



# Park Pulse



News from the Frankfort Park District

December 2017

For questions call the Park District office at 815-469-9400 or visit [www.frankfortparks.org](http://www.frankfortparks.org)

Frankfort Park District  
Winter 2017

## Youth Programs:

All programs are held at Founders Community Center, 140 Oak Street unless otherwise specified.

### FOOD GIFTS IN A JAR *NEW!*

It's a Food Gifts Cooking Class! Food gifts are a great way to surprise your friends and celebrate special occasions. Not only do food gifts come straight from the heart, they also come straight from little hands. Your child will make a healthy food gift just in time for the Holidays that can be given for any occasion or celebration. But before we do that, we will need to prepare and sample our gifts! Each food gift is made with love by your child and is completely ready for gift-giving at the end of the class.



**Instructor:** Tippi Graham, Certified Health Coach

**Day:** Monday

**Food/Date:** Apple Pie Pancake/December 4  
Have It Your Way Muffin Mix/December 11  
Pizza Pasta/December 18

**Ages/Time:** 6 - 9 years/4:00 - 5:00 pm  
10 - 13 years/6:00 - 7:00 pm

**Fee:** \$30/NR \$35/class

### AMERICAN GIRL PARTY - WINTER WONDERLAND

Grab your favorite American Girl and come have fun with us! Come and explore the joys of winter. We will have a snowball fight, build a snowman, and make your doll a new winter scarf. Your bestie will also make a trip to the hair salon so she will be looking her best for all the holiday parties that might be coming up.



**Instructor:** Gina Barrett

**Day/Date:** Wednesday/December 6

**Time:** 6:00 - 7:30 pm

**Age:** 4 - 10 years

**Fee:** \$25/NR \$30/class

### MAGIC CLASS!

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the "Magic Team of Gary Kantor"! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate.



**Instructor:** Magic Team of Gary Kantor

**Location:** Frankfort Square Park District  
7540 W. Braemar Lane

**Day/Date:** Thursday/December 14

**Time:** 5:00 - 5:55 pm

**Age:** 5 - 12 years

**Fee:** \$22/NR \$27/class

### HARRY POTTER YULE BALL *NEW!*

Calling all Muggles, wizards and witches! Come dressed to dance and celebrate the festive event inspired by the Yule Ball in Harry Potter and the Goblet of Fire. Enjoy a magical evening of Harry Potter-themed craft, wizarding games, enchanting music, and spellbinding surprises.



**Instructor:** Gina Barrett

**Day/Date:** Friday/December 15

**Time:** 6:30 - 8:30 pm

**Age:** 5 - 12 years

**Fee:** \$25/NR \$30

### FRANKFORT "ON POINTE" DANCE PROGRAM Winter/Spring - Session II

Resident Registration begins December 11.

Non-residents Registration begins on December 18.

Classes include:

- Pre-Dance
- Beginning Dance
- Dance Fusion
- Ballet I
- Ballet II & III
- Pointe
- Tap
- Jazz
- Boys Hip Hop



Class times and fees available at the Park District office or online at [www.frankfortparks.org](http://www.frankfortparks.org). For more information contact the Frankfort Park District office at (815) 469.9400.

### HOLIDAY MEAL CAMP *NEW!*

Students will learn how to make a Healthy Traditional Holiday meal. Whether it's Thanksgiving, Christmas, Hanukkah, Easter, or any other special family occasion, this is the class to be in! Students will learn how to cook a whole bird including all the healthy sides that go along with it like mashed potatoes, green beans, and homemade stuffing. Forget about the nutritionally void boxed convenience foods, and dig in to the fresh taste of whole foods! Make Grandma proud.

**Instructor:** Tippi Graham, Certified Health Coach

**Day/Date:** Saturday/December 16

**Time:** 9:30 - 11:30 am

**Age:** 8 - 12 years

**Fee:** \$50/NR \$55



### SANTA'S LITTLE HELPER

Here's your chance to be a little elf! As your parents are out shopping for that one last gift, you can be "Santa's Little Helper"! Each child will be making a gift for that special someone and wrapping it up to surprise them. What a surprise it will be on Christmas to give someone a gift handmade and wrapped by you! A light snack and drink will be provided too. To end the night, a Christmas movie will be enjoyed.

**Instructor:** Sharon Koczor

**Day/Date:** Wednesday/December 20

**Time:** 6:15 - 8:00 pm

**Age:** 3 ½ - 9 years

**Fee:** \$22/NR \$27



### LEGO® WINTER BREAK MINI-CAMP

Don't get left out in the cold! Bring the winter fun indoors with interactive Bricks 4 Kidz® models of some popular winter activities from the hair-raising thrill of the luge to the more relaxing pace of the horse and sleigh. We'll build the all-business snowplow as well as the all-fun snowmobile. And our winter theme wouldn't be complete without ice hockey and skiing. No snow? No problem - all you need to create these winter memories are our bricks and your imagination. Each child takes home a custom LEGO® mini-figure at the end of three day session. Please bring a NUT FREE snack and drink each day.

**Instructor:** Bricks 4 Kidz Staff

**Day:** Wednesday - Thursday

**Dates:** December 27 - 28

**Time:** 9:00 - 11:30 am

**Age:** 5 - 10 years

**Fee:** \$60/NR \$65

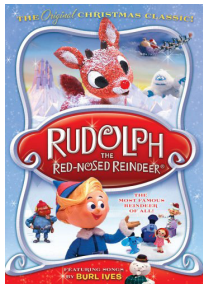


## Upcoming Events . . .

### CLASSIC HOLIDAY MOVIE NIGHT

Thursday • December 21

6:00 - 7:30 pm • \$5 per child



Founders Community Center  
140 Oak Street

Registration Deadline:  
December 18

Dress in your pajamas and slippers and enjoy an evening of holiday fun. The elves are planning some reindeer games and

holiday crafts along with a showing of a holiday classic. There will also be a very special guest in attendance for photos! A bedtime snack of cookies, popcorn and hot chocolate will be served.



## Athletic Programs:

### HOLIDAY HOOPS CAMP

Are you looking for something fun to do over winter break? Then you won't want to miss out on this Holiday Hoops Camp! This camp is for all levels of players that are looking to improve skills while playing games, participating in contests and winning prizes.

**Instructor:** Dave Esterkamp

**Location:** Founders Community Center

**Day:** Wednesday - Friday

**Dates:** December 27 - 29

**Time:** 12:30 - 3:00 pm

**Age:** 6 - 14 years

**Fee:** \$59/NR \$64



### SHOOTING CAMP

Join us for this 2-day camp where players will improve and work on their shooting skills. We will work on shooting off the dribble, coming off screens and spot up shooting.

**Instructor:** Dave Esterkamp

**Location:** Founders Community Center

**Day:** Tuesday - Wednesday

**Dates:** January 2 - 3

**Time:** 12:30 - 2:30 pm

**Age:** 6 - 14 years

**Fee:** \$30/NR \$35



### LITTLE DRIBBLERS BASKETBALL

This program is designed to be instructional with an emphasis placed on learning the fundamental skills of basketball in a fun and entertaining environment. There will be group instruction on dribbling, passing, shooting and defense with special contests and a personalized award. You won't want to miss a second of this class! This program is sure to get your son/daughter ready for the Frankfort 3rd/4th grade basketball league.

**Instructor:** Dave Esterkamp

**Location:** Founders Community Center

**Day:** Saturday

**Dates:** January 6 - February 24

**Age/Time:** 1st Grade/9:00 - 10:00 am

**Age/Time:** 2nd Grade/10:00 - 11:00 am

**Fee:** \$49/NR \$54



## Open House

Saturday, February 3, 2018 from 10:00 am - 12:00 pm at the Susan Puent Building, 400 W. Nebraska Street in Frankfort. Meet some of the preschool staff and see the facility first hand.



## Preschool Registration

Programs: Me Two-2 years, Wee Works-2.5 years, Play School-3 years, Prep School-4 years, and Stepping Stones-4 years.

In-district residents registration begins February 5, 2018.

Non-residents registration begins February 12, 2018.

Registration can only be done IN PERSON at the Founders Community Center at 140 Oak Street. A copy of the child's birth certificate is required for new participants.



## FRANKFORT BASEBALL

SPRING REGISTRATION IS NOW OPEN FOR 2018!

Ages 5 - 24

Frankfort Baseball offers a baseball program designed to provide the opportunity for our players to build their skills in a fun, relaxed environment. Generally, practices begin in April and games begin in May and end by July 1st. Teams are assigned in March. Managers will contact players when practices begin in early spring. Frankfort Baseball has age levels from Shetland (Age 5) to Collegiate (18-24)

Registration fees starts at \$230 and include a volunteer fee \$50 (refundable) and \$50 fundraising fee (raffle tickets)  
Register now @ [www.frankfortbaseball.com](http://www.frankfortbaseball.com)

## FRANKFORT GIRLS SOFTBALL ON-LINE REGISTRATION IS NOW OPEN THRU April 1, 2018

Early Bird Discount of \$10 if you register and pay by 12/31/17  
[www.frankfortgirlssoftball.com](http://www.frankfortgirlssoftball.com)



AGE Groups  
6U - 8U - 10U  
12U - 15U - 18U - 19 & UP

Register Now to Save Your Spot for the 2018 Season  
Join the Largest Recreational Girls Softball League in the Southland

Questions: Contact Registration Coordinator  
Elmer Gentry @ (815) 557-0201



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