training and reinforcement with participants.
- Additional participation guidelines may apply to specific sport programs.

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Sanitization

- Sanitizer products used for equipment and supplies will meet CDC guidelines.
- Cleaning products will include EPA-approved disinfectants or disinfecting wipes for sanitizing equipment before and after use by participants.
- Whenever possible, equipment and personal items should have proper separation and should not be shared with others. Participants are encouraged to provide their own equipment for the program. If equipment must be shared among participants, staff should sanitize equipment before and after use at programs.

Public Restrooms

- Public restrooms within parks will be cleaned at minimum once daily using EPA-registered disinfectants, particularly on high-touch surfaces such as faucets, toilets, doorknobs and light switches.
- Indoor public areas and restrooms will be cleaned approximately every two hours while programs are scheduled in the building using EPA-registered disinfectants, particularly on high-touch surfaces such as faucets, toilets, doorknobs and light switches.
- Supplies for handwashing, including soap and materials for drying hands will be checked and stocked every time the restroom is cleaned.
- Program staff and participants will be required to wash hands with every restroom visit.
- The number of participants permitted to use the restroom at any one time will be limited based on the facility size and current social distancing guidelines.

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