



Park Pulse



News from the Frankfort Park District

October 2018

For questions call the Park District office at 815-469-9400 or visit www.frankfortparks.org

Youth Programs:

All programs are held at Founders Community Center, 140 Oak Street unless otherwise specified.

WITCHES BREW

Calling all ghosts, goblins and skeletons for some spooktacular fun! Come dressed in your Halloween costume for some Halloween fun. Plenty of spooky games will be played. Look out for the bugs in the witches brew as you sit down for some creepy crawling snacks. Watch out behind you so no one scares you, as you listen to a Halloween story. Each child will go home with a goody bag.

Instructor: Sharon Koczor
Day/Date: Friday/October 12
Time: 6:30 - 8:30 pm
Ages: 3 - 9 years
Fee: \$24/NR \$29



STAR WARS JR. JEDI ACADEMY

Don your Jedi robes for a Star Wars Adventure! Design your own light-saber, master the powers of the force, and apply your skills at the Jedi trials. No need to bring a light-saber, every Jedi-in-training will receive their very own. Younglings, PodaWans and Aliens welcome; no droids please (we don't serve their kind around here.)

Instructor: Gina Barrett
Day/Date: Monday/October 15
Time: 6:00 - 7:30 pm
Age: 4 - 10 years
Fee: \$25/NR \$30



FIRST AID FOR KIDS

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons and much more! Many hands on activities will be provided for additional reinforcement. A Red Cross certificate will be received.

Instructor: Donna Giove
Location: Mary Drew School - Room 104
20130 South Rosewood Drive, Frankfort
Day/Date: Monday/October 22
Time: 6:00 - 7:30 pm
Age: 6 - 10 years
Fee: \$32/NR \$37



MUSIC IN THE BOX - FAMILY MUSIC MASTERS

See the music class that is taking the southwest suburbs by storm! This class incorporates ear training, pitch development, and early music concepts through singing and movement. Children are taught by a professional musician who is trained in the Music in the Box curriculum. These classes encompass the Montessori learning style with music, books, bubbles, games and Suzuki violin and piano melodies which gives a child a head start in preparation for later private lessons. A weekly music experience for parent and child in a loving environment.

Instructor: The Music Connection
Day: Tuesday
Session II: October 23 - December 4 (Jamerry)
(No Class November 20)
Time: 9:15 - 9:45 am
Age: 0 - 5 years (with parent)
Fee: \$69/NR \$74



DESIGN YOUR OWN HALLOWEEN COOKIES

All little bakers! Come enjoy an evening out with your friends baking Halloween cookies. You'll be using some yummy sugar cookie mix along with a variety of Halloween cookie cutters. You will decorate your cookies and take some home to share. Each baker will of course sample some of their cookies too. A Halloween story will be read while they bake in the oven. Please indicate food allergies.

Instructor: Sharon Koczor
Day/Date: Thursday/October 25
Time: 6:00 - 8:00 pm
Ages: 3 ½ - 9 years
Fee: \$24/NR \$29



CRITTER CLASSES: REPTILES, AMPHIBIANS, BUGS & MORE!

This 4-week class is an introduction to some of the World's most misunderstood creatures. Reptiles, Amphibians and Bugs. We will teach the importance of these creatures to the environment as their natural history and how to take care of them as pets. Each class will feature live animals. Classes are taught by the experts from Crosstown Exotics, who have entertained and amazed audiences throughout Chicagoland with their extensive collection of cold-blooded ambassadors. Some classes take place outdoors, so dress accordingly. No open toed shoes please!

Instructor: Crosstown Exotics
Day: Thursday
Session II: October 25 - November 15
Time: 5:00 - 6:00 pm
Age: 5 - 12 years
Fee: \$45/NR \$50



LEGO® PIRATE QUEST

Shiver me timbers as we explore the popular culture behind the life of a pirate! Build a motorized pirate ship, a helm and an anchor, as we batten down the hatches and prepare for mutiny. Protect the hands on deck by building a launching trebuchet. Beware me mateys, if it's too late, you must abandon ship and build a rowboat to escape. Watch out for crocodiles! Anchors aweigh! Every child takes home a custom LEGO® mini-figure at the end of the last class.

Instructor: Bricks 4 Kidz Staff
Day: Monday
Dates: October 29 - December 10
(No Class November 19)
Time: 5:00 - 6:00 pm
Age: 5 - 10 years
Fee: \$69/ NR \$74



I'M AWESOME WORKSHOP

I'm Awesome! workshop gives girls ages 5-16 a chance to come together to make something extraordinary happen in their lives, as well as in the lives of those around them. Through arts and crafts and hands-on cooking, our girls encounter new forms of creativity and self-expression that will transform into a stunning sense of self-esteem. A program where girls can learn that anything is possible and everything is within their reach. I'm Awesome! will prepare and polish your daughter to meet life's social challenges and make a smooth transition into adulthood. *A \$20 materials fee payable to the instructor.

Instructor: Learn Love & Grow Studio
Day/Date: Saturday/November 3
Age: 5 - 16 years
Time: 9:00 am - 1:00 pm
Fee: \$41/NR \$46



Upcoming Events . . .

HALLOWEEN HAUNTING



Friday • October 19

6:00 - 9:00 pm

Founders Community Center

140 Oak Street

Wristbands are \$10* at the door and include: Unlimited access to: giant inflatables, DJ dance party, balloon artist, kids entertainment show, spooky games, haunted hay ride, movie room, 1 kid craft and 1 small pumpkin from the patch for the first 200 kids.

* Wear a costume, and receive \$1.00 off your wristband price!

Sponsored by:



HOWL-A-WOOF

Saturday • October 20 @ 10:00 am



Sponsored by:



Bark Park at Commissioners Park • FREE

Trick or Treat!!! Bring your dog all dressed up for this costume competition, dog friendly games, bone yard hunt and trick or treating event. Dogs will have the opportunity to "Trick or Treat" around the Bark Park so remember to bring your bags to collect all their goodies. Dogs will also have a chance to enter the costume contest and be judged on - Best Overall, Funniest and Scariest. Families and all friendly dogs are welcome at this free, on-leash event. An adult should accompany dog-owners under the age of 12. Pick-up a membership packet for the Bark Park.

Rain Date: Saturday, October 27 at 10:00 am

SCARECROW BUILDING CONTEST

VOTING: October 12 - 31

Voting will take place at the Founders Community Center office & on the Park District's Facebook page.



Athletic Programs:

SKYHAWKS KICKBALL NEW!

Skyhawks Kickball!! Similar to baseball, this playground favorite is played with traditional baseball rules and a few extra quirky rules mixed in. Instead of a bat and ball, kids kick, catch, throw and dodge an 8" playground ball.

Instructor: Skyhawks Staff

Location: Grand Prairie School (North Entrance Door #10)

Day: Thursday

Dates: October 11 - November 15

Time: 5:30 - 6:30 pm

Age: 7 - 12 years

Fee: \$75/NR \$80



SKYHAWKS DODGEBALL

You know this fun game from playgrounds, backyards and your family get together. All the traditional aspects of the game & put a Skyhawk's Sport spin on it. Young athletes will learn strategy in addition to the rules of this game while we incorporate sportsmanship & teamwork. All participants will receive a merit award. Participants must wear appropriate clothing, shoes, & bring a water bottle.

Instructor: Skyhawks Staff

Location: Grand Prairie School (North Entrance Door #10)

Day: Thursday

Dates: October 11 - November 15

Time: 6:45 - 7:45 pm

Age: 7 - 12 years

Fee: \$75/NR \$80



HOT SHOTS SPORTS PICKLEBALL NEW!

This class is designed to teach players the fundamentals of Pickleball. Players learn the rules, parts of the court, grips, strokes and strategy; each class is designed to promote good sportsmanship and teamwork.

Instructor: Hot Shot Sports Staff

Location: Grand Prairie School (North Entrance Door #10)

Day: Wednesday

Dates: October 17 - December 5 (No Class Oct. 31 & Nov. 21)

Time: 5:30 - 6:30 pm

Age: 7 - 12 years

Fee: \$60/NR \$65



HOT SHOTS SPORTS LACROSSE NEW!

This beginner class is perfect for your first time Lacrosse player. Age appropriate sized sticks and softer balls will be used for safety. Children will learn skills including cradling, stick work, passing, shooting, running with the ball and more.

Instructor: Hot Shots Sports Staff

Location: Grand Prairie School (North Entrance Door #10)

Day: Wednesday

Dates: October 17 - December 5 (No Class Oct. 31 & Nov. 21)

Time: 6:45 - 7:45 pm

Age: 7 - 12 years

Fee: \$60/NR \$65

YOUTH BASKETBALL LEAGUES

BOYS & GIRLS LEAGUES • 1st - 8th GRADES

REGISTRATION DEADLINE: NOVEMBER 6th (Based on Availability)

VOLUNTEER COACHES MEETING: FOUNDERS COMMUNITY CENTER NOVEMBER 27, 2018 at 6:00-7:00 PM



The Youth Basketball League is for boys and girls entering 1st - 8th grades. The league is designed for participants to utilize fundamental skills of basketball in game situations. A volunteer head coach, who will provide instruction on basketball fundamentals, in a positive and fun environment, will direct each team. The head

coach, staff and referees will be reinforcing the skills that have been taught or are being developed during practice. In addition to the focus on basketball skills, the program offers children the opportunity to interact with both peers and coaches, learn good sportsmanship and how to work as part of a team. Players will have one practice and one game per week. All 1st and 2nd grade practices will be held on Thursdays at 4:30 pm, 5:30 pm, 6:30 pm or 7:30 pm 3rd - 8th grade practices will be held on Tuesday at 5:30 pm, 6:30 pm, 7:30 pm or 8:30 pm. Games will be held on Saturdays. The locations of these events will take place at Hickory Creek Jr. High, Chelsea Intermediate School, Grand Prairie School and Founders Community Center.

Location: Hickory Creek, Chelsea, Grand Prairie or Founders Community Center

Days: Tuesday Practice (3rd-8th) Thursday Practice (1st-2nd) & Saturday Games

Dates: December 4 - March 9

(No Practices December 25, 27, 29 or January 1, 3, 5)

Time: To be announced

Fee: \$134/NR \$139 (\$5 off additional Siblings)

*A late fee of \$10 will be added if registered after the registration deadline of November 6.

REGISTRATION DEADLINE: NOVEMBER 6th (Based on Availability)

VOLUNTEER COACHES MEETING: FOUNDERS COMMUNITY CENTER NOVEMBER 27, 2018 at 6:00-7:00 PM

Volunteer parent coaches are needed to ensure the successful operation of this program. If interested in volunteering please fill out the volunteer coaches registration in person or online at <http://www.teamsideline.com/sites/frankfort/home>.



For up-to-date information on upcoming programs and events, us on Facebook.

